

AIDS and you game / British Medical Association, West Sussex District Health Authority ; distributed by Daniels Publishing.

Contributors

British Medical Association.
West Sussex District Health Authority.

Publication/Creation

Cambridge : Daniels, [1994]

Persistent URL

<https://wellcomecollection.org/works/y2sng6v4>

License and attribution

You have permission to make copies of this work under a Creative Commons, Attribution license.

This licence permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited. See the Legal Code for further information.

Image source should be attributed as specified in the full catalogue record. If no source is given the image should be attributed to Wellcome Collection.



Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>














A·I·D·S AND YOU

What does the word AIDS stand for?
What Causes AIDS?

- AIDS is caused by a tiny germ: a virus called HIV (Human Immunodeficiency Virus).
- You can get HIV by having sex with an infected person or injecting drugs with infected needles or syringes.
- The virus enters the body and infects white blood cells.
- The virus attacks the white blood cells and destroys them.
- At this stage you will appear healthy but you can pass the virus to others.
- HIV is passed on to others in blood and semen.
- Unlike the flu or cold virus it is **NOT** passed on by coughing or sneezing or by ordinary contact.

Acquired Immune Deficiency Syndrome

What Harm Does HIV Do?









- HIV attacks the body's natural defences and, in most people, breaks down the body's ability to fight disease.
- The virus can allow serious illnesses to take hold. Some of the most common illnesses are pneumonia, other infections, cancers and damage to the brain. At this stage a person is said 'AIDS'.

Is There a Cure?

- The virus stays in the body for LIFE.
- There are some new treatments to help prolong life but:
 - At present there is no known cure or vaccine.
 - You may get progressively ill and die prematurely.

What Will Prevent the Spread of HIV Now?

- Educating people about cutting out or reducing the risk of getting infected is the only effective weapon against the disease. We must start to talk about AIDS in the classroom so that you will understand how the virus is spread and how easy it is to prevent infection.



A·I·D·S AND YOU

What does the word AIDS stand for? What Causes AIDS?

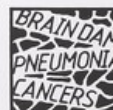
- AIDS is caused by a tiny germ: a virus called HIV (Human Immunodeficiency Virus).
- You can get HIV by having sex with an infected person or injecting drugs with infected needles or syringes.
- The virus enters the body and infects white blood cells.
- The virus attacks the white blood cells and destroys them.
- At this stage you will appear healthy but you can pass the virus to others.
- HIV is passed on to others in blood and semen.
- Unlike the flu or cold virus it is NOT passed on by coughing or sneezing or by ordinary contact.

Acquired Immune Deficiency Syndrome



What Harm Does HIV Do?

- HIV attacks the body's natural defences and, in most people, breaks down the body's ability to fight disease.
- The virus can allow serious illnesses to take hold. Some of the most common illnesses are pneumonia, other infections, cancers and damage to the brain. At this stage a person is said to have 'AIDS'.



Is There a Cure?

- The virus stays in the body for LIFE.
- There are some new treatments to help prolong life but:
 - At present there is no known cure or vaccine.
 - You may get progressively ill and die prematurely.



What Will Prevent the Spread of HIV Now?

- Educating people about cutting out or reducing the risk of getting infected is the only effective weapon against the disease. We must start to talk about AIDS in the classroom so that you will understand how the virus is spread and how easy it is to prevent infection.



DANIELS PUBLISHING TELEPHONE 01223 467144 FAX 01223 467145 • ASSOCIATION FOR SCIENCE EDUCATION COLLEGE LANE HATFIELD HERTFORDSHIRE AL10 9AA TELEPHONE 01707 267411 FAX 01707 266532 • BRITISH MEDICAL ASSOCIATION TELEPHONE 0171 383 6132 FAX 0171 383 6238

DANIELS  
BMA

FREE

*Health Education
Wall Planner 1995*



DANIELS
PUBLISHING



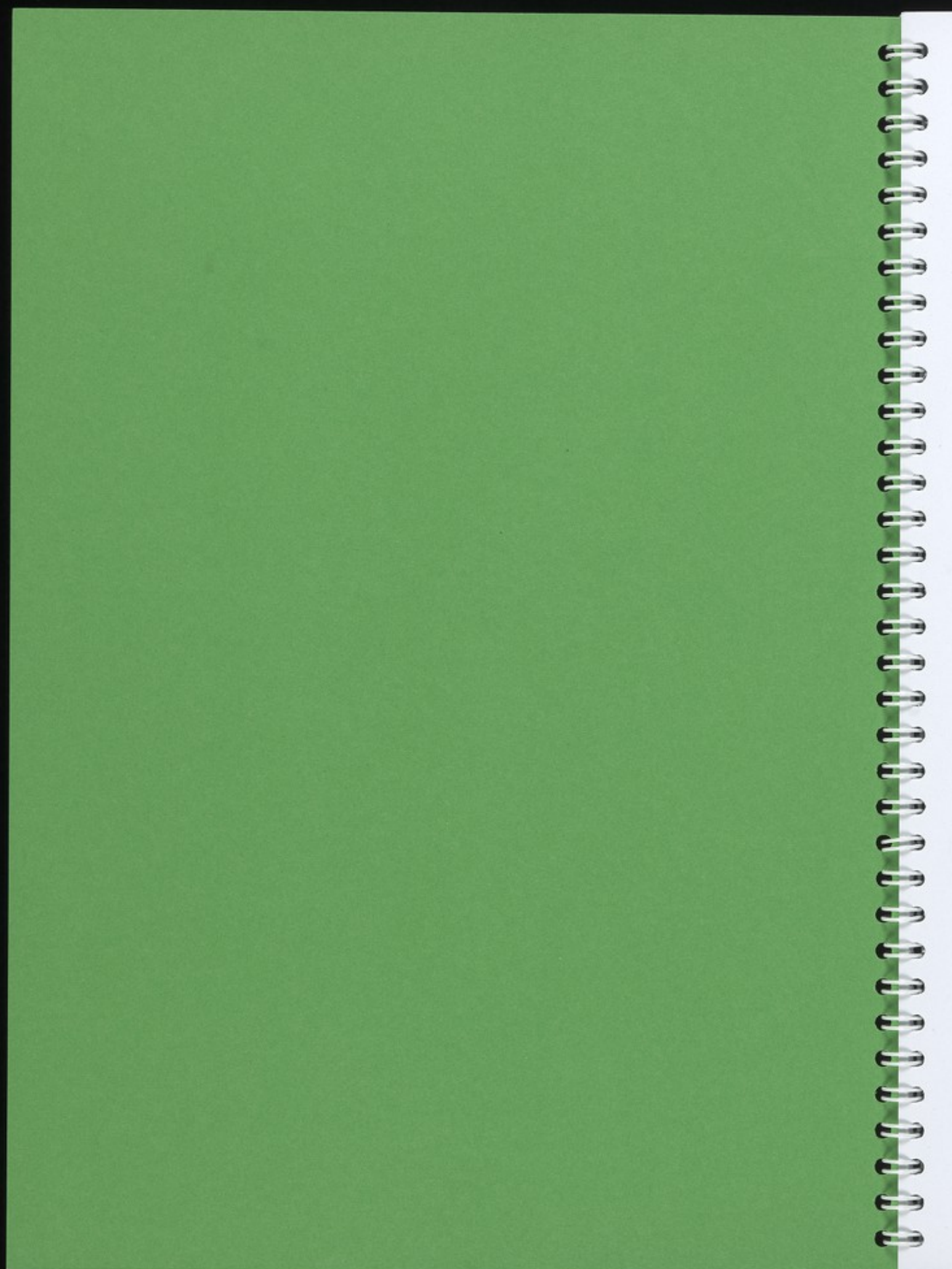
AIDS AND YOU GAME

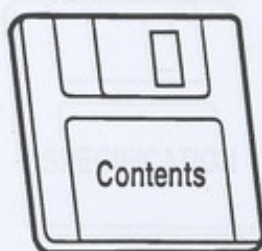
INSTALLATION INSTRUCTIONS AND USER GUIDE

**West Sussex
District Health
Authority**

**British Medical
Association**







MACHINE SPECIFICATION

MINIMUM MACHINE SPECIFICATIONS

Machine specification	1
Installing the AIDS and You Computer Game	2
Using the AIDS and You Computer Game	6
Playing the game	10
Appendix 1: Activities included in packs	13
Appendix 2: Computer screens	15

1) The ideal machine would be a 486 PC, running Windows 3.1.

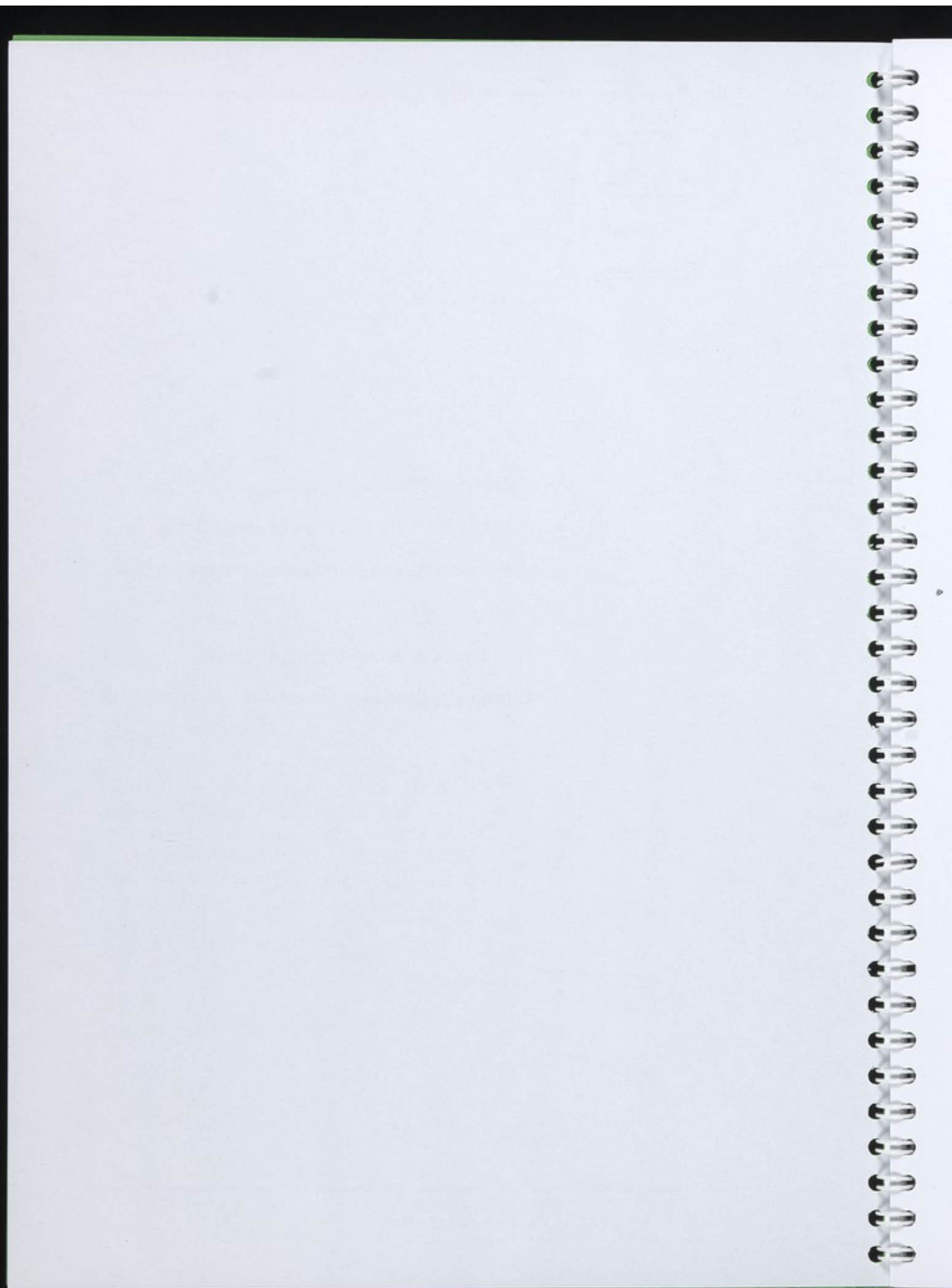
2) If you want sound, your machine must have a sound card and either headphones or speakers attached to your PC. (There is an option to switch the sound off - even if you have the sound requirements - see later on for help guide.)

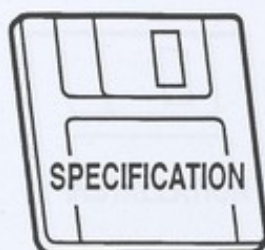


DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144







MACHINE SPECIFICATION

MINIMUM MACHINE SPECIFICATIONS

- 1) You can run the AIDS and You computer game on a 386 PC running Windows 3.1 – but it might be a little slow.
- 2) You will need at least 2484 kb available on the drive where you are installing AIDS and You.
- 3) Your floppy disk drive must be able to read high density (1.44 mb) 3 1/2" disks.

IDEAL MACHINE SPECIFICATIONS

- 1) The ideal machine would be a 486 PC, running Windows 3.1.
- 2) If you want sound, your machine must have a sound card and either headphones or speakers attached to your PC. (There is an option to switch the sound off – even if you meet the sound requirements – see later on in this help guide.



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144





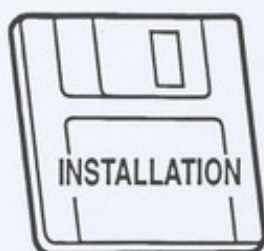
MACHINE SPECIFICATION

MINIMUM MACHINE SPECIFICATIONS

- 1) You can run the ALDS and your computer game on a 386 PC running Windows 3.1 - but it might be a little slow.
- 2) You will need at least 256Kb available on the drive where you are installing ALDS and the game.
- 3) Your floppy disk drive must be able to read high density (720 and 3 1/2" disks).

IDEAL MACHINE SPECIFICATIONS

- 1) The ideal machine would be a 486 PC running Windows 3.1.
- 2) If you want sound, your machine must have a sound card and either headphones or speakers attached to your PC. There is an option to switch the sound off - even if you meet the sound requirements - see later on in this help guide.



INSTALLING THE AIDS AND YOU COMPUTER GAME

You should have two floppy disks. These disks are labelled Disk 1 and Disk 2. There are 14 files to be installed from Disk 1 and a further 12 files to be installed from Disk 2.

As part of the installation instructions you will be asked to enter your name and the name of your organisation. These names will be seen every time you run the computerised version of AIDS and You – make sure you enter appropriate names. AIDS and You will not run unless this information has been filled in. Once entered, they cannot be changed.

1. *Go into Windows*
2. *Double click on the File Manager icon.*
3. *Insert Disk 1 into your floppy drive.*
4. *Use the mouse pointer and double click on the picture of the floppy drive to select the drive you will be installing from (this is usually Drive A).*
5. *Use the mouse pointer and double click on the file called 'install.exe'. You will see that the computer is initialising the installation program. After this has finished, the screen will say:*

"Please specify the destination directory, where the AIDS and You package can be installed."

The default directory is C:\HEALTHED\



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144





INSTALLING THE AIDS AND YOU COMPUTER GAME

You should have two floppy disks. These disks are labeled Disk 1 and Disk 2. There are 14 files to be installed from Disk 1 and a further 12 files to be installed from Disk 2.

As part of the installation instructions you will be asked to enter your name and the name of your organization. These names will be seen every time you run the computerized version of AIDS and You - make sure you enter appropriate names. AIDS and You will not run unless this information has been filled in. Once entered, they cannot be changed.

1. The first 14 files
2. Double click on the File Manager icon
3. Insert Disk 1 into your floppy drive
4. Use the mouse pointer and double click on the picture of the floppy drive to select the drive you will be installing from (this is usually Drive A)
5. Use the mouse pointer and double click on the file called 'INSTALLER'. You will see that the computer is installing the installation program. After this has finished, the screen will say:
"Please specify the destination directory where the AIDS and You package can be installed."
The default directory is C:\HEALTHED\

N.B. The directory structure is very important in running AIDS and You. It is advised that even if you change the drive letter, you do not change the name of the directory.

If you do not have enough room on the hard disk drive to install AIDS and You, click on the box marked 'no'. Then exit the installation program.

6. *With the mouse pointer, click on the box at the bottom marked 'install'.*

The computer will tell you if the directory does not exist. It will ask you if this directory should be created. If you have already installed AIDS and You on this computer, you will then be asked if you want to overwrite files. If you do, click on 'yes', if you do not, click on 'no'.

7. *With the mouse pointer, click on the box marked 'yes'.* A box headed with the words 'Copy Process' will appear on the screen. After a few seconds, the percentage box on the screen will begin to show you how much of the installation process has been completed.

The next box you will see is headed 'Install notice'. It tells you to insert Disk 2.

8. *Remove Disk 1 and Insert Disk 2.* Ensure that Disk 2 is not write protected. You will be asked to confirm whether Drive A is the correct location from which to install Disk 2. (If this is not correct, enter the correct path.)
9. *With the mouse pointer, click on the box marked 'OK'.*

The copy process notice reappears until all the files have been copied from the floppy disks to the hard drive. The first time you ever install AIDS and You, licensing information will be collected. In order to record this make sure that Disk 2 is *not* write protected. If you have already filled in the licensing information, a



1. The first screen is very important in installing AIDS and you must read it carefully. It is advised that you read it carefully before you click on the next screen.

2. If you do not have a hard drive, click on the "No Hard Drive" button. If you do have a hard drive, click on the "Yes Hard Drive" button. Then click on the "Next" button.

3. With the screen showing click on the box at the bottom labeled "Next".

The computer will now install the software. It will ask you if you want to install AIDS. Click "Yes". If you have a hard drive, click on the "Yes Hard Drive" button. If you do not have a hard drive, click on the "No Hard Drive" button. Then click on the "Next" button.

4. When the screen shows click on the box at the bottom labeled "Next". A box labeled with the words "Copy Files" will appear on the screen. After a few seconds, the percentage bar on the screen will begin to show how much of the installation process has been completed.

The next time you will see a screen labeled "Finish". Click on the "Yes" button.

5. Now click on the "Start" button. A box labeled "Start" will appear on the screen. Click on the "Start" button. A box labeled "Start" will appear on the screen. Click on the "Start" button. A box labeled "Start" will appear on the screen. Click on the "Start" button.

6. With the screen showing click on the box at the bottom labeled "Next".

The copy process will now begin. It will ask you if you want to copy the files to the hard drive. Click "Yes". If you have a hard drive, click on the "Yes Hard Drive" button. If you do not have a hard drive, click on the "No Hard Drive" button. Then click on the "Next" button.

series of screens will appear and you will be taken to Step 14.

A screen with the logo of West Sussex District Health Authority and the British Medical Association will appear. You will be asked to:

"Please type your full name"

10. *Type in the name of the person who is the license holder.*

You will then be asked to confirm that the name is correct.

11. *If the name is correct, with the mouse pointer, click on the box marked 'yes'. If the name is wrong, with the mouse pointer, click on the box marked 'no'.*

If you select 'no', you will be asked to type the name again and will again be asked if the name is correct.

After you have selected 'yes' to say the name is correct, you will be asked to:

"Please type your organisation name"

12. *Type in the name of your organisation.*

You will be asked to confirm this.

13. *If the name is correct, with the mouse pointer, click on the box marked 'yes'. If the name is wrong, with the mouse pointer, click on the box marked 'no'.*

If you select 'no', you will then be asked to type the organisation's name again. After you have selected 'yes' to say the name of the organisation is correct, you will be asked if you want to add an entry in the program manager. This will create an icon to allow you to access the game more easily.

14. *With the mouse pointer, click on the box marked 'yes'.*





A window called 'Health Education' will appear with an icon called 'AIDS and You'.

When everything is complete, a box will appear telling you that the installation has been successful.

15. *With the mouse pointer, click on the box marked 'OK'.*

You can now play AIDS and You.

INTRODUCTION

The computerized version of the AIDS and You game involves sorting cards showing different activities. In the first part of the game, cards are sorted into activities that are safe or unsafe in relation to getting HIV. In the second part of the game, the activities are sorted according to whether or not a person who has HIV / AIDS would be likely to transmit the virus through the activity.

There are 36 cards showing activities ranging from sharing food to having unprotected sex. A full list of activities is given in the Appendix 1.3. Using all the cards at once would make the game very time consuming so a pack of 10 to 15 cards is recommended for any particular game.

You can select which cards to include so that the pack can be tailored to:

- the age of people
- a specific topic
- provide a cross-section of cards.

Cards are selected using the password and, once selected, can only be changed by someone who knows the password.

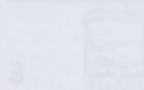


A window called 'Health Education' will appear with an icon called 'AIDS and You'.

When everything is complete, a box will appear telling you that the installation has been successful.

12. With the mouse pointer click on the box marked 'OK'.

You can now play AIDS and You.





USING THE AIDS AND YOU COMPUTER GAME

INTRODUCTION

The computerised version of the AIDS and You game involves sorting cards showing different activities. In the first part of the game, cards are sorted into activities that are safe or unsafe in relation to getting HIV. In the second part of the game, the activities are sorted according to whether or not a person who has HIV/AIDS would be likely to transmit the virus through the activity.

There are 36 cards showing activities ranging from sharing food to having unprotected sex. (A full list of activities is given in the Appendix 1.) Using all the cards at once would make the game very time consuming so a pack of 10 to 15 cards is recommended for any particular game.

You can select which cards to include so that the pack can be tailored to:

- the age of pupils
- a specific topic
- provide a cross-section of cards.

Cards are selected using the password and, once selected, can only be changed by someone who knows the password.





USING THE AIDS AND YOU COMPUTER GAME

INTRODUCTION

The computerized version of the AIDS and You game involves sorting cards showing different activities. In the first part of the game, cards are sorted into activities that are safe or unsafe in relation to getting HIV. In the second part of the game, the activities are sorted according to whether or not a person who has HIV/AIDS would be likely to transmit the virus through the activity.

There are 35 cards showing activities ranging from sharing food to having unprotected sex. (A full list of activities is given in the Appendix 1.) Using all the cards at once would make the game very time consuming so a pack of 10 to 15 cards is recommended for any particular game.

You can select which cards to include so that the pack can be tailored for:

- the age of people
- a specific topic
- providing a cross-section of cards.

Cards are selected using the password and, once selected, can only be changed by someone who knows the password.

SELECTING THE CARDS FOR INCLUSION IN THE PACK

1. *From the Windows Program Manager, open the Health Education Window. Double click on the AIDS and You icon to enter the game.*

A copyright screen will appear and then you will be presented with a screen showing the name **AIDS and You** and the names of the developers of the game – the British Medical Association (BMA) and West Sussex District Health Authority.

2. *Position the mouse pointer over the BMA logo and hold the left mouse button down.*

A screen will then appear asking for a password.

3. *Type in the password.*

- a) **The first time** the system is used, the password is 'aids'. Type this in and you will then be instructed to choose your own password. Once this is typed into the machine, you will be asked to confirm it by typing it in a second time. This will then be the password the machine will accept in the future. **AIDS and You** will be much easier to use in the future if you choose a different password.
- b) **On subsequent occasions** when the game is played, you should type in your password and you will then be asked if you want to change the password. If you want to do so, click on the 'Yes' box and you will return to the password screen. Repeat the process of typing in a new password and proceed as for Step 3(a). Remember, only people who know the current password will be able to select cards. If you do not want to change the password, click on the 'No' box.



SELECTING THE CARDS FOR INCLUSION IN THE PACK

1. From the Windows Program Manager, open the Health Education Windows. Double click on the AIDS and the icon to enter the game.

A copyright screen will appear and then you will be presented with a screen showing the name AIDS and you and the names of the developers of the game - the British Medical Association (BMA) and West Sussex Health Health Authority.

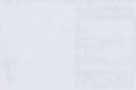
2. Position the mouse pointer over the BMA logo and hold the left mouse button down.

A screen will then appear asking for a password.

3. Type in the password.

a) The first time the system is used, the password is 'and'. Type this in and you will then be instructed to choose your own password. Once this is typed into the machine, you will be asked to confirm it by typing it in a second time. This will then be the password the machine will accept in the future. AIDS and you will be asked to enter the password. If you choose a different password.

b) On subsequent occasions when the game is played, you should type in your password and you will then be asked if you want to change the password. If you want to do so, click on the 'yes' box and you will return to the password screen. Repeat the process of typing in a new password and proceed as for Step 3a). Remember only people who know the current password will be able to select cards. If you do not want to change the password, click on the 'no' box.



4. *Move the mouse pointer and click on OK.*

You will then be asked whether you want sound when you play the game.

5. *Move the mouse pointer and click on the box to indicate whether sound is required.*

You can then either select individual cards from the entire set to suit your lesson plan or choose a pre-selected pack. Check Appendix 1 to see the cards included in each pre-selected pack. Five packs are available:

- default option
- sharing a house with someone who has HIV
- medical matters
- sexual behaviour
- social behaviour

Before using pre-selected packs, check the list of activities to make sure nothing is included in the pack that you do not want to use. (If no cards are selected, the default option pack of five cards will be used in the game – see Appendix 1.)

6. *Move the pointer over your selection and click the left mouse button to choose the pack you require and then click on the box at the bottom of the page.*

If a pre-selected pack is chosen, the title page reappears and you are ready to play the game.

If you decide to make up your own pack, you will be offered a list of cards. You can select as many or as few as you like. Move the pointer to the first card you want to choose and click the left mouse button to highlight your selection. Repeat the process to select other cards you want from the list. If you choose a card incorrectly, just click on it again with the left mouse button to deselect it. When you have chosen all you want from the list on the first screen, you





may choose more cards by clicking on the box at the bottom of the screen. There are five screens of cards containing the 36 activities available.

Once cards from all five lists have been selected, click in the box at the bottom of the screen to indicate that you have finished choosing cards. The title page reappears and you are ready to play the game.

Instructions appear on screen as you go along but this section gives a brief description of what happens.

A brief description of HIV and AIDS is followed by general instructions for playing the game.

1. To move through these screens press the mouse pointer and click on the box at the bottom of the screen.

Once you have been through all these initial screens, the shuffled pack of cards that you have selected appears laid down on screen.

2. Move the pointer to the top card and click the left mouse button.

The card will turn over to show an activity.

3. Move the pointer over the exposed card and hold down the left mouse button. While holding the button down move the mouse. This will allow you to drag the card around the screen.

Depending on whether you think the activity could put you at risk of HIV infection, drag the card to the 'Safe' or 'Unsafe' area on the screen and release the mouse button. Instant feedback will be given about whether the decision was correct or incorrect.

You can exit the game at any point in the pack by clicking on the box at the bottom right hand side of the screen.



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144



may choose more cards by clicking on the box
at the bottom of the screen. There are five
screens of cards containing the 36 responses
available.

Once cards from all five lists have been selected,
click in the box at the bottom of the screen
to indicate that you have finished choosing
cards. The flip page response and you are
ready to play the game.



PLAYING THE GAME

Instructions appear on screen as you go along but this section gives a brief description of what happens.

A brief description of HIV and AIDS is followed by general instructions for playing the game.

1. *To move through these screens move the mouse pointer and click on the box at the bottom of the screen.*

Once you have been through all these initial screens, the shuffled pack of cards that you have selected appears face down on screen.

2. *Move the pointer to the top card and click the left mouse button.*

The card will turn over to show an activity.

3. *Move the pointer over the exposed card and hold down the left mouse button. While holding the button down move the mouse. This will allow you to drag the card around the screen.*

Depending on whether you think the activity could put you at risk of HIV infection, drag the card to the 'Safe' or 'Unsafe' area on the screen and release the mouse button. Instant feedback will be given about whether the decision was correct or incorrect.

You can exit the game at any point in the pack by clicking on the box at the bottom right hand side of the screen.





PLAYING THE GAME

Information appears on screen as you go along but the screen gives a brief description of what happens. A brief description of HIV and AIDS is followed by general instructions for playing the game.

1. To start the game, click on the box at the bottom of the screen.

Once you have been through all these initial screens, the shuffled pack of cards that you have selected appears face down on screen.

2. Move the pointer to the top card and click the left mouse button.

The card will turn over to show an activity.

3. Move the pointer over the exposed card and hold down the left mouse button. While holding the button down, move the mouse. This will allow you to drag the card around the screen.

Depending on whether you think the activity could put you at risk of HIV infection, drag the card to the 'Safe' or 'Unsafe' area on the screen and release the mouse button. Instant feedback will be given about whether the decision was correct or incorrect.

You can exit the game at any point in the pack by clicking on the box at the bottom right hand side of the screen.



4. *Click on the box at the bottom of the feedback screen to return to the pack.*
5. *Repeat steps 2 to 4 until all cards have been viewed.*

After all the cards have been sorted, the second part of the game starts. Here you have to imagine you have HIV and decide, for the same cards, whether you put others at risk by doing the different activities.

6. *Move the mouse pointer and click the left mouse button in the circle next to the answer you think is correct.*

This part of the game is scored with correct answers getting a thumbs up, but wrong answers getting a thumbs down and an explanation. On the bottom left hand corner of the screen is a box which shows your current score. Once you have answered the final question a screen appears which gives the percentage of correct answers achieved.

You are then given the opportunity to play the first or second parts of the game again or to leave the game.

7. *Move the pointer and click over which ever option you choose.*

If you play the first or second part of the game again, you will return to the beginning of that game, playing with the same cards.

If you exit the game, you will see an acknowledgements page for 5 seconds. Then you can either close windows and switch off the machine or you can re-enter AIDS and You and, if you know the password, choose different cards.



4. Click on the bar at the bottom of the feedback screen to return to the pack.

5. Repeat steps 1 to 4 until all cards have been cleared.

After all the cards have been sorted, the second part of the game starts. Here you have to imagine you have HIV and decide for the same cards whether you put them at risk by doing the different activities.

6. After the mouse pointer and click the left mouse button for the stick next to the answer you think is correct.

This part of the game is scored with correct answers getting a thumbs up, but wrong answers getting a thumbs down and an explosion. On the bottom left hand corner of the screen is a bar which shows your current score. Once you have answered the final question a screen appears which gives the percentage of correct answers achieved.

You are then given the opportunity to play the first or second part of the game again or to leave the game.

7. After the pointer and click over which ever option you choose.

If you play the first or second part of the game again you will return to the beginning of that game playing with the same cards.

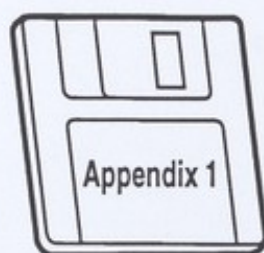
If you exit the game you will see an acknowledgements page for 5 seconds. Then you can either close windows and switch off the monitor or you can re-enter AIDS and you and if you know the password, choose different cards.

PLEASE REMEMBER

The same set of cards will be presented each time the game is played until a new set of cards is selected, even if the machine is switched off in the meantime. If you use cards that you do not think some groups of children should see, then you must select some others before you leave the machine.

To choose a different set of cards, you must exit from the game and re-enter from the beginning. This means that the cards can only be changed by someone knowing the password.





ACTIVITIES INCLUDED IN PACKS

Default option

- Coughing and sneezing
- Eating in restaurants
- Donating blood
- Crying
- Sharing a toilet

Sharing a house with someone who has HIV

- Sharing cups or cutlery or towels
- Sharing a house or workplace
- Sharing bed linen
- Shaking hands
- Sharing a toilet
- Sharing food
- Touching someone
- Sharing a drink
- Crying
- Coughing and sneezing

Medical matters

- Staying in hospital
- Visiting hospital
- Donating sperm
- Donating a part of the body
- Donating blood
- Having a baby
- Receiving a blood transfusion



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144





ACTIVITIES INCLUDED IN PACKS

- Default option
- Coughing and sneezing
- Eating in restaurants
- Donating blood
- Crying
- Showering a toilet
- Showering a house with someone who has HIV
- Showering cups in coffee or towels
- Showering a house or workplace
- Showering bed linen
- Showering hands
- Showering a toilet
- Showering and
- Showering someone
- Showering a drink
- Crying
- Coughing and sneezing
- Medical matters
- Showering in hospital
- Showering hospital
- Showering sperm
- Showering a part of the body
- Donating blood
- Having a baby
- Receiving a blood transfusion



Mouth to mouth resuscitation

Visiting a GP

Visiting the dentist

Sexual behaviour

Having unprotected sex

Engaging in sex acts which tear or cut the skin

Oral sex

Sex during menstruation

Mutual masturbation

Sharing sex toys

Having body massage or non-sexual contact

Kissing on the mouth

Social behaviour

Kissing on the cheek

Kissing on the mouth

Crying

Eating in restaurants

Sharing sports equipment

Coughing and sneezing

Insect bites

Sharing needles and equipment if using drugs

Unsterilised tattooing or ear-piercing

Mixing blood in a blood brother/sister relationship

Unclean needles (not sterile) that pierce the skin



mouth-to-mouth respiration

Wearing a G

Wearing the device

General behaviour

Having unprotected sex

Engaging in sex acts which trigger out the skin

Get sex

Sex during menstruation

Sexual intercourse

Sharing sex toys

Having body massage or non-sexual contact

Knocking on the mouth

Social behaviour

Knocking on the cheek

Knocking on the mouth

Crying

Living in restaurants

Sharing sports equipment

Coughing and sneezing

Using pills

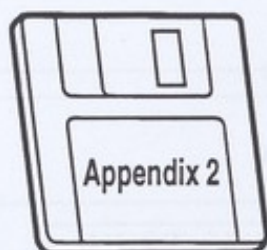
Sharing needles and equipment if using drugs

Unprotected kissing or oral-fucking

Sharing blood in a blood brother/sister relationship

Using needles (not sterile) that pierce the skin





COMPUTER SCREENS



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144





COMPUTER SCREENS



AIDS and YOU

WEST SUSSEX



HEALTH
West Sussex DHA



[Click here to Continue](#)

AIDS and YOU

If you have HIV then your defence system gradually weakens over time and so infections and bugs get through and make you ill.

People with HIV can stay healthy for many years.

However when their immune system becomes weakened people become ill and can die from infections that people without HIV normally recover from.

[Click Here to Shuffle the Cards](#)



AIDS and YOU

HIV is the name of the virus that causes AIDS. People with the virus do not ALL have AIDS, but all people who have AIDS have HIV.

Let's explain.

Your body has a natural defence system that protects you from all infections and bugs that try to make you ill; this natural defence system or immunity makes sure that you stay healthy.

[Click Here to Shuffle the Cards](#)

AIDS and YOU

If you have HIV then your defence system gradually weakens over time and so infections and bugs get through and make you ill.

People with HIV can stay healthy for many years.

However when their immune system becomes weakened people become ill and can die from infections that people without HIV normally recover from.

[Click Here to Shuffle the Cards](#)

AIDS and YOU

HIV is the name of the virus that causes AIDS. People with the virus do not ALL have AIDS, but all people who have AIDS have HIV.

Let's explain. Your body has a natural defense system that protects you from all infections and bugs that try to make you ill. This natural defense system or immunity makes sure that you stay healthy.

[Click Here to Shuffle the Cards](#)

AIDS and YOU

If you have HIV, then your defense system gradually weakens over time and so infections and bugs get through and make you ill. People with HIV can stay healthy for many years. However, when their immune system becomes weakened, people become ill and can die from infections that people without HIV normally recover from.

[Click Here to Shuffle the Cards](#)

AIDS and YOU

The game you are going to play has two parts.

In the first part of the game you are shown picture cards.
On each picture card is a type of behaviour.

Your task is to decide which activities are likely to
transmit HIV and which are not.

[Click Here to Shuffle the Cards](#)

AIDS and YOU

You can move the cards by keeping the mouse
button pressed over the card and then dragging the card
to the SAFE or UNSAFE area.

You begin the game by clicking on the button below.

[Click Here to Shuffle the Cards](#)

AIDS and YOU

The game you are going to play has two parts. In the first part of the game you are shown picture cards. On each picture card is a type of behavior. Your task is to decide which activities are likely to prevent HIV and which are not.

Click Here to Shuffle the Cards

AIDS and YOU

You can move the cards by keeping the mouse button pressed over the card and then dragging the card to the SAFE or UNSAFE area.

You begin the game by clicking on the button below.

Click Here to Shuffle the Cards

Choose the pack of cards you would like to use.
Click on the name of a pack below.
(The pack is selected when its name is coloured black.)

Sharing a House with someone who has HIV
Medical Matters
Sexual Behaviour
Social Behaviour
Pick your own Selection

Click when you have made your selection

Click on the name of the cards you would like to use.
Click on the text, the card is selected
when the line is coloured black.

No one has been known to get HIV from the following:

Kissing on the Cheek
Kissing on the Mouth
Staying in Hospital
Visiting Hospital
Sharing Cups or Cutlery or Towels
Sharing a House or Workplace with a Person with HIV
Sharing Bed Linen
Shaking Hands

Click here to choose more cards

Choose this pack of cards you would like to use
Click on the name of a pack below
(The pack is selected when its name is coloured black)

- Sharing a House with someone who has HIV
- Medical Matters
- Sexual Behaviour
- Social Behaviour
- Pick your own Selection

Click when you have made your selection

Click on the name of the cards you would like to use
Click on the text, the card is selected
when the line is coloured black

No one has been known to get HIV from the following:

- Kissing on the Cheek
- Kissing on the Mouth
- Staying in Hospital
- Visiting Hospital
- Sharing Cups or Cutlery or Towels
- Sharing a House or Workplace with a Person with HIV
- Sharing Bed Linen
- Shaking Hands

Click here to choose more cards

Click on the name of the cards you would like to use.
Click on the text, the card is selected
when the line is coloured black.

No one has been known to get HIV from the following:

Crying
Visiting a GP
Visiting the Dentist
Eating in Restaurants
Sharing a Toilet
Sharing Food
Touching Someone with HIV
Sharing Sports Equipment

[Click here to choose more cards](#)

Click on the name of the cards you would like to use.
Click on the text, the card is selected
when the line is coloured black.

No one has been known to get HIV from the following:

Mutual Masturbation
Receiving a Blood Transfusion
Mouth to Mouth Resuscitation
Coughing and Sneezing
Sharing a Drink
Having Body Massage or Non-Sexual Contact
Insect Bites

[Click here to choose more cards](#)

Click on the name of the cards you would like to use.
 Click on the text the card is selected.
 when the text is coloured black.

No one has been known to get HIV from the following:

- Crying
- Visiting a GP
- Visiting the Dental
- Swimming in Pools
- Sharing a Toilet
- Sharing Food
- Touching Someone with HIV
- Sharing Bedding

Click here to choose more cards

Click on the name of the cards you would like to use.
 Click on the text the card is selected.
 when the text is coloured black.

The one has been known to get HIV from the following:

- Sharing a Drink
- Sharing Food
- Touching Someone with HIV
- Sharing Bedding
- Sharing a Toilet
- Swimming in Pools
- Visiting the Dental
- Visiting a GP
- Crying

Click here to choose more cards

Click on the name of the cards you would like to use.

Click on the text, the card is selected
when the line is coloured black.

These activities can transmit HIV
but only if you have HIV.

Donating Sperm
Donating a Part of the Body
Donating Blood
Having a Baby

[Click here to choose more cards](#)

Click on the name of the cards you would like to use.

Click on the text, the card is selected
when the line is coloured black.

These activities are known to pass HIV.

Sharing Needles and Equipment if Using Drugs
Sharing Sex Toys
Unsterilised Tattooing or Ear-Piercing
Having Unprotected Sex
Mixing Blood in a Blood Brother/Sister Relationship
Engaging in Sex Acts which Tear or Cut the Skin
Unclean Needles (Not Sterile) that Pierce the Skin
Oral Sex
Sex During Menstruation

[Click here to choose more cards](#)

Click on the name of the cards you would like to use.
Click on the text, the card is selected
when the line is coloured black.

These activities can transmit HIV
out only if you have HIV.

Having a baby
Donating blood
Donating a part of the body
Donating sperm

Click here to choose more cards

Click on the name of the cards you would like to use.
Click on the text, the card is selected
when the line is coloured black.

These activities are known to pass HIV.

Sex During Menstruation
Oral Sex
Unclean Needles (Not Sterile) that Pierce the Skin
Engaging in Sex Acts which Tear or Cut the Skin
Sharing Blood in a Blood Brother/Sister Relationship
Having Unprotected Sex
Unsterilized Tattooing or Ear-Piercing
Sharing Sex Toys
Sharing Needles and Equipment if Using Drugs

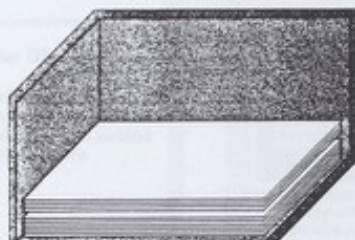
Click here to choose more cards

DRAG the cards
you think are
safe
to here



**Sharing Sports
Equipment**

Click here to see the
next Card



DRAG the
cards
you think are
unsafe
to here



You thought this card was safe and you were **RIGHT**



Crying

Crying

HIV is not present in tears so you cannot get the virus from someone who is crying.

You thought this card was safe and you were **RIGHT**



Sharing a Drink

Sharing a Drink

You cannot get HIV from sharing a cup. No one has been known to get HIV from contact with saliva (spit).

You thought this card was safe and you were **RIGHT**



Visiting the Dentist

Visiting the Dentist

Provided dentists follow national guidelines and observe strict hygiene procedures, HIV should not be passed on in a dental surgery.

You thought this card was safe and you were **RIGHT**



Sharing a House or Workplace with a Person with HIV

Sharing a House or Workplace with a Person with HIV

Living or working with someone who has HIV is not a risk.

It is always wise to avoid sharing toothbrushes and razors and to take care cleaning up blood.

You thought this card was safe and you were **RIGHT**



Having a Baby

Having a Baby

Having a baby is safe but if a mother has HIV, there is a chance that she will pass HIV to her baby.

A baby can also get HIV through breast feeding if the mother is HIV positive.

You thought this card was safe and you were **RIGHT**



Visiting Hospital

Visiting Hospital

Going to hospital to receive treatment or to visit people who are ill is not a way that you can get HIV.

You thought this card was safe and you were **RIGHT**



Staying in Hospital

Staying in Hospital

UK Hospitals have strict hygiene procedures which prevent HIV being passed between patients.

You thought this card was safe and you were **RIGHT**



Sharing Cups or Cutlery or Towels

Sharing Cups or Cutlery or Towels


HIV is not passed on when you use plates, knives or forks that have been used by people who are HIV positive.

Ordinary washing gets rid of the virus.

HIV is not carried on towels.

THINK: How can you help your friend?


Showing a friend
how to use a tool safely is a good idea.



Remember: Always use tools safely.

THINK: How can you help your friend?


Helping a friend
who is having trouble with a task is a good idea.



Remember: Always use tools safely.

THINK: How can you help your friend?

Showing a friend
how to use a tool safely is a good idea.



Remember: Always use tools safely.

THINK: How can you help your friend?

Helping a friend
who is having trouble with a task is a good idea.



Remember: Always use tools safely.

THINK: How can you help your friend?


Showing a friend
how to use a tool safely is a good idea.



Remember: Always use tools safely.

THINK: How can you help your friend?

Helping a friend
who is having trouble with a task is a good idea.



Remember: Always use tools safely.

THINK: How can you help your friend?


Showing a friend
how to use a tool safely is a good idea.



Remember: Always use tools safely.

THINK: How can you help your friend?

Helping a friend
who is having trouble with a task is a good idea.



Remember: Always use tools safely.

You thought this card was safe and you were **RIGHT**



Sharing Sports Equipment

Sharing Sports Equipment

You cannot get HIV from sharing sports equipment because no blood to blood contact takes place.

You thought this card was safe and you were **RIGHT**



Having Body Massage or Non-Sexual Contact

Having Body Massage or Non-Sexual Contact

Massage is skin to skin contact.

HIV can not get through intact skin so this is safe.

You thought this card was safe and you were **RIGHT**



Kissing on the Cheek

Kissing on the Cheek

You cannot get HIV when you kiss someone socially on the cheek or briefly on the mouth.

HIV does not get through skin.

You thought this card was safe and you were **RIGHT**



Kissing on the Mouth

Kissing on the Mouth

There has been no known case of a person becoming infected with HIV from kissing.

This is because there is not enough of the virus present in saliva to be a problem.

You thought this card was safe and you were **RIGHT**



Shaking Hands

Shaking Hands

You cannot get HIV from shaking hands with someone who has the virus.

This is because you are not in contact with any of the person's body fluids and you are only touching his or her skin. HIV does not get through intact skin.

You thought this card was safe and you were **RIGHT**



Coughing and Sneezing

Coughing and Sneezing

HIV is not a droplet infection like a cold so you cannot get it from coughs and sneezes.

HIV needs to be inside a fluid like blood, semen or vaginal fluid. There is not enough of the virus in saliva to be a risk. You would probably need to drink about 2 pints of saliva for there to be any risk.

You thought this card was safe and you were **RIGHT**



Sharing Bed Linen

Sharing Bed Linen

You cannot get HIV from sharing a bed with someone, lying on the same sheets or pillows.

The virus needs to be in a fluid. It cannot survive on its own.

You thought this card was safe and you were **RIGHT**



Visiting a GP

Visiting a GP

Going to see a GP to get treatment is not a way you will get HIV.

You thought this card was safe and you were **RIGHT**



Donating a Part of the Body

Donating a Part of the Body

You cannot get HIV from donating any parts of your body.

Donating body organs is not risky because you are not receiving anyone else's donated organs.

You thought this card was safe and you were **RIGHT**



Donating Sperm

Donating Sperm

You cannot become infected with HIV by donating sperm.

This is because you do not come into contact with anyone else's body fluids.

You thought this card was safe and you were **RIGHT**



Donating Blood

Donating Blood

Giving blood through the Blood Transfusion Service will not put you at risk of HIV infection. All equipment is sterilised.

The Blood Transfusion Service will only be taking blood from you.

You thought this card was safe and you were **RIGHT**



Eating in Restaurants

Eating in Restaurants

HIV is not transmitted by having a meal out or by eating food prepared by someone with HIV, even if the cook cut his/her finger while preparing the food!

If blood was in contact with the food, it would be thrown away or washed clean. Also cooking would destroy HIV.

You thought this card was safe and you were **RIGHT**



Sharing Food

Sharing Food

Eating from the same plate or sharing a sandwich is not a risk because you are not in contact with body fluids that will contain HIV.

You thought this card was safe and you were **RIGHT**



Touching Someone with HIV

Touching Someone with HIV

HIV is not passed through ordinary physical contact between skin.

No one has been known to get HIV from cuddling or holding hands.

You thought this card was safe and you were **RIGHT**



Sharing a Toilet

Sharing a Toilet

You cannot get HIV from using a toilet that has been used by someone else who has HIV.

The virus is fragile. It cannot live outside the body for long. It has to get into your bloodstream for you to become infected.

You thought this card was safe and you were **RIGHT**



Mutual Masturbation

Mutual Masturbation

Mutual masturbation is touching each other's genitals. If neither partner has open cuts or sores on their skin, mutual masturbation carries no risk of HIV transmission.

You thought this card was safe and you were **RIGHT**



Receiving a Blood Transfusion

Receiving a Blood Transfusion

Receiving a blood transfusion in the UK is safe. All donated blood in the UK is now screened for HIV antibodies.

Before screening, a few people were infected with HIV through transfusions in the UK. It still happens in some other countries, where blood screening is poor.

You thought this card was safe and you were **RIGHT**



Mouth to Mouth Resuscitation

Mouth to Mouth Resuscitation

There has been no known case of anyone getting HIV from giving mouth to mouth resuscitation.

There is not enough HIV in saliva to be a risk. There would only be a problem if there was blood to blood contact.

You thought this card was safe and you were **RIGHT**



Insect Bites


Insect Bites

No one has been known to get the virus from insect bites.

Some people think that if an insect has bitten a person with HIV, then the insect can pass the virus on to the next person it bites. This is not true. The virus is fragile and cannot survive outside the human body.

THINK how you can help your team work better.


Remember to think of your team as a whole, not just as individuals. Think of your team as a single unit, not as a collection of individuals. Think of your team as a single unit, not as a collection of individuals.



Think of your team as a single unit, not as a collection of individuals.

THINK how you can help your team work better.


Remember to think of your team as a whole, not just as individuals. Think of your team as a single unit, not as a collection of individuals. Think of your team as a single unit, not as a collection of individuals.



Think of your team as a single unit, not as a collection of individuals.

THINK how you can help your team work better.

Remember to think of your team as a whole, not just as individuals. Think of your team as a single unit, not as a collection of individuals. Think of your team as a single unit, not as a collection of individuals.



Think of your team as a single unit, not as a collection of individuals.

You thought this card was unsafe and you were **RIGHT**



Sharing Sex Toys

Sharing Sex Toys

There is a risk of getting HIV if you share sex toys.

HIV can be passed through blood, semen or vaginal fluid.

You thought this card was unsafe and you were **RIGHT**



Sharing Needles and Equipment if Using Drugs

Sharing Needles and Equipment if Using Drugs

There is a high risk of getting HIV if you share a needle with someone who has HIV.

You thought this card was unsafe and you were **RIGHT**



Having Unprotected Sex

Having Unprotected Sex

There is a high risk of HIV transmission during unprotected sex. This is because body fluids such as semen and vaginal fluid will be exchanged.

HIV can survive and be passed in blood, semen or vaginal fluid.

You thought this card was unsafe and you were **RIGHT**



Mixing Blood in a Blood Brother/Sister Relationship

Mixing Blood in a Blood Brother/Sister Relationship

There is a high risk of HIV transmission from Blood Brother/Sister Relationships. This is because there is direct blood to blood contact.

The virus can survive in blood.

You thought this card was unsafe and you were **RIGHT**



Unsterilised Tattooing or Ear-Piercing

Unsterilised Tattooing or Ear-Piercing e.g. at School

You can become infected with HIV if you have your ears pierced with needles that have not been sterilised. This is because the virus can spread through blood to blood contact.

You thought this card was unsafe and you were **RIGHT**



Unclean Needles (Not Sterile) that Pierce the Skin

Unclean Needles that Pierce the Skin

You can become infected with HIV if you use needles that have not been sterilised.

This is because the virus can spread through blood to blood contact.

You thought this card was unsafe and you were **RIGHT**



Engaging in Sex Acts which Tear or Cut the Skin

Engaging in Sex Acts which Tear or Cut the Skin

You can become infected with HIV because there may be contact between blood and semen or vaginal fluid and HIV can be passed in this way.

You thought this card was unsafe and you were **RIGHT**



Oral Sex

Oral Sex

Oral sex (licking or sucking your partner's genitals) is a fairly low risk activity, but remember semen and vaginal fluid can contain HIV.

There is a greater risk if either partner has sores in the mouth or genital area.

You thought this card was unsafe and you were **RIGHT**

**THINK
ABOUT
IT!!**

Sex During
Menstruation

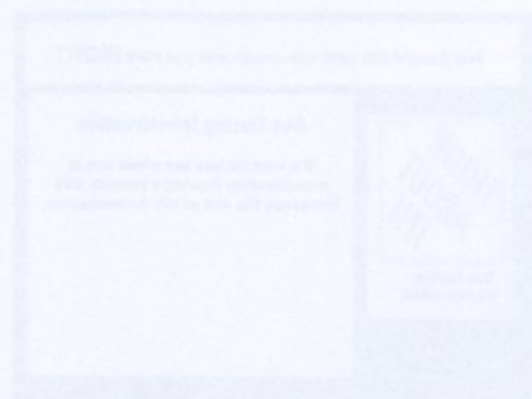
Sex During Menstruation

If a woman has sex when she is menstruating (having a period), this increases the risk of HIV transmission.

☒ Safe

☐ Unsafe

Click here
to learn
more about
AIDS and YOU



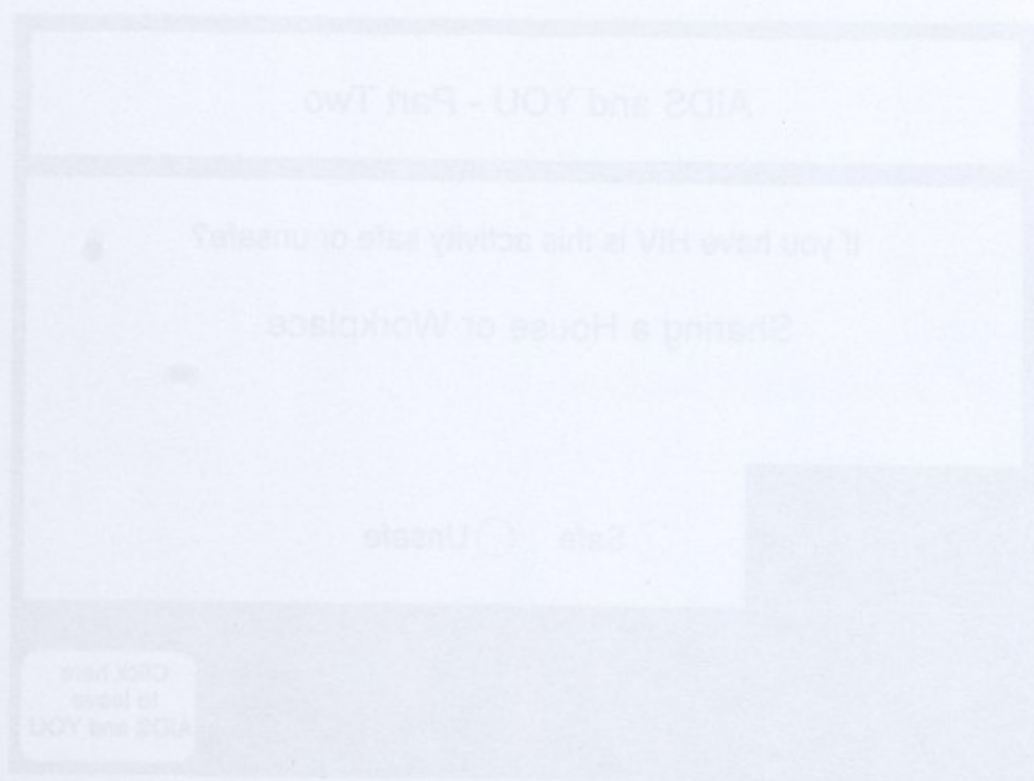
AIDS and YOU - Part Two

If you have HIV is this activity safe or unsafe?

Sharing a House or Workplace

☐ Safe ☐ Unsafe

Click here
to leave
AIDS and YOU



You can transmit HIV to someone by having
Sex During Menstruation

There is a higher risk of HIV transmission
if a woman is menstruating and
has unprotected sex.

You can transmit HIV to someone by
Oral Sex

because if your partner has open cuts or sores
in their mouth or on their genitals,
then the virus may be transmitted through these.

You can transmit HIV to someone by carrying out
Unsterilised Tattooing or Ear-Piercing

There is a risk of HIV transmission if you also
used the needle just before. The virus can be
transmitted directly from you via the needle into
someone else's bloodstream.

You can transmit HIV to someone by
Unclean Needles (Not Sterile)
that Pierce the Skin

because there is a danger of blood to blood contact.

You can transmit HIV to someone by
Sharing Sex Toys with them

because HIV is present in vaginal fluid or semen
and you may transfer the virus on the sex toys.

You can transmit HIV to someone by
Sharing Needles and Equipment
if Using Drugs

because the virus can be transmitted by blood to
blood contact. If you share needles when drug taking,
and you have HIV, then you can transmit it to the
person you are sharing your equipment with.

You can transmit HIV to someone by

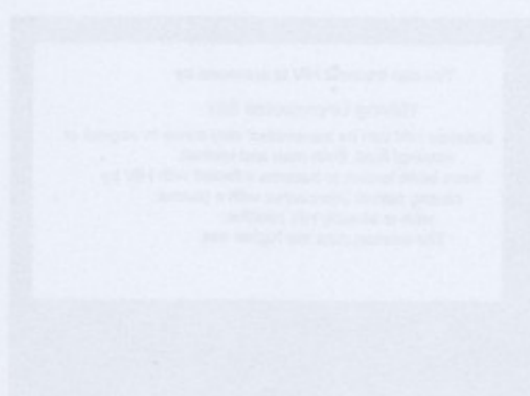
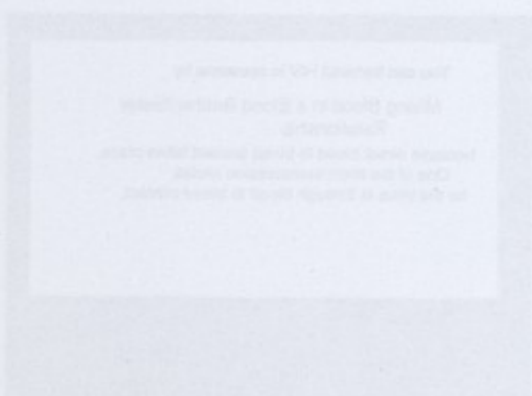
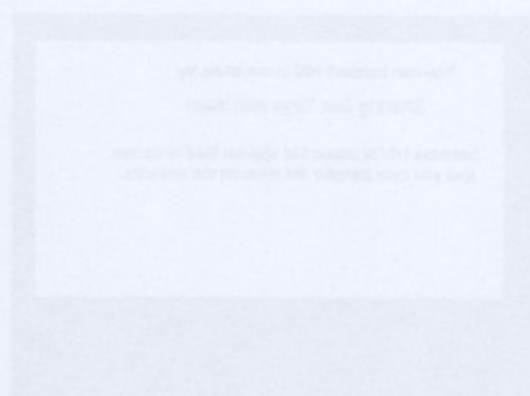
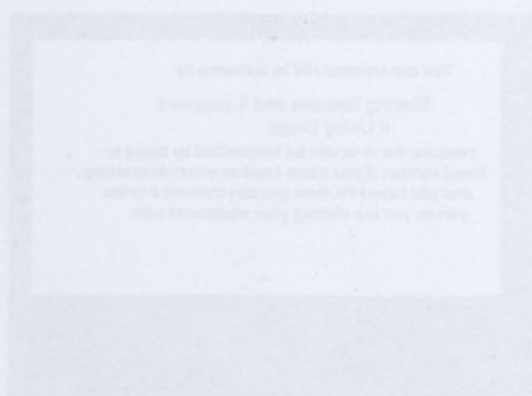
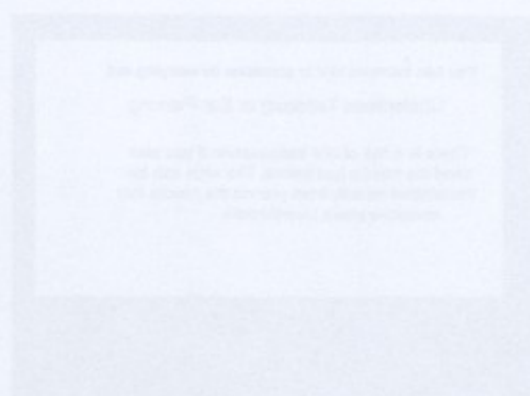
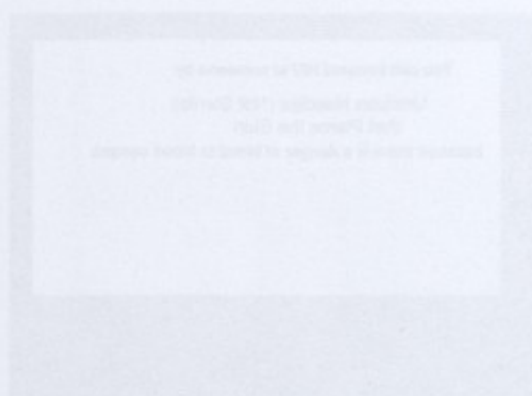
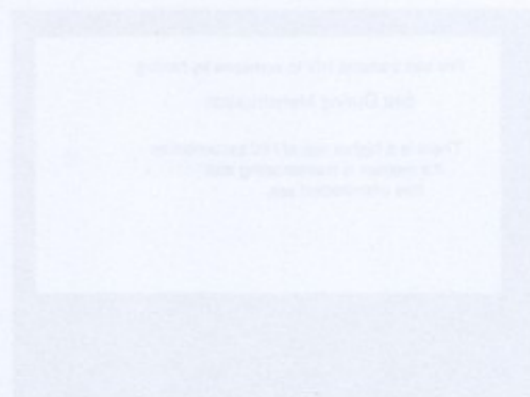
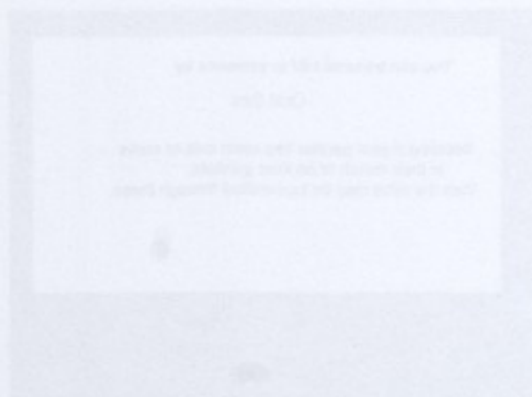
Having Unprotected Sex

because HIV can be transmitted very easily in vaginal or
seminal fluid. Both men and woman
have been known to become infected with HIV by
having sexual intercourse with a partner
who is already HIV positive.
The woman runs the higher risk.

You can transmit HIV to someone by

Mixing Blood in a Blood Brother/Sister
Relationship

because direct blood to blood contact takes place.
One of the main transmission routes
for the virus is through blood to blood contact.



You can transmit HIV to someone by

Engaging in Sex Acts which
Tear or Cut the Skin

because there will be contact
between blood and semen or vaginal fluid.

You can transmit HIV to someone by

Donating a Part of your Body

because if you have HIV, then the part of your body
that you donate will have your blood.
This blood will then enter another person's body
and you will transmit the virus to them.

You cannot transmit HIV to someone by

Mouth to Mouth Resuscitation.

It is extremely unlikely that you would transmit HIV
by giving mouth to mouth resuscitation unless you
both have bleeding gums or sores.

You cannot transmit HIV to someone by

Receiving a Blood Transfusion

because you are receiving blood from someone else
and not giving blood for a transfusion.

You cannot transmit HIV to someone by

Mutual Masturbation

as long as there are no open cuts or open
sores and body fluids only come into
contact with intact skin.

You can transmit HIV to someone by

Donating Blood

because direct blood to blood contact will take place.
Although blood donated in the UK is screened for the virus, if
you are HIV positive you should not donate blood.

You can transmit HIV by

Having a Baby

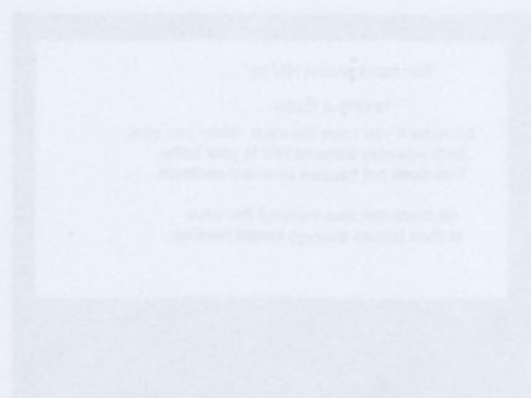
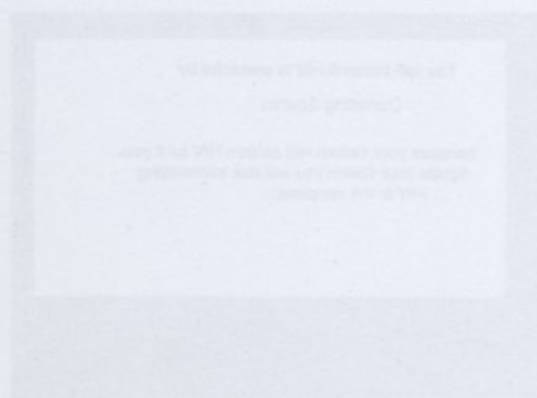
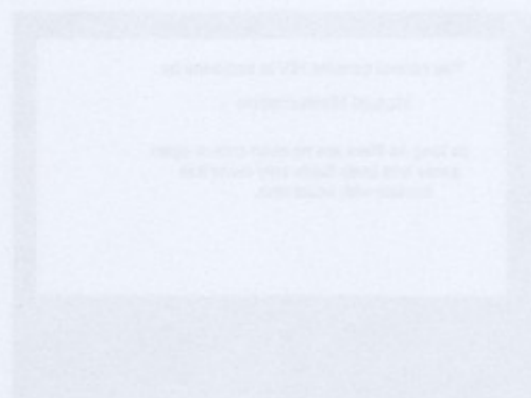
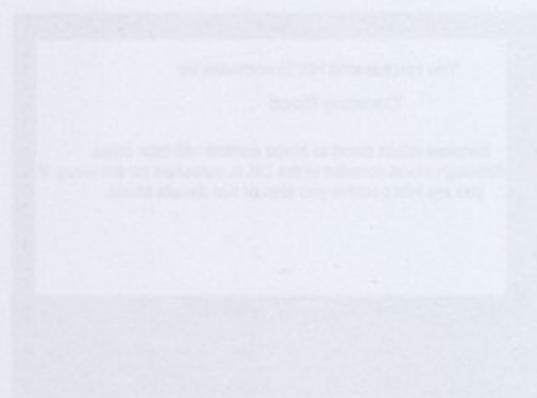
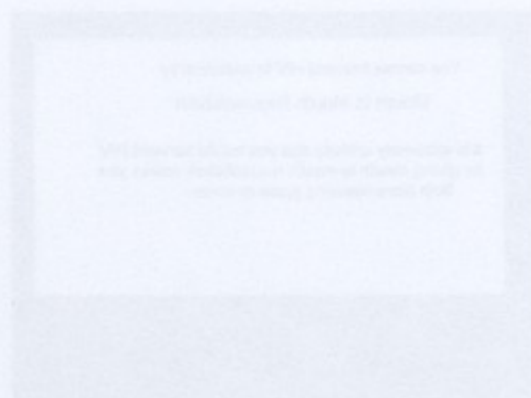
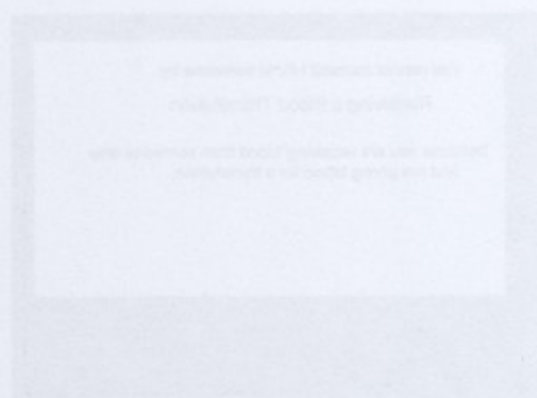
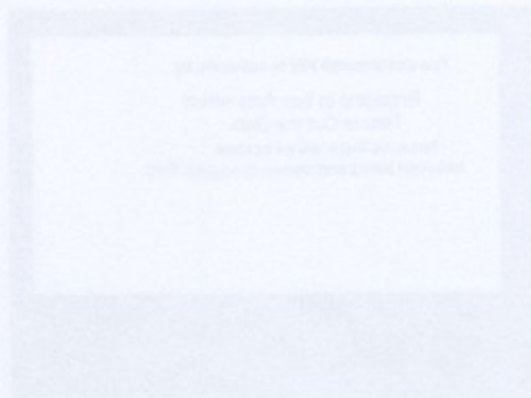
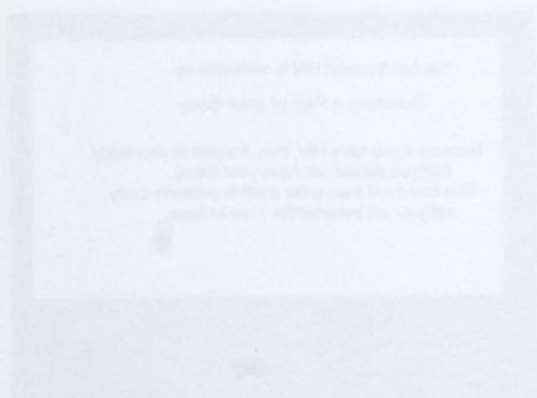
because if you have the virus, when you give
birth you may transmit HIV to your baby.
This does not happen on every occasion.

Mothers can also transmit the virus
to their babies through breast feeding.

You can transmit HIV to someone by

Donating Sperm

because your semen will contain HIV so if you
donate your sperm you will risk transmitting
HIV to the recipient.



You cannot transmit HIV to someone by
Staying in Hospital

because hospitals observe strict hygiene procedures.

You cannot transmit HIV to someone by
Visiting Hospital

because you will not come into direct
blood to blood contact with anyone.

You cannot transmit HIV to someone by
Visiting a GP

because your doctor will observe strict
hygiene procedures.

You cannot transmit HIV to someone by
Visiting the Dentist

It is extremely unlikely that you would transmit HIV
when visiting the dentist, because your dentist
will observe strict hygiene procedures.

You cannot transmit HIV to someone by
Touching Someone

because if the skin is not broken
no blood to blood contact takes place.

You cannot transmit HIV to someone by
Kissing them on the Cheek

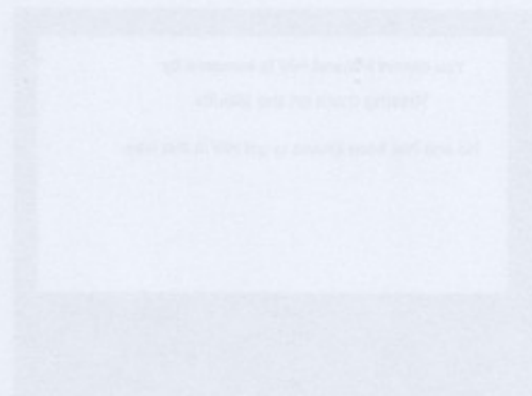
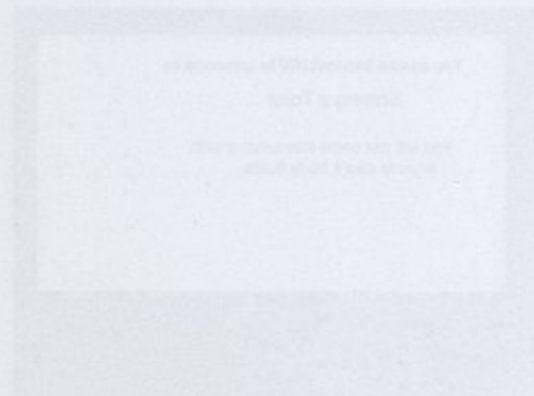
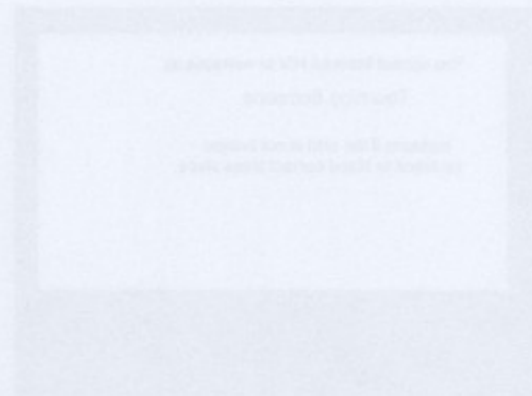
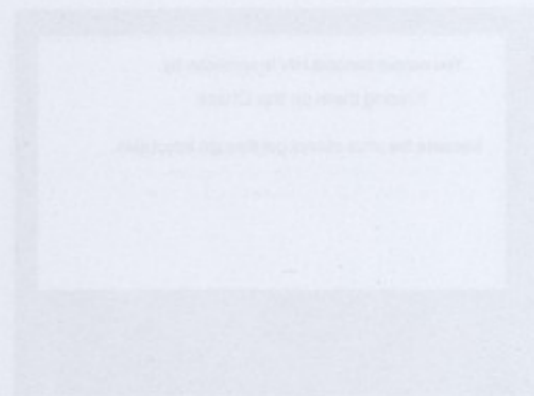
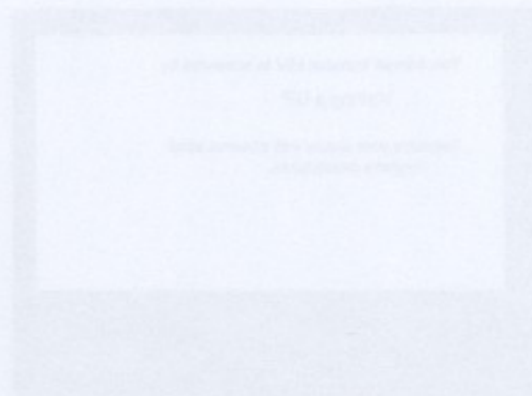
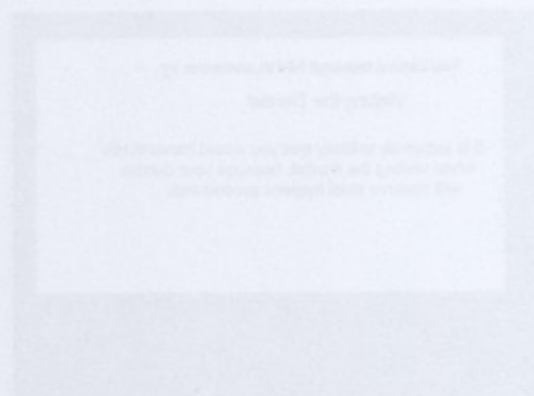
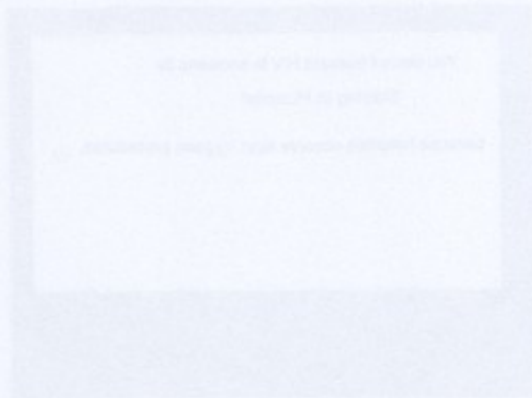
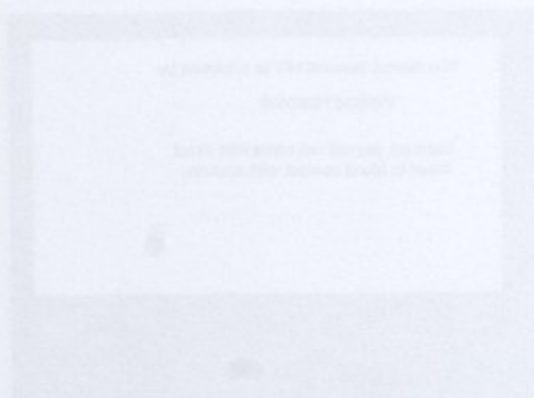
because the virus cannot get through intact skin.

You cannot transmit HIV to someone by
Kissing them on the Mouth.

No one has been known to get HIV in this way.

You cannot transmit HIV to someone by
Sharing a Toilet

You will not come into contact with
anyone else's body fluids.



You cannot transmit HIV to someone by
Shaking Hands

because contact with intact skin cannot transmit the virus.

You cannot transmit HIV to someone by
Sharing Food

The only body fluid that they would come into contact with is saliva. No one has been known to become infected with HIV from saliva.

HIV is a very fragile virus which will not survive outside the body.

You cannot transmit HIV to someone by
Sharing Sports Equipment

because no blood to blood contact will take place.

You cannot transmit HIV to someone by
Sharing a Drink

because the HIV is a very fragile virus which will not survive outside the body. The only body fluid that you are likely to come into contact with is saliva. No one has been known to become infected with HIV from saliva.

You cannot transmit HIV to someone by
Sharing Cups or Cutlery or Towels

because the virus can only be transmitted directly from body fluid to body fluid.

You cannot transmit HIV to someone by
Sharing Bed Linen

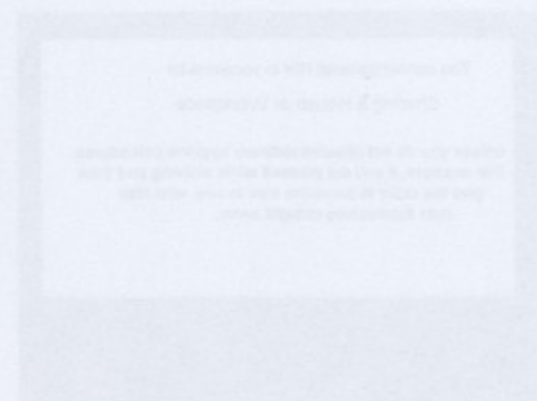
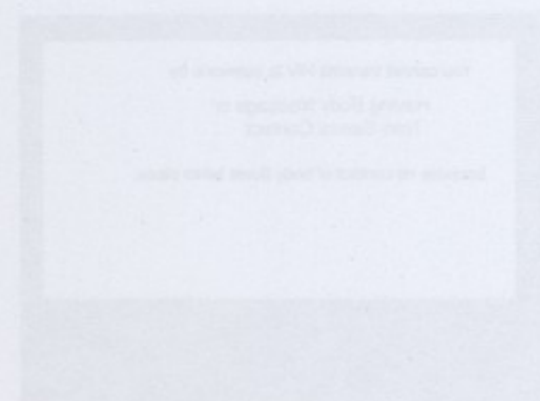
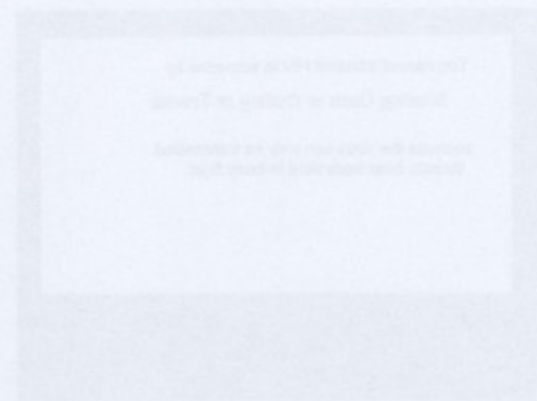
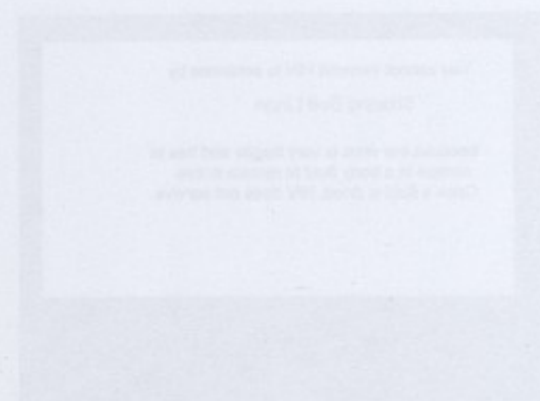
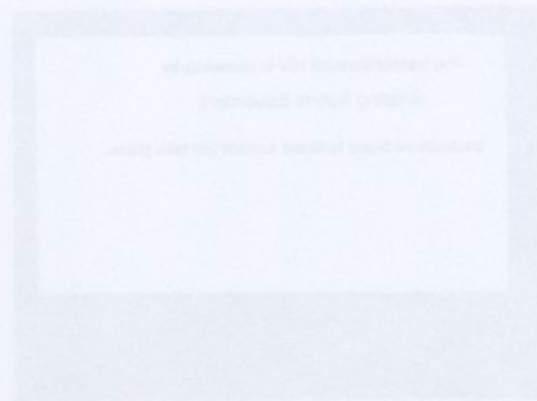
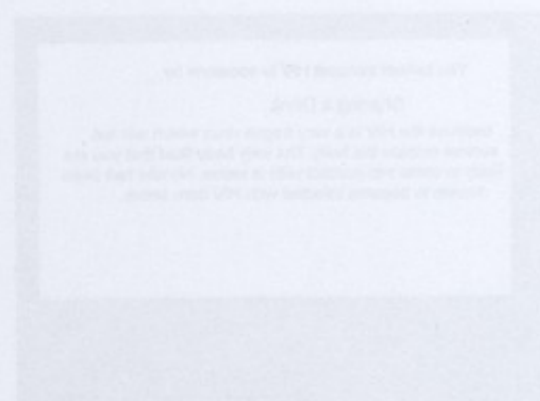
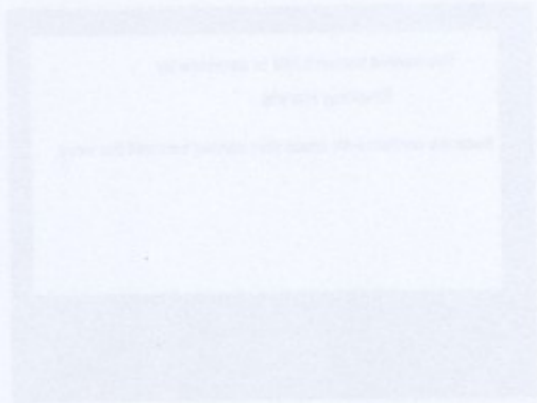
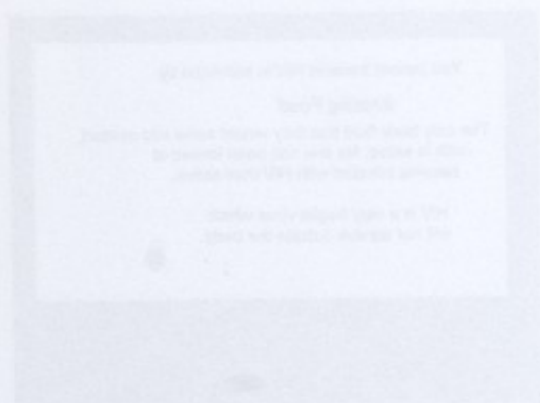
because the virus is very fragile and has to remain in a body fluid to remain active. Once a fluid is dried, HIV does not survive.

You cannot transmit HIV to someone by
Sharing a House or Workplace

unless you do not observe ordinary hygiene procedures. For example, if you cut yourself while shaving and then give the razor to someone else to use, who also cuts themselves straight away.

You cannot transmit HIV to someone by
Having Body Massage or
Non-Sexual Contact

because no contact of body fluids takes place.



You cannot transmit HIV to someone by
Eating in Restaurants

because you are not in direct contact
with anyone else's body fluids.

You cannot transmit HIV to someone by
Coughing and Sneezing

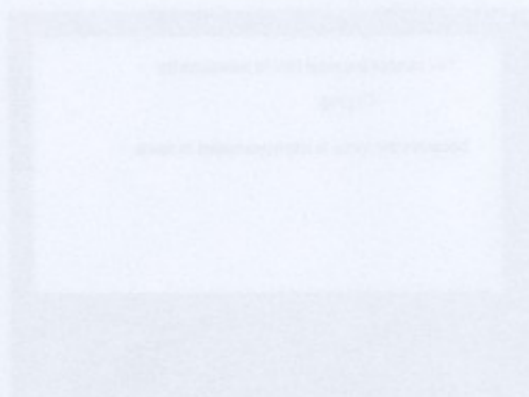
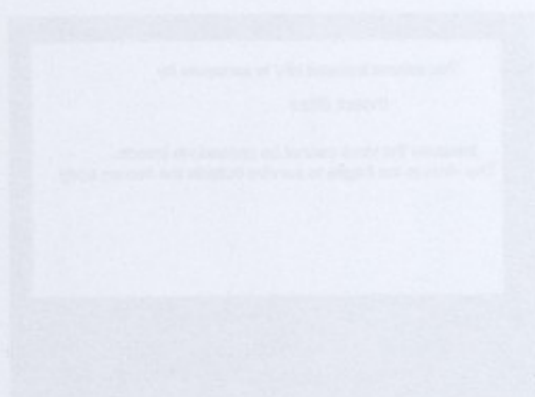
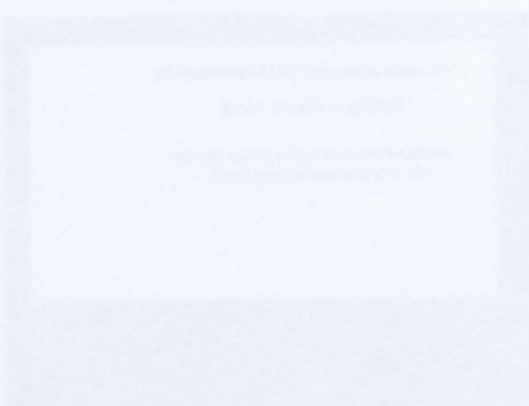
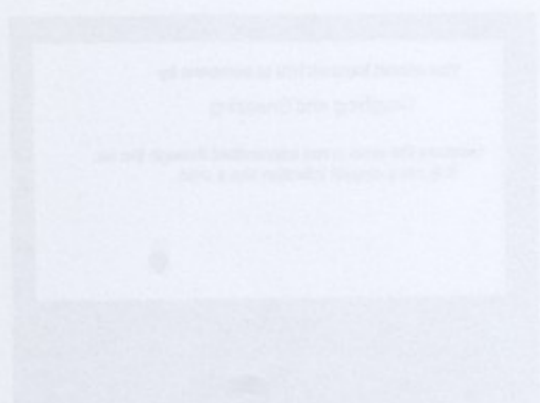
because the virus is not transmitted through the air.
It is not a droplet infection like a cold.

You cannot transmit HIV to someone by
Crying

because the virus is not transmitted in tears.

You cannot transmit HIV to someone by
Insect Bites

because the virus cannot be passed via insects.
The virus is too fragile to survive outside the human body.



PHOTOCOPIABLE RESOURCES FOR HEALTH EDUCATION

NOVEMBER



1994

• PHOTOCOPIABLE • READY FOR USE • CLEARLY DESIGNED

• TRIED AND TESTED • COST-EFFECTIVE • RING BOUND

HIV/AIDS AND SEXUAL HEALTH

- ☐ £32 AIDS & HIV for Healthcare Professionals provides useful background information.
- ☐ £38 AIDS Education Game: HIV Simulation 2nd Edition addresses attitudes and behaviour.
- ☐ £38♦ AIDS Facts 4th Edition (age 13 up) presents facts about AIDS for non-specialists and group leaders.
- ☐ £32 Biology of HIV and AIDS meets requirements for GCSE and A-Level courses.
- ☐ £20♦ NEW Condoms Across the Curriculum introduces condoms through courses such as science and history.
- ☐ £10 Condom Sample Pack (to be purchased with above).
- ☐ £45♦ NEW Contraception explores feelings on sexuality and contraception and provides detailed information.
- ☐ £38♦ Essentials of HIV and AIDS provides the basic facts about HIV/AIDS in an easy-to-use format.
- ☐ £38 Family Life Education considers the way society influences personal and sexual behaviour.
- ☐ £38♦ HIV and AIDS Values focuses on feelings and values in relation to HIV and AIDS.
- ☐ £45♦ NEW HIV and Sex Education for Primary Children provides ideas for parents, teachers and other professionals needing to introduce children to accurate information.
- ☐ £38 HIV/AIDS: Telling the Children covers effective methods for informing school pupils about HIV.
- ☐ £38♦ HIV/AIDS Trainers' Resource provides detailed information and activities covering all aspects of HIV/AIDS.
- ☐ £38 Love and Sexual Relationships identifies the main issues that surround discussions about love and sex.
- ☐ £38 NEW Safer Sex Game is a board game that poses questions related to safe and unsafe sexual behaviour. (available 1995)
- ☐ A £45♦ Sex Education in Schools Study Materials A
- ☐ B £45♦ (age 11-14) and B (age 15 up) provide everything required to plan and teach sex education.
- ☐ A £38 Sex Facts A (age 10-14) and B (age 15-18) cover the
- ☐ B £38 biological aspects of reproduction.
- ☐ £38♦ NEW Sexual Health, Assertiveness and HIV explores the ways in which assertiveness helps in negotiating safer sex.
- ☐ £38 STDFacts 2nd Edition (age 14 up) explains the biology of STDs and explores surrounding social issues.
- ☐ £25 NEW Support Materials for Sex Education Programme is a range of ready-to-use materials for governors and teachers involved in sex education.
- ☐ £55♦ NEW You, Me and HIV makes sense of safer sex for adults with learning difficulties by use of detailed text and explicit line drawings. (ring bound)

♦ Ringbound

DRUGS EDUCATION

- ☐ A £32 Alcohol Facts A (age 10-14) and B (age 15-19)
- ☐ B £32 encourage sensible attitudes towards drink.
- ☐ £38♦ Ecstasy and Drug Use: Learning Activities contains vital information about the illicit use of drugs.
- ☐ £38♦ Give Up Smoking For Good provides a clear, matter-of-fact account of the dangers of smoking and offers a step-by-step programme for giving up.
- ☐ £38♦ NEW Peer-Led Drug Education empowers young people to seek and interpret information and messages about drugs for themselves.
- ☐ A £32 Smoking Facts A (age 10-14) and B (age 15-19)
- ☐ B £32 consider the effects of smoking and explore why people smoke. (revised 3/94)
- ☐ £45♦ Solvents, Drugs and Young People places education about solvent sniffing firmly in the context of being young and includes a variety of activities.
- ☐ £45♦ NEW Understanding Drugs 2nd Edition (age 14 up) presents information and activities relating to drugs in a non-alarmist, easy-to-follow way.

HEALTH AWARENESS

- ☐ A £38 Biological and Medical Illustrations A and B
- ☐ B £38 contain unlabelled, highly-adaptable diagrams.
- ☐ £38 Bug Wars (age 12 up), a game and resource, improves
- ☐ NEW knowledge of infectious diseases including STDs.
- ☐ £38 Child Abuse covers the social, historical and moral issues surrounding child abuse.
- ☐ £38 Child Development covers the physical, mental and emotional development of babies and children.
- ☐ £32 Exercise Facts (age 12-15) contains self-assessment tests, fitness techniques and exercise plans.
- ☐ £32 Food Safety explains the importance of kitchen hygiene and the dangers of food poisoning and is supported by quizzes, wordsearches and written exercises.
- ☐ £38 Food Safety: Practical Investigations (age 12-18) offers exercises, experiments and detailed teaching notes.
- ☐ £32 Guide to Common Health Problems explains common medical problems in an A to Z format.
- ☐ £38♦ NEW Health and Safety at Home 2nd Edition (age 11-16) describes a wide range of health and safety problems.
- ☐ £38♦ Health Assessment provides a personal assessment of health covering heart, diet, cancer, smoking and exercise.
- ☐ A £32 Health Issues A and B (age 15 up) are for use by non-
- ☐ B £32 specialists. A defines health and illness while B considers stress, age, gender and diet in relation to health.
- ☐ £32 Heart Facts (age 12-16) contains essential information about heart disease.
- ☐ £38 Living with Risk Game (age 14 up) based on the award winning BMA Guide to Living with Risk (copy included) looks at risks in an enjoyable and stimulating way.

- ☐ A £32 Nutrition, Health and Hygiene A (age 10-14) and
- ☐ B £32 B (age 15 up) help students analyse eating habits. A discusses hygiene and diet. B covers disease, dental health and self image.
- ☐ £32 Pollution and Health (age 16 up) explores the historical and social contexts of pollution.
- ☐ £38♦ Pregnancy, Childbirth and Care covers conception, NEW childbirth and caring for babies.
- ☐ £38 Raising Self-Esteem: 50 Activities describes a wide NEW range of activities to encourage and enhance self-esteem.
- ☐ £38 Relaxation Techniques contains a series of relaxation exercises and explains how to run a relaxation group.
- ☐ £32 Relaxation Using Yoga and Tai Chi demonstrates a range of exercises to relieve stress.
- ☐ £32 StressFacts (age 12-16) helps young people build the skills required to deal with stress.
- ☐ £50 Survive Stress provides a preventative approach to the management of stress. (comb bound)
- ☐ £32 Understanding Blood and the Immune System examines the functions of blood and circulation.
- ☐ A £32 Understanding Cancer A and B introduce issues
- ☐ B £32 surrounding cancer.
- ☐ £38♦ Understanding Learning Disabilities explores the NEW major issues in the field of learning disabilities.
- ☐ £38 Understanding Mental Health provides NEW information about difficulties surrounding mental health. (available Winter 94)
- ☐ £32 Understanding Your Body (age 8-13) gives an overview of the body and its functions.
- ☐ £32 Viruses and Viral Diseases discusses viral characteristics, transmission and control of disease.

SELF DEVELOPMENT

- ☐ £32 Applying for Courses at Universities provides students and parents with a summary of the decisions they face and the alternatives available. (revised 3/94)
- ☐ A £32 Counselling Skills For Schools and Colleges A and
- ☐ B £32 B (age 13-19): A introduces counselling while B explains further strategies and skills.
- ☐ £38♦ Developing Peer Counselling Skills (age 14-18) NEW introduces the skills needed to become a good listener.
- ☐ £38♦ Drama and Personal and Social Education NEW provides a wide range of ideas which encourage the development of personal skills.
- ☐ £45♦ Grief, Bereavement and Change (age 13 up) deals NEW with loss in an open and sensitive way by use of drama-based workshops.
- ☐ £38♦ How To Set Up a PSE Programme offers a NEW comprehensive, step-by-step guide to planning and implementing a personal and social education policy.

- ☐ £38♦ Personal Relationships is a versatile teaching NEW resource which examines the nature of relationships from a personal and social perspective.
- ☐ £38 Revision and Exam Techniques 2nd Edition (age 14 up) explains how to manage study time and organise revision sessions.
- ☐ £38♦ Rights and Responsibilities explores social, NEW economic and political rights in modern Britain.
- ☐ A £32♦ Self-Esteem A and B (age 5-14) shows how to
- ☐ B £32♦ enhance children's self-esteem and behaviour. A covers self-worth, friendship and cooperation while B covers challenges and risks.
- ☐ £38 Streetwise: Education For Citizenship (age 14-19) examines the social problems which can threaten the physical and mental well-being of young people.
- ☐ £38♦ Study and Learning Skills (age 16-18) discusses learning methods and provides advice on study skills.
- ☐ £38♦ Using Peer Counselling Skills (age 14-18) deals NEW with specific problems students face such as peer pressure and family problems.

PROFESSIONAL DEVELOPMENT

- ☐ £55♦ Active Listening: A Counselling Skills Approach NEW introduces developmental counselling and places emphasis on relationship building.
- ☐ £55♦ Body Language explores the interpretation and effective use of non-verbal messages.
- ☐ £55♦ Countering Sexual Harassment focuses on education NEW for dealing with and eliminating sexual harassment.
- ☐ £55♦ Developing Assertiveness Skills 2nd Edition NEW encourages self-esteem and self-confidence.
- ☐ £55♦ Effective Publicity Skills 2nd Edition helps NEW organisations get their message across by examining the role of the media.
- ☐ £55♦ Effective Training Skills takes the trainer through a logical sequence of steps including theory, examples, exercises and checklists.
- ☐ £55♦ Exploring Equal Opportunities examines NEW discrimination, stereotyping and language.
- ☐ £55♦ Get That Job! takes prospective candidates through the whole job application process.
- ☐ £55♦ How to Interview provides an invaluable guide to the process of staff selection.
- ☐ £55♦ Managing Your Time identifies key problem areas and shows how time can be saved.
- ☐ £55♦ Power in the Workplace helps neutralise power NEW struggles which can demoralise working environments.
- ☐ £45♦ The Assertiveness Game provides a light-hearted NEW approach to assertiveness in a photocopiable game format.

♦ Ringbound

PHOTOCOPIABLE RESOURCES FOR HEALTH EDUCATION

Name
 Job Title
 Organisation
 Address
 Postcode
 Tel No.
 Fax

POSTAGE & PACKING

Please add 5% for postage, packing and insurance. Minimum charge £3.50. Overseas postage is subject to individual requirements and will be added to your invoice.

SUB-TOTAL:

P&P:

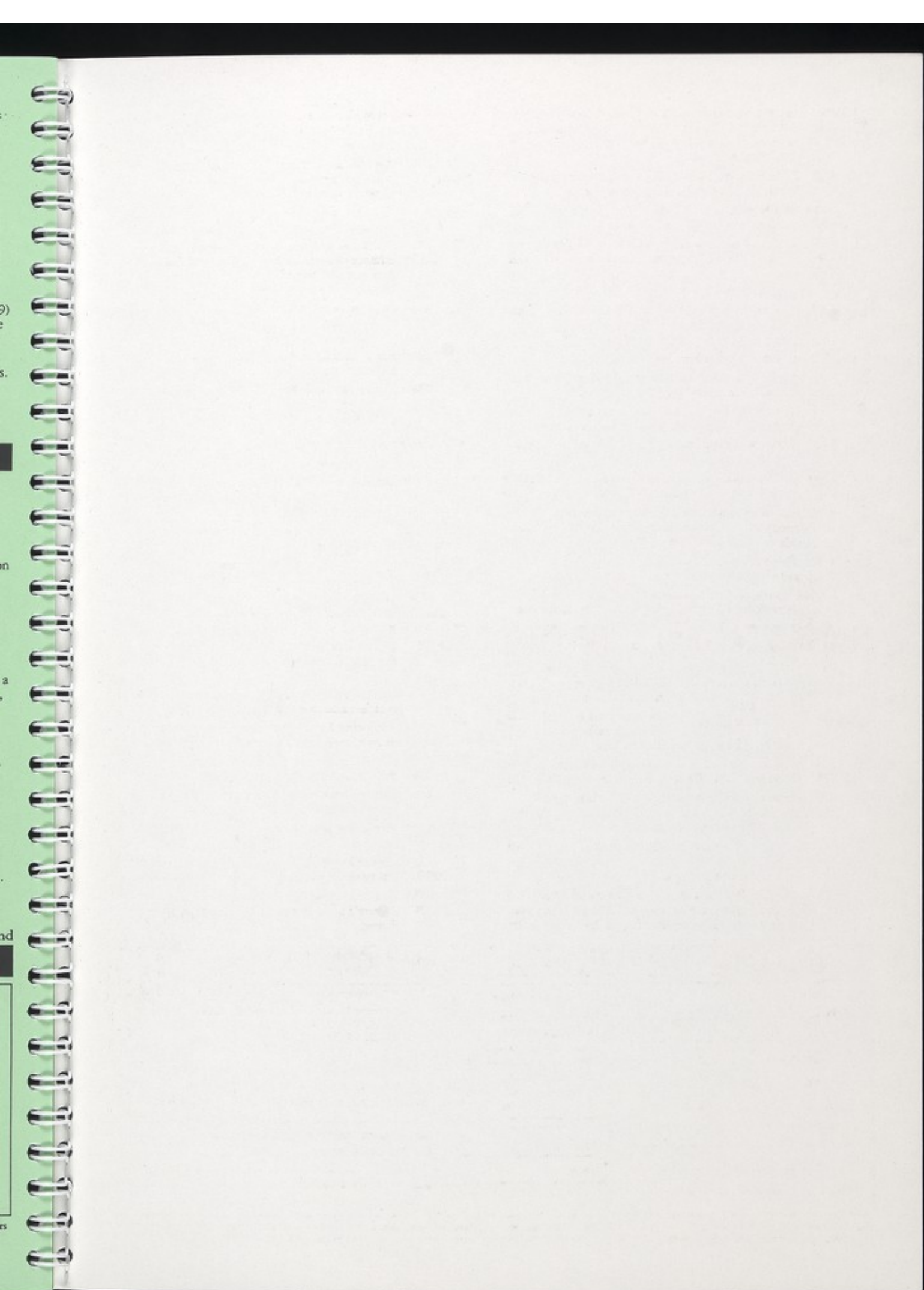
TOTAL:

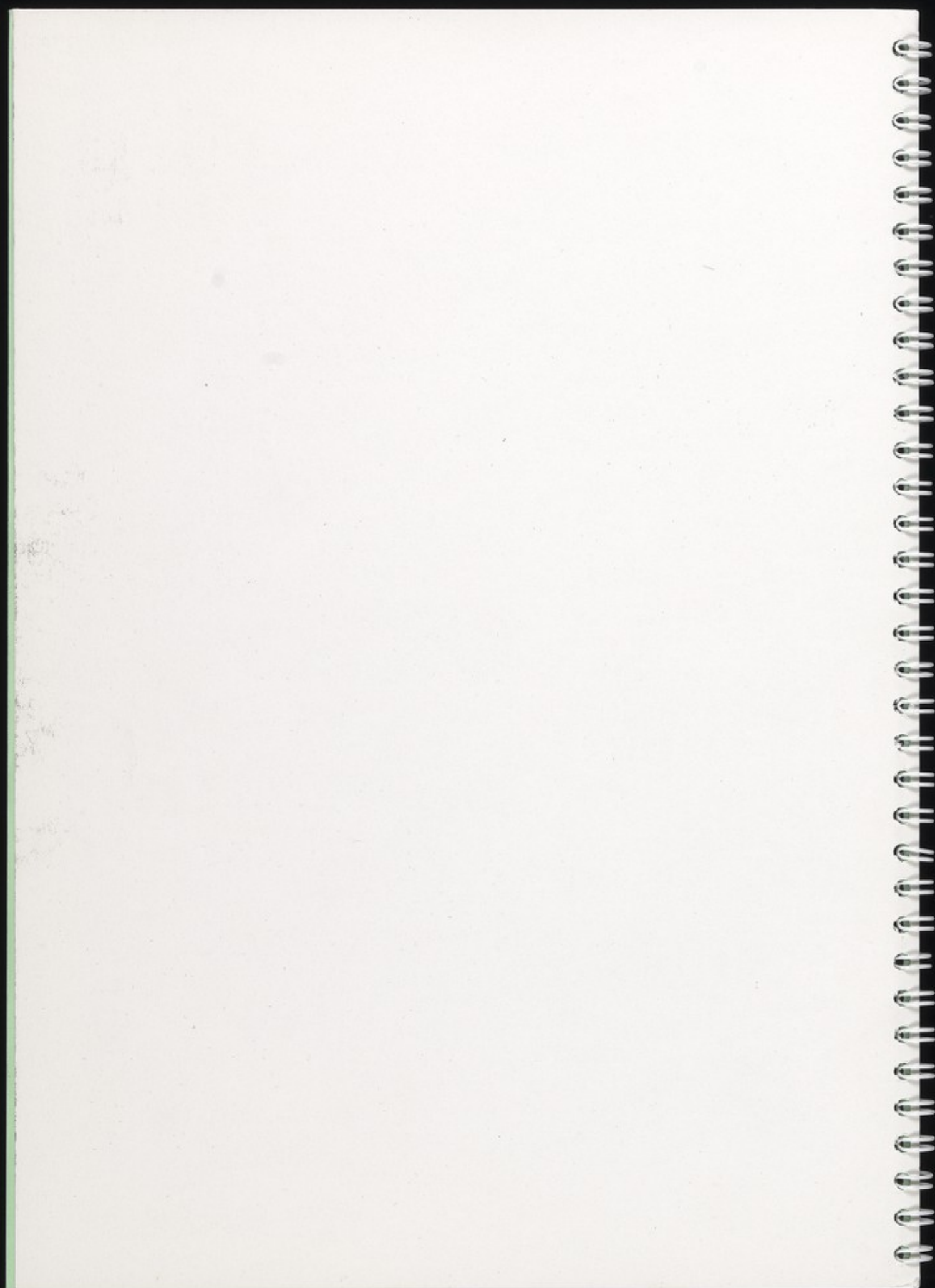
TO PLACE AN ORDER SIMPLY TICK BOXES ABOVE AND:

POST this form to Daniels Publishing, 38 Cambridge Place, Cambridge CB2 1NS, PHONE 0223 467144 to order by credit card or FAX 0223 467145 (24 hr).

PAYMENT

- ☐ I enclose a cheque payable to Daniels Publishing for £
 - ☐ Please invoice me. My official order number is
 - ☐ I authorise you to charge my Access/Visa/MasterCard for £
- My Account Number is
 Card Expiry Date
 Signature..... Date.....
 Address of Card Holder.....





DANIELS
PUBLISHING



AIDS AND YOU GAME

GENERAL INTRODUCTION

**West Sussex
District Health
Authority**

**British Medical
Association**



An Education Resource from the BMA Scientific Affairs Department

Chairman, Board of Science and Education: Professor Jack Howell

Project Director: Dr Fleur Fisher

Editor: David R Morgan

Game originally devised by: Laurie Dervish-Lang

Graphics and Editorial Secretariat Glynn Bennallick
Hilary Glanville

**The computerised version of the game
was developed by**

Sarah Easterbrook
Ann Turner
Nicola Singleton
Mark Franklin

of the West Sussex District Health Authority supported by a grant from
South Thames Regional Health Authority (West).

© 1989, 1994 The British Medical Association

ISBN 1 85467 132 4

Distributed by

Daniels Publishing
38 Cambridge Place
Cambridge
CB2 1NS
Tel 01223 467144
Fax 01223 467145



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

Contents

Foreword	1
Contents of the pack	3
Introduction	4

As soon as the first cases of AIDS were reported, people were quick to respond to signs that this infection was a potential risk to the whole of society. We also recognised early that AIDS was not solely a health issue, but had implications for other aspects of our lives. This remains the case today.

The absence of a vaccine or cure for HIV makes education about how to avoid or reduce the risk of infection a priority. An effective programme needs the cooperation of all sections of society, both within and between countries, and participation in international initiatives has always been a key part of the UK Government's strategy against HIV and AIDS.

Families whose bonds are based on love, trust and openness are best placed to protect their members from what they fear, and to give comprehensive care to those affected by AIDS. This extends beyond the immediate family unit. It includes the wider community: support groups, faith groups, self-help circles and schools. Families are the place where the young learn to practice safe behaviour, reject discrimination and plan for the future.

I have followed the success of the AIDS and You booklet since its launch by the British Medical Association in 1987. It has become a general source of material used by schools, the media, health educators and doctors and nurses in many



DANIELS
PUBLISHING


38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144



Foreword 1

Contents of the book 2

Introduction 3



Foreword

countries. I am pleased that the second edition of the AIDS and You educational game will now ensure that information can reach children in the UK and abroad, and will help everyone in the 'school family' to respond to the challenge of AIDS and HIV infection.

Dr Kenneth C. Calman
Chief Medical Officer

The pandemic of HIV infection continues. The World Health Organization estimates that, globally, some 16 million children have been infected with HIV; 4 million of these people have developed AIDS.

In the UK both the Government and the health care professions were quick to respond to signs that this infection was a potential risk to the whole of society. We also recognised early that AIDS was not solely a health issue, but had implications for other aspects of our lives. This remains the case today.

The absence of a vaccine or cure for HIV makes education about how to avoid or reduce the risk of infection a priority. An effective programme needs the cooperation of all sections of society, both within and between countries, and participation in international initiatives has always been a key part of the UK Government's strategy against HIV and AIDS.

Families whose bonds are based on love, trust and openness are best placed to protect their members from infection and to give compassionate care to those affected by AIDS. This extends beyond the immediate family unit. It includes the wider community: support groups; faith groups; self-help circles and schools. 'Families' are the place where the young learn to practise safe behaviour, reject discrimination and plan for the future.

I have followed the success of the AIDS and You booklet since its launch by the British Medical Association in 1987. It has become a general source document used by teachers, health educators, and doctors and nurses in many



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

Foreword

The pandemic in HIV infection continues. The World Health Organisation estimates that globally some 35 million children have been infected with HIV, 4 million of these people have developed AIDS.

In the UK both the Government and the health care professions were quick to respond to signs that this infection was a potential risk to the whole of society. We also recognised early that AIDS was not solely a health issue, but had implications for other aspects of our lives. This remains the case today.

The absence of a vaccine or cure for HIV makes education about how to avoid or reduce the risk of infection a priority. An effective programme needs the cooperation of all sections of society, both within and between communities, and participation in international initiatives has always been a key part of the UK Government's strategy against HIV and AIDS.

Families whose bonds are based on love, trust and openness are best placed to protect their members from infection and to give compassionate care to those affected by AIDS. This extends beyond the immediate family unit. It includes the wider community: support groups (both group and self-help circles and schools, 'Families' are the place where the young learn to practice safe behaviour, respect discrimination and plan for the future.

I have followed the success of the AIDS and You booklet since its launch by the British Medical Association in 1987. It has become a general source document used by teachers, health educators, and doctors and nurses in many

Contents
of Pack

countries. I am pleased that the second edition of the AIDS and You educational game will now ensure that information can reach children in the UK and abroad, and will help everyone in the 'school family' to respond to the challenges of AIDS and HIV infection.

Dr Kenneth C. Calman
Chief Medical Officer

December 1994

INFORMATION MODULE: What is AIDS and HIV?
(Poster and A4 photocopy master sheet)
The BMA AIDS and You booklet

GENERAL INFORMATION

CARD GAME

1. User guide/answer guidelines for staff and/or pupils
2. Two behaviour category cards headed 'Safe' and 'Unsafe' (four each)
3. Twenty-eight pictorial cards (four sets)
4. List of further resources available
 - Pamphlets, booklets and newsletters
 - Useful organisations and addresses
 - A Selection of books and resources on AIDS

COMPUTER GAME

1. Two disks
2. Installation instructions and user guide



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

comment. I am pleased that the second edition of the
AIDS and You educational game will now ensure that
information can reach children in the UK and abroad, and
will help everyone in the school family to respond to the
challenge of AIDS and HIV infection.

Dr Kenneth C. Calman
Chief Medical Officer

December 1992

**Contents
of Pack**

INFORMATION MODULE: What is AIDS and HIV?
(Poster and A4 photocopy master sheet)
The BMA *AIDS and You* booklet

GENERAL INFORMATION

CARD GAME

- 1 **User guide: answer guidelines for staff and/or pupils**
- 2 **Two behaviour category cards headed 'Safe' and Unsafe' (four sets)**
- 3 **Twenty-eight pictorial cards (four sets)**
- 4 **List of further resources available**
 - Pamphlets, leaflets and newsletters
 - Useful organisations and addresses
 - A Selection of books and resources on AIDS

COMPUTER GAME

- 1 **Two disks**
- 2 **Installation instructions and user guide**



DANIEL'S
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144



Information Module: What is AIDS and HIV?
(Units and AA program material sheet)
The AIDS and HIV booklet

GENERAL INFORMATION

CARD GAME

1. How to use the cards and the cards for each
player's cards
2. The behavior category cards headed
"Safe" and "Unsafe" (four sets)
3. Twenty-eight playing cards (four sets)
4. List of further resources available
• Factbook, facts and newsletters
• Local organizations and addresses
• A list of books and resources on AIDS

COMPUTER GAME

1. Two disks
2. Installation instructions and user guide

INTRODUCTION

USING THE AIDS AND YOU GAME

With the advent of AIDS in the UK in the mid-1980s the British Medical Association Board of Science and Education took a lead in producing HIV/AIDS education materials for health care workers, teachers and the public.

The emphasis in AIDS education needs to be on awareness of 'at risk' behaviour, so that young people can protect themselves. At the same time there is a need to allay these fears of transmission of the virus through 'safe' behaviour. It is vital to begin this education with young people before they become sexually active or place themselves at risk in other ways.

Under the Education Act 1986, the provision of sex education in schools was discretionary and a matter for the governors. Sex education is now compulsory in maintained secondary schools in England and Wales, as a result of Section 241 of the 1993 Education Act. In response to this legislation, the Department for Education has issued guidance to schools on sex education (DFE 5/94), and the need to address HIV/AIDS and other sexually transmitted diseases.

Section 241 of the 1993 Education Act, effective from August 1994 requires governors of maintained secondary schools to provide sex education, including education about HIV/AIDS and other sexually transmitted diseases to all registered pupils. It removes reference to AIDS, HIV, sexually transmitted diseases and aspects of human sexual behaviour other than biological aspects, from National Curriculum Science and parents have the right to withdraw pupils in all maintained primary and secondary schools from all, or part of, sex education that does not form part of the National Curriculum.





USING THE AIDS AND YOU GAME

With the advent of AIDS in the UK in the mid-1980s the British Medical Association Board of Science and Education took a lead in providing HIV/AIDS education to health care workers, teachers and the public.

The response to AIDS education needs to be on a wide scale, at risk of infection, so that young people can give their advice. At the same time there is a need to play their part in transmission of the virus through 'safe' behaviour. It is vital to begin this education with young people before they become sexually active or place themselves at risk in other ways.

Under the Education Act 1980, the provision of sex education in schools was compulsory and a matter for the governing body. This situation is now voluntary in maintained secondary schools in England and Wales as a result of Section 511 of the 1986 Education Act. In response to this legislation, the Department for Education has issued guidance to schools on sex education (DfE 2000) and the need to address HIV/AIDS and other sexually transmitted diseases.

Section 511 of the 1986 Education Act effective from August 1987 requires governors of maintained secondary schools to provide sex education, including education about HIV/AIDS and other sexually transmitted diseases, to all registered pupils. It removes reference to AIDS, HIV and sexually transmitted diseases and aspects of human sexuality from other than biological aspects from National Curriculum Science and parents have the right to withdraw pupils from all maintained primary and secondary schools from all or part of sex education that does not form part of the National Curriculum.

Governors of secondary schools no longer have the power to decide whether the school will provide sex education, but are required to consult with parents and others in developing a written policy explaining how and where sex education will be taught. This policy must be made available to parents, and regularly reviewed in the light of the views of pupils, staff and parents. The BMA is concerned about parents' rights to withdraw pupils from all or part of sex education as long as it is outside the National Curriculum.

AIDS and You Publication

Since the first publication in 1987, the AIDS and You booklet has been widely distributed throughout the United Kingdom and to many countries abroad, with translations in German, Japanese, Polish, Portuguese and Indonesian. The booklet is aimed at all levels of readership; it is also intended to help doctors, nurses and counsellors give essential information to those who are at risk or infected with the virus. Because of its straightforward and easy-to-read pictogram format it has been especially helpful for parents and teachers who need to discuss AIDS and HIV infection with their children. The booklet was awarded the 1987 Plain English Campaign, Health Education Award.

AIDS and You Game

This educational, non-competitive game developed from the booklet has, since publication in 1989, become an invaluable teaching resource for teachers, lecturers, youth workers, health educators, and many other professionals working with young people. The aim of the game is to develop awareness of safe and unsafe social and sexual behaviour and to allow discussion of the attitudes and feeling of participants. The game also helps to counter negative feelings about infected individuals.

Everyone enjoys playing games and they are an effective way to facilitate learning. Now the AIDS and You game is available in a revised computerised form which can be run on an IBM compatible PC school computer.



Education is a key component of the Government's strategy for health, The Health of the Nation. In the Secretary of State's view, sex education in secondary schools should encompass, in addition to the facts about human reproductive processes and behaviour, consideration of the broader emotional and ethical dimensions of sexual behaviour. It should include, at a point appropriate to the age and maturity of the pupils, education about HIV, AIDS and other sexually transmitted diseases.

The BMA AIDS and You game, in its original and now computerised form, should provide a flexible and effective tool to help teachers and other professionals to improve peoples' knowledge and understanding of the risks they face from HIV/AIDS and the choices they can make to ensure a healthy future.

Dr Sandy Macara
Chairman of Council
British Medical Association.

December 1994



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

Education is a key component of the Government's strategy for health. The Health of the Nation in the Secretary of State's view, sex education in secondary schools should encompass, in addition to the facts about human reproductive processes and behaviour, consideration of the broader emotional and ethical dimensions of sexual behaviour. It should include, at a point appropriate to the age and maturity of the pupils, education about HIV, AIDS and other sexually transmitted diseases.

The BSA AIDS and You game, in its original and now computerised form, should provide a flexible and effective tool to help teachers and other professionals to improve pupils' knowledge and understanding of the risks they face from HIV/AIDS and the choices they can make to ensure a healthy future.

Dr Sandy Mearns
Chairman of Council
British Medical Association
December 1994

PHOTOCOPIABLE RESOURCES FOR HEALTH EDUCATION

NOVEMBER



1994

• PHOTOCOPIABLE • READY FOR USE • CLEARLY DESIGNED

• TRIED AND TESTED • COST-EFFECTIVE • RING BOUND

HIV/AIDS AND SEXUAL HEALTH

- ☐ £32 AIDS & HIV for Healthcare Professionals provides useful background information.
- ☐ £38 AIDS Education Game: HIV Simulation 2nd Edition addresses attitudes and behaviour.
- ☐ £38♦ AIDS Facts 4th Edition (age 13 up) presents facts about AIDS for non-specialists and group leaders.
- ☐ £32 Biology of HIV and AIDS meets requirements for GCSE and A-Level courses.
- ☐ £20♦ NEW Condoms Across the Curriculum introduces condoms through courses such as science and history.
- ☐ £10 Condom Sample Pack (to be purchased with above).
- ☐ £45♦ NEW Contraception explores feelings on sexuality and contraception and provides detailed information.
- ☐ £38♦ Essentials of HIV and AIDS provides the basic facts about HIV/AIDS in an easy-to-use format.
- ☐ £38 Family Life Education considers the way society influences personal and sexual behaviour.
- ☐ £38♦ NEW HIV and AIDS Values focuses on feelings and values in relation to HIV and AIDS.
- ☐ £45♦ NEW HIV and Sex Education for Primary Children provides ideas for parents, teachers and other professionals needing to introduce children to accurate information.
- ☐ £38 HIV/AIDS: Telling the Children covers effective methods for informing school pupils about HIV.
- ☐ £38♦ HIV/AIDS Trainers' Resource provides detailed information and activities covering all aspects of HIV/AIDS.
- ☐ £38 Love and Sexual Relationships identifies the main issues that surround discussions about love and sex.
- ☐ £38 NEW Safer Sex Game is a board game that poses questions related to safe and unsafe sexual behaviour. (available 1995)
- ☐ A £45♦ Sex Education in Schools Study Materials A
- ☐ B £45♦ (age 11-14) and B (age 15 up) provide everything required to plan and teach sex education.
- ☐ A £38 Sex Facts A (age 10-14) and B (age 15-18) cover the biological aspects of reproduction.
- ☐ B £38
- ☐ £38♦ NEW Sexual Health, Assertiveness and HIV explores the ways in which assertiveness helps in negotiating safer sex.
- ☐ £38 STDFacts 2nd Edition (age 14 up) explains the biology of STDs and explores surrounding social issues.
- ☐ £25 NEW Support Materials for Sex Education Programme is a range of ready-to-use materials for governors and teachers involved in sex education.
- ☐ £55♦ NEW You, Me and HIV makes sense of safer sex for adults with learning difficulties by use of detailed text and explicit line drawings. (ring bound)

♦ Ringbound

DRUGS EDUCATION

- ☐ A £32 Alcohol Facts A (age 10-14) and B (age 15-19)
- ☐ B £32 encourage sensible attitudes towards drink.
- ☐ £38♦ Ecstasy and Drug Use: Learning Activities contains vital information about the illicit use of drugs.
- ☐ £38♦ Give Up Smoking For Good provides a clear, matter-of-fact account of the dangers of smoking and offers a step-by-step programme for giving up.
- ☐ £38♦ NEW Peer-Led Drug Education empowers young people to seek and interpret information and messages about drugs for themselves.
- ☐ A £32 Smoking Facts A (age 10-14) and B (age 15-19)
- ☐ B £32 consider the effects of smoking and explore why people smoke. (revised 3/94)
- ☐ £45♦ Solvents, Drugs and Young People places education about solvent sniffing firmly in the context of being young and includes a variety of activities.
- ☐ £45♦ NEW Understanding Drugs 2nd Edition (age 14 up) presents information and activities relating to drugs in a non-alarmist, easy-to-follow way.

HEALTH AWARENESS

- ☐ A £38 Biological and Medical Illustrations A and B
- ☐ B £38 contain unlabelled, highly-adaptable diagrams.
- ☐ £38 NEW Bug Wars (age 12 up), a game and resource, improves knowledge of infectious diseases including STDs.
- ☐ £38 Child Abuse covers the social, historical and moral issues surrounding child abuse.
- ☐ £38 Child Development covers the physical, mental and emotional development of babies and children.
- ☐ £32 Exercise Facts (age 12-15) contains self-assessment tests, fitness techniques and exercise plans.
- ☐ £32 Food Safety explains the importance of kitchen hygiene and the dangers of food poisoning and is supported by quizzes, wordsearches and written exercises.
- ☐ £38 Food Safety: Practical Investigations (age 12-18) offers exercises, experiments and detailed teaching notes.
- ☐ £32 Guide to Common Health Problems explains common medical problems in an A to Z format.
- ☐ £38♦ NEW Health and Safety at Home 2nd Edition (age 11-16) describes a wide range of health and safety problems.
- ☐ £38♦ Health Assessment provides a personal assessment of health covering heart, diet, cancer, smoking and exercise.
- ☐ A £32 Health Issues A and B (age 15 up) are for use by non-specialists. A defines health and illness while B considers stress, age, gender and diet in relation to health.
- ☐ B £32
- ☐ £32 Heart Facts (age 12-16) contains essential information about heart disease.
- ☐ £38 Living with Risk Game (age 14 up) based on the award winning BMA Guide to Living with Risk (copy included) looks at risks in an enjoyable and stimulating way.

- ☐ A £32 Nutrition, Health and Hygiene A (age 10-14) and B (age 15 up) help students analyse eating habits. A discusses hygiene and diet. B covers disease, dental health and self image.
- ☐ £32 Pollution and Health (age 16 up) explores the historical and social contexts of pollution.
- ☐ £38♦ Pregnancy, Childbirth and Care covers conception, childbirth and caring for babies.
- ☐ NEW £38 Raising Self-Esteem: 50 Activities describes a wide range of activities to encourage and enhance self-esteem.
- ☐ NEW £38 Relaxation Techniques contains a series of relaxation exercises and explains how to run a relaxation group.
- ☐ £32 Relaxation Using Yoga and Tai Chi demonstrates a range of exercises to relieve stress.
- ☐ £32 StressFacts (age 12-16) helps young people build the skills required to deal with stress.
- ☐ £50 Survive Stress provides a preventative approach to the management of stress. (comb bound)
- ☐ £32 Understanding Blood and the Immune System examines the functions of blood and circulation.
- ☐ A £32 Understanding Cancer A and B introduce issues surrounding cancer.
- ☐ B £32
- ☐ £38♦ Understanding Learning Disabilities explores the major issues in the field of learning disabilities.
- ☐ NEW £38 Understanding Mental Health provides information about difficulties surrounding mental health. (available Winter 94)
- ☐ NEW £32 Understanding Your Body (age 8-13) gives an overview of the body and its functions.
- ☐ £32 Viruses and Viral Diseases discusses viral characteristics, transmission and control of disease.

SELF DEVELOPMENT

- ☐ £32 Applying for Courses at Universities provides students and parents with a summary of the decisions they face and the alternatives available. (revised 3/94)
- ☐ A £32 Counselling Skills For Schools and Colleges A and B (age 13-19): A introduces counselling while B explains further strategies and skills.
- ☐ B £32
- ☐ £38♦ Developing Peer Counselling Skills (age 14-18) introduces the skills needed to become a good listener.
- ☐ NEW £38♦ Drama and Personal and Social Education provides a wide range of ideas which encourage the development of personal skills.
- ☐ NEW £45♦ Grief, Bereavement and Change (age 13 up) deals with loss in an open and sensitive way by use of drama-based workshops.
- ☐ £38♦ How To Set Up a PSE Programme offers a comprehensive, step-by-step guide to planning and implementing a personal and social education policy.
- ☐ NEW

- ☐ £38♦ Personal Relationships is a versatile teaching resource which examines the nature of relationships from a personal and social perspective.
- ☐ NEW
- ☐ £38 Revision and Exam Techniques 2nd Edition (age 14 up) explains how to manage study time and organise revision sessions.
- ☐ £38♦ Rights and Responsibilities explores social, economic and political rights in modern Britain.
- ☐ NEW
- ☐ A £32♦ Self-Esteem A and B (age 5-14) shows how to enhance children's self-esteem and behaviour.
- ☐ B £32♦ A covers self-worth, friendship and cooperation while B covers challenges and risks.
- ☐ £38 Streetwise: Education For Citizenship (age 14-19) examines the social problems which can threaten the physical and mental well-being of young people.
- ☐ £38♦ Study and Learning Skills (age 16-18) discusses learning methods and provides advice on study skills.
- ☐ £38♦ Using Peer Counselling Skills (age 14-18) deals with specific problems students face such as peer pressure and family problems.
- ☐ NEW

PROFESSIONAL DEVELOPMENT

- ☐ £55♦ Active Listening: A Counselling Skills Approach introduces developmental counselling and places emphasis on relationship building.
- ☐ NEW
- ☐ £55♦ Body Language explores the interpretation and effective use of non-verbal messages.
- ☐ £55♦ Countering Sexual Harassment focuses on education for dealing with and eliminating sexual harassment.
- ☐ NEW
- ☐ £55♦ Developing Assertiveness Skills 2nd Edition encourages self-esteem and self-confidence.
- ☐ NEW
- ☐ £55♦ Effective Publicity Skills 2nd Edition helps organisations get their message across by examining the role of the media.
- ☐ NEW
- ☐ £55♦ Effective Training Skills takes the trainer through a logical sequence of steps including theory, examples, exercises and checklists.
- ☐ £55♦ Exploring Equal Opportunities examines discrimination, stereotyping and language.
- ☐ NEW
- ☐ £55♦ Get That Job! takes prospective candidates through the whole job application process.
- ☐ £55♦ How to Interview provides an invaluable guide to the process of staff selection.
- ☐ £55♦ Managing Your Time identifies key problem areas and shows how time can be saved.
- ☐ £55♦ Power in the Workplace helps neutralise power struggles which can demoralise working environments.
- ☐ NEW
- ☐ £45♦ The Assertiveness Game provides a light-hearted approach to assertiveness in a photocopiable game format.
- ☐ NEW

♦ Ringbound

PHOTOCOPIABLE RESOURCES FOR HEALTH EDUCATION

Name
 Job Title
 Organisation
 Address
 Postcode
 Tel No.
 Fax

POSTAGE & PACKING

Please add 5% for postage, packing and insurance. Minimum charge £3.50. Overseas postage is subject to individual requirements and will be added to your invoice.

SUB-TOTAL:

P&P:

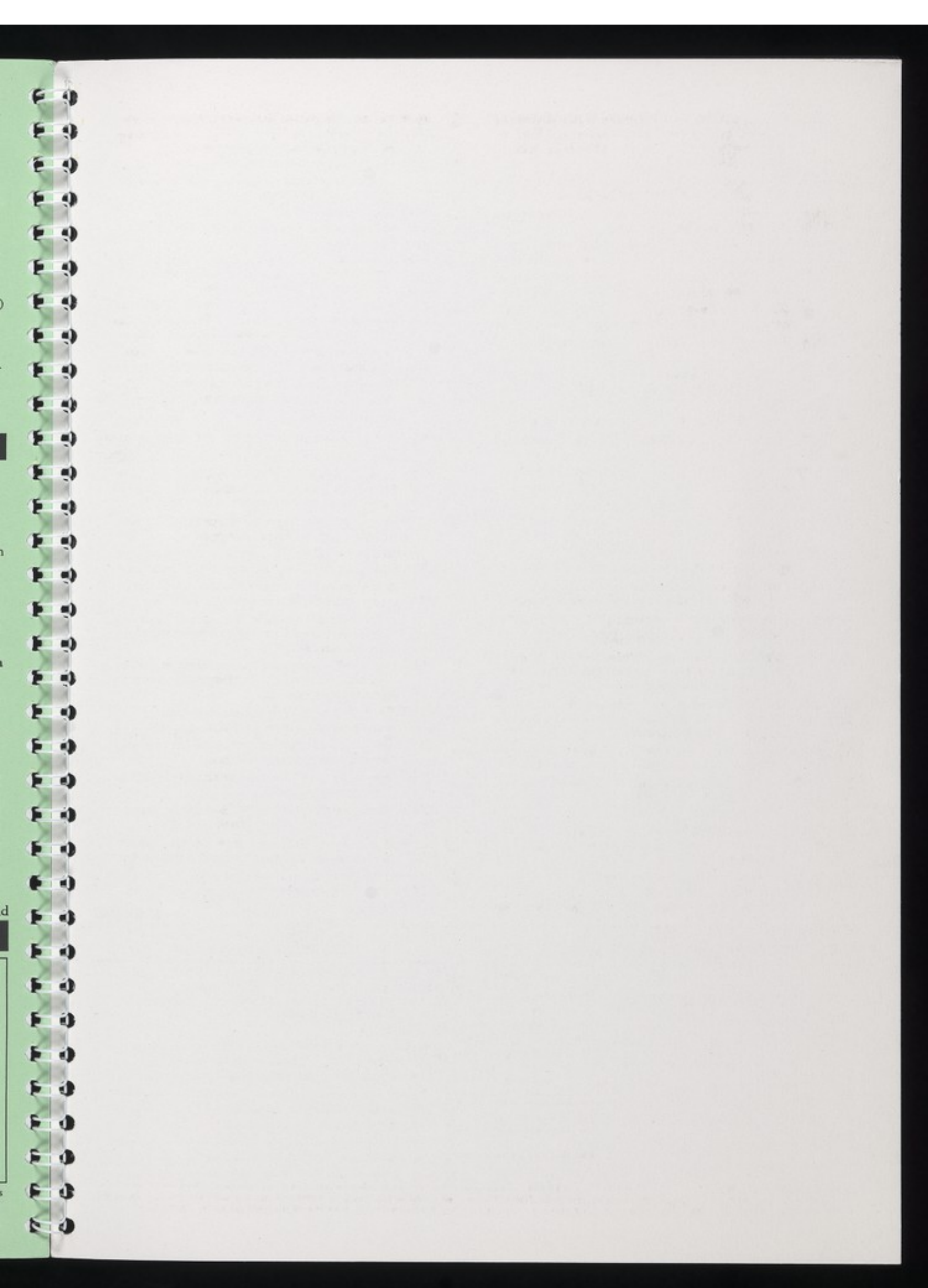
TOTAL:

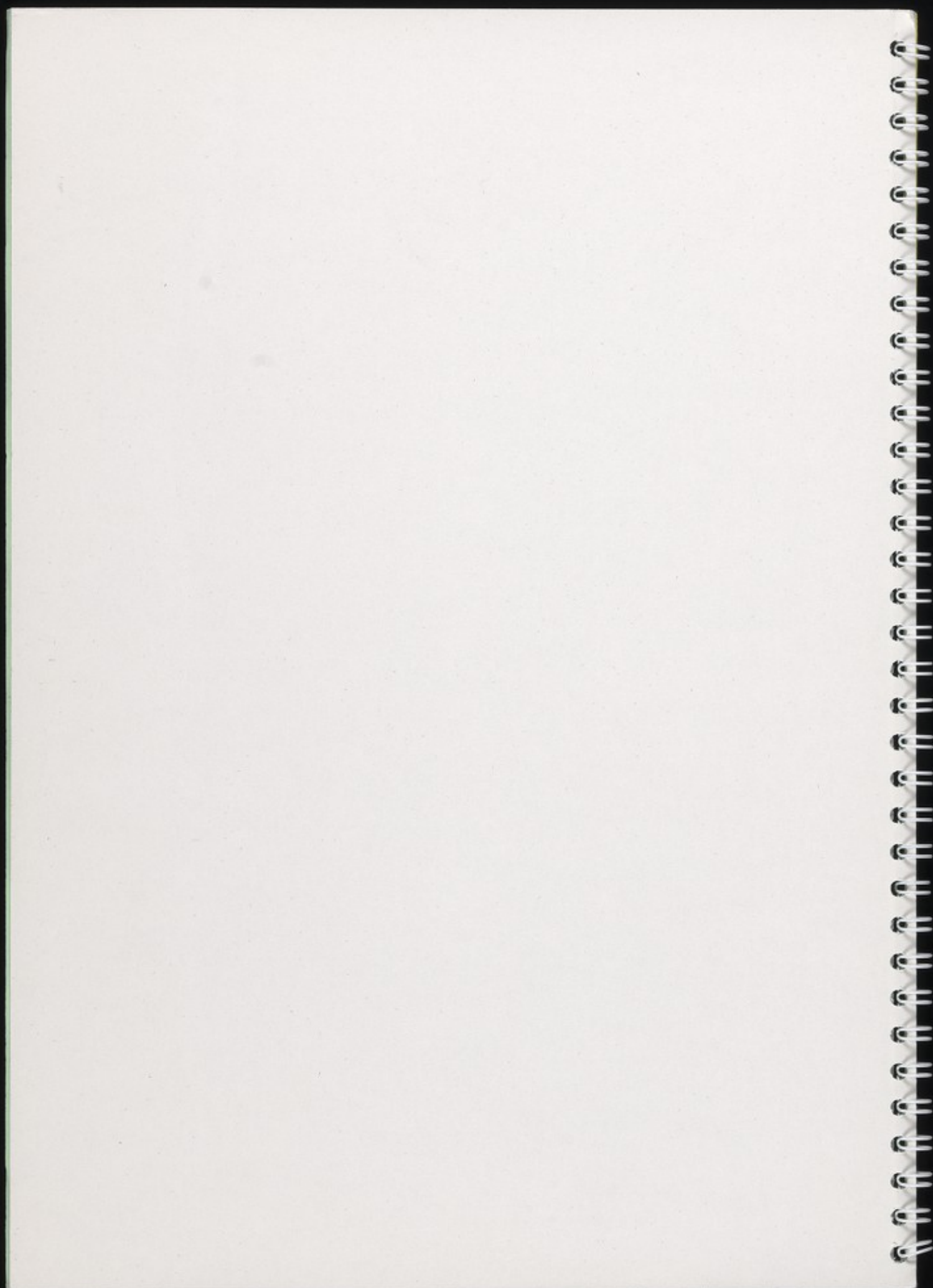
TO PLACE AN ORDER SIMPLY TICK BOXES ABOVE AND:

POST this form to Daniels Publishing, 38 Cambridge Place, Cambridge CB2 1NS, PHONE 0223 467144 to order by credit card or FAX 0223 467145 (24 hr).

PAYMENT

- ☐ I enclose a cheque payable to Daniels Publishing for £
- ☐ Please invoice me. My official order number is
- ☐ I authorise you to charge my Access/Visa/MasterCard for £
- My Account Number is
- Card Expiry Date
- Signature..... Date
- Address of Card Holder.....





DANIELS
PUBLISHING



AIDS AND YOU GAME

2ND EDITION

**West Sussex
District Health
Authority**

**British Medical
Association**





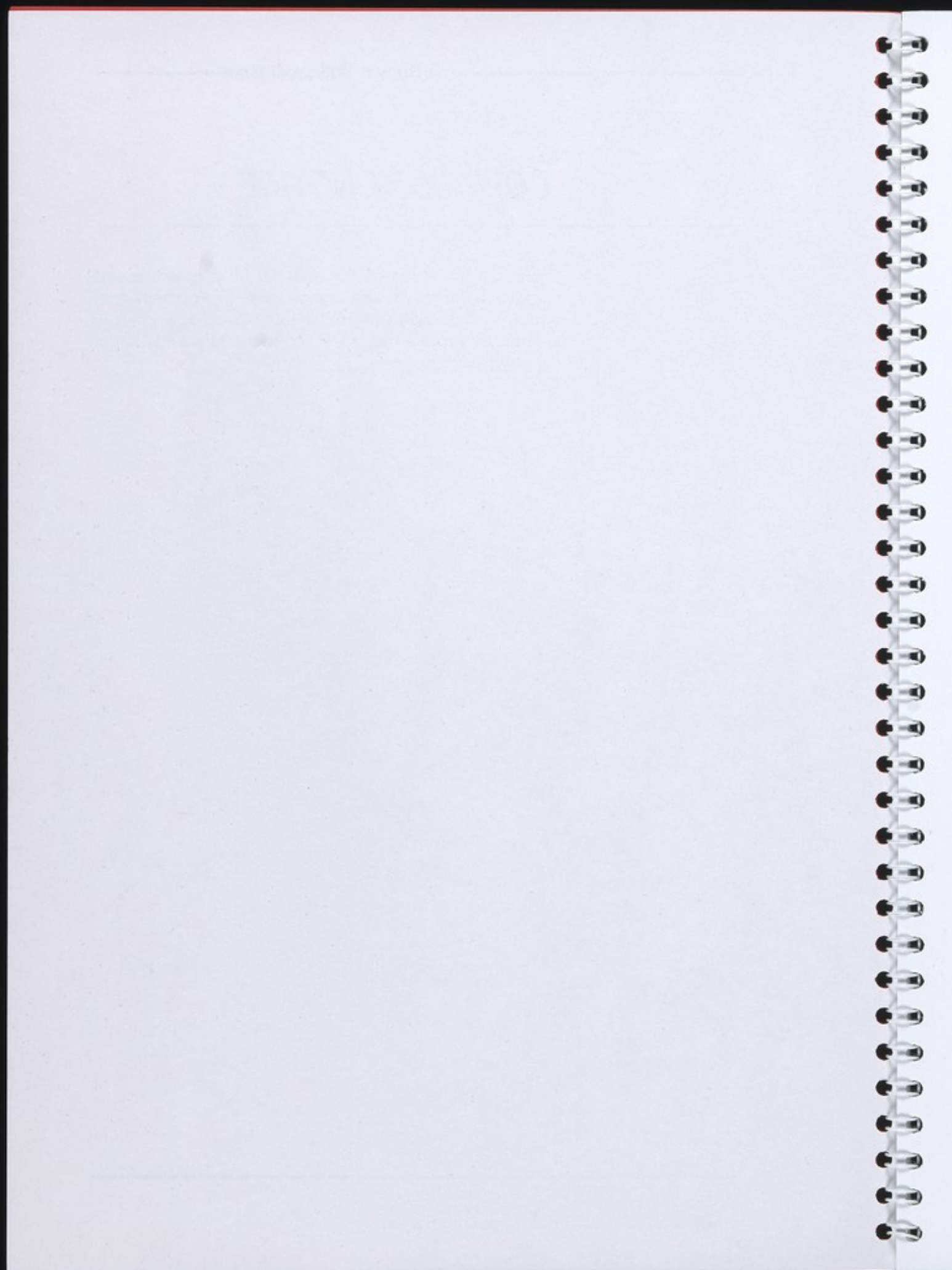
COPYRIGHT NOTICE

Copyright is waived on the material in this resource for use within the purchasing organisation. The material may not be reproduced in any other form or used specifically to generate profit without the prior written permission of the publishers.



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144





HOW TO PLAY THE GAME

How to play the game1

Useful resources5

Safe and Unsafe - The information about safe and unsafe sex can be used before the game is played or during the concluding exercise.

Exercise 1

Ask the class to discuss each pictorial card and to decide which category - 'Safe' or 'Unsafe' - it should come under and why. Place the card under the appropriate heading and move onto the next card.

Exercise 2

Ask the class to review the cards from the point of view of someone who is HIV positive and infected with the virus. In this situation 'Unsafe' means not just for oneself but for other people as well. The group must make a note of any cards which they feel should change category before moving them.

Exercise 3

Ask the class how easy they found the task and which cards they found the most difficult to agree upon. Discuss the reasons for this. Give the correct answers along with reasons, and discuss any uncertainties.



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144



How to play the game

Using markers



HOW TO PLAY THE GAME

Divide the class into small groups of between four and eight individuals. Each group needs 28 pictorial cards and two behaviour category cards headed 'Safe' and 'Unsafe'. The information sheet (A4) can be used before the game is played or during the concluding exercise.

Exercise 1

Ask the class to discuss each pictorial card and to decide which category – 'Safe' or 'Unsafe' – it should come under and why. Place the card under the appropriate heading and move onto the next card.

Exercise 2

Ask the class to review the cards from the point of view of someone who is HIV positive and infected with the virus. In this situation 'Unsafe' means not just for oneself but for other people as well. The group must make a note of any cards which they feel should change category before moving them.

Exercise 3

Ask the class how easy they found the task and which cards they found the most difficult to agree upon. Discuss the reasons for this. Give the correct answers along with reasons, and discuss any uncertainties.





HOW TO PLAY THE GAME

Divide the class into small groups of between four and eight individuals. Each group needs 25 pictorial cards and two behaviour category cards headed 'Safe' and 'Unsafe'. The Information sheet (A4) can be used before the game is played or during the card-shuffling exercise.

Exercise 1

Ask the class to discuss each pictorial card and to decide which category - 'Safe' or 'Unsafe' - it should come under and why. Place the card under the appropriate heading and move onto the next card.

Exercise 2

Ask the class to review the cards from the point of view of someone who is HIV positive and infected with the virus. In this situation 'Unsafe' means not just the oneself but for other people as well. The group must make a note of any cards which they feel should change category before moving them.

Exercise 3

Ask the class how easy they found the task and which cards they found the most difficult to agree upon. Discuss the reasons for this. Give the correct answers along with reasons, and discuss any wrong answers.

Exercise 4

Ask each group:

- Which cards were of most concern to you?
- Do you now feel more knowledgeable about how the virus is transmitted?
- What have you learned from the game?

Note: The Information Module can be used to summarise and reinforce the facts about the virus and extension work is available in the *AIDS and You* booklet, page 50.



Exercise 4

Ask each group:

- Which cards were of most interest to you?
- Do you now feel more knowledgeable about how the virus is transmitted?
- What have you learned from the game?

Note: The information sheets can be used to reinforce and reinforce the facts about the virus and extension work is available in the AIDS and You booklet page 52.

SAFE



Shaking hands



Crying



Touching with someone with AIDS or HIV



Social kissing



Eating in restaurants



Visiting the doctor



Sharing a toilet



Sharing cups



Visiting the dentist



Sharing cups cutlery or towels



Having a body massage or non-sexual body contact



Visiting hospital



Sharing bed linen



Donating blood



Sharing sports equipment



Sharing a house flat or workplace with a person with AIDS



Coughing and sneezing



Donating sperm



Sharing food



Giving blood or donating any part of the body



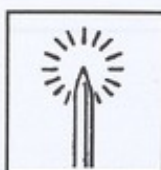
Having a baby



SAFE

Touching with someone with AIDS or HIV		Crying		Shaking hands	
Visiting the doctor		Eating in restaurants		Swimming	
Visiting the dentist		Sharing cups		Sharing a toilet	
Visiting hospital		Having a body transfer or non-sexual body contact		Sharing cups, cutlery or towels	
Sharing sports equipment		Donating blood		Sharing food items	
Donating spinal		Coughing and sneezing		Sharing a house for or workplace with a person with AIDS	
Having a baby		Giving blood or donating any part of the body		Sharing food	

UNSAFE



Unclean needles
(not sterile) that
pierce the skin



Sharing needles and
equipment if using drugs



Sharing sex toys



Having unprotected sex



Engaging in
sex acts which
tear or cut the
skin



Inexperienced/unqualified
tattooing or ear-piercing,
e.g. at school



Mixing blood in a blood
brother/sister relationship

These activities should be placed under the unsafe category in Exercise 2 for someone who is HIV positive.



Donating blood



Having a baby



Donating sperm to
a sperm bank



Giving blood or donat-
ing any part of the body

This exercise encourages scope for discussion as it can be argued that anyone donating parts of their body or body fluids would be tested first for HIV antibodies.



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

UNSAFE

 <p>Sharing needles and equipment is unsafe</p>	 <p>Using needles that are not sterile is unsafe</p>
 <p>Having unprotected sex is unsafe</p>	 <p>Sharing sex toys is unsafe</p>
 <p>Sharing blood or body fluids is unsafe</p>	 <p>Sharing blood or body fluids is unsafe</p>
 <p>Having sex in a public place is unsafe</p>	

These activities should be placed under the unsafe category in Exercise 2 for someone who is HIV positive.

 <p>Having a baby</p>	 <p>Having sex</p>
 <p>Giving blood or body fluids to another person</p>	 <p>Having sex with a condom</p>

This exercise encourages people to discuss as it can be argued that anyone
having sex with a partner who is HIV positive would be tested first for HIV and
therefore be safe.

USEFUL RESOURCES

Pamphlets, Leaflets and Newsletters General Information Leaflets and Small Pamphlets

AIDS Project
World Health Organization
Avenue Appia
Geneva 27
Switzerland

AIDS Newsletter
(20 issues a year)
AIDS and Retroviruses Update
(aimed at Doctors and Scientists)
Bureau of Hygiene & Tropical
Diseases
CAB International
56 Queen's Gate,
London SW7 5JR

The AIDS Letter
Bi-monthly subscription
Newsletter covering all aspects
of AIDS and HIV.
Royal Society of Medicine
1 Wimpole Street
London W1M 8AE

AIDS Prevention News
David Panter
Islington Health Education Dept
Royal Northern Hospital
Holloway Road
London N7 6LD

AIDS The Facts
National Union of Students
461 Holloway Road
London N7 6LJ

AIDS and Related Issues
Mental Health Film Council
30 Harrow Road
London W9 2HU

AIDS and the Third World
The Panos Institute
8 Alfred Place
London WC1E 7EB

**AIDS: How Drug Users can
Avoid it**
Standing Conference on
Drug Abuse
1-4 Hatton Place
Hatton Garden
London EC1N 8ND

AIDS is Everyone's Problem
AVERT
PO Box 91
Horsham
West Sussex RH13 7YR

**AIDS: What it means for
Young People**
Welsh AIDS Campaign
PO Box 348
Cardiff

Unison Guidelines
For health staffs dealing with
patients suffering from AIDS or
with HIV.

Women and AIDS
Women's Reproductive Rights
Information
52-54 Featherstone Street
London EC1Y 8RT

**Housing Advice for Young
People with AIDS**
Piccadilly Advice Centre
100 Shaftesbury Avenue
London W1V 7DH

Use a Condom
Brooke AIDS Concern
Brooke Advisory Centre
24 Albert Street
Birmingham B4 7UD

AIDS and the Condom
Durex Information Services

Don't Die of Ignorance
DHSS leaflet from HMSO or
Department of Health
Alexander Fleming House
Elephant and Castle
London SE1 5BY

AIDS and Employment
DOE/DOH pamphlet
Guide to a Healthy Sex Life
Some Facts about AIDS
What Everybody Needs to Know
AIDS Resource List
AIDS Survey (2 vols)
Health Education Authority
Hamilton House
Mabledon Place
London WC1

**AIDS and Sex: What Everyone
Should Know**
**The AIDS Problem in
Scotland: What Everyone
Should Know**
Scottish Health Education
Group
Woodburn House
Canaan Lane
Edinburgh
EH10 4SG

**Barrier Methods: How to Use a
Sheath**
Family Planning Association
Information Service
27-35 Mortimer Street
London W1N 7RJ



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

USEFUL ORGANISATIONS AND ADDRESSES

AIDS Information Service
(Literature only) 0800 555777

**AVERT (AIDS Virus Education
and Research Trust)**
PO Box 91
Horsham
West Sussex
RH13 7YR
01403 864010

Blackliners
PO Box 493
London W12 9JY
0171 727 8384
Run and managed by black people to advise,
inform and help on issues relating to HIV/AIDS
and provides counselling, advice on immigra-
tion, employment, housing and welfare benefits
to black people. Monday to Friday 11am-6pm;
Saturdays 4pm-6pm

Body Positive
PO Box 493
London W14 0TF
0171 373 9124 7pm-10pm daily
Administration: 0171 835 1045
Offers support to people who are antibody
positive.

Brook Advisory Centres
Head Offices
153a East Street
London SE17 2SD
0171 708 1234
National network of young people's advisory
centres. Contraception, pregnancy testing,
counselling etc.

**Brook Advisory Centres Education and
Publications Unit**
10 Albert Street
Birmingham B4 7UD
0121 643 1554
Produces and distributes teaching aids and edu-
cational material about personal relationships,
sex and contraception.

Childline
0800 1111
A free 24-hour advice and counselling telephone
service for any child in trouble or in danger.

Family Planning Association
27-35 Mortimer Street
London W1N 7RJ
0171 636 7866
Comprehensive information service on sexuality,
health and family planning. Produces free
leaflets, factsheets and posters. Book centre has
mail order service. Eleven regional centres
throughout the country.

FPA Education Unit
27-35 Mortimer Street
London W1N 7RJ
0171 636 7866
Offers training courses for professionals in per-
sonal relationships and sexuality. Also runs film
and resource days and has a range of resources
for sale or hire.

Gay Switchboard
BM Switchboard
London WC1N 3XX
0171 837 7234 (24 hour service)
Confidential help, advice and counselling for gay
people or people who think that they may be
gay. London switchboard can give numbers of
local switchboards. Information on groups,
clubs, discos, etc.

Haemophilia Society
123 Westminster Bridge Road
London SE1 7HR
0171 928 2020
Offers support and advice to people who have
haemophilia and their partners and families.

Health Education Authority
Hamilton House
Mabledon Place
London WC1
0171 383 3833
Has a comprehensive resources and reference
library of books and journals. Publishes free
resource lists.

London Lesbian and Gay Switchboard
Box BM Switchboard
London WC1N 3XX
0171 837 7324 (24-hour service)
Offers information, support, and advice to
women. There are many local groups and the
address and telephone number can be acquired
by ringing the London number.



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

A Selection of Books and Resources on AIDS

London Lighthouse
111-117 Lancaster Road
London W11 1QF
0171 229 1258
26 bed hospice. Support and counselling service for newly diagnosed AIDS patients.

National Association of Young People's Counselling and Advice Centres (NAYPCAS)
17-23 Albion Street
Leicester LE1 6GD
0116 2554775
Information about youth counselling and advice services.

National Association of Citizens Advice Bureau
115-123 Pentonville Road
London N1 9LZ
0171 833 2181

National AIDS Helpline
0800 567123 (free of charge)
Open 24 hours a day, seven days a week.
Vistel Service for the deaf 0800 521361
Cantonese and Mandarin Chinese 0800 282446
Punjabi, Bengali, Hindi, Urdu, Gujarati 0800 282445
Arabic 0800 282447

National AIDS Trust
Room 1403
286 Euston Road
London NW1 3DN
0171 388 1188
Coordinating body for voluntary activities, fund raising and distribution of funds.

National Association of AIDS/HIV Workers
AIDS Strategy Coordinator
Civic Centre
Lampton Road
Hounslow
Middlesex
0171 570 7728 Ext 3273

NOVAH: Network of Voluntary Organisations in AIDS/HIV
PO Box 5000
Glasgow
G12 9BL
0141 357 3789, fax 0141 334 1357
A network of about 70 voluntary groups establishing a central information unit.

SCODA: Standing Conference on Drug Abuse
1-4 Hatton Place
Hatton Garden
London EC1N 8ND
0171 430 2341 or FREEPHONE Drug Problems.
Encourages cooperation between agencies working with drug abusers.

Scottish Health Education Group (SHEG)
Woodburn House
Canaan Lane
Edinburgh EH10 4SG
0131 447 8044
Has a comprehensive resources and reference library of books and journals. Publishes free resource lists.

Terrence Higgins Trust
52-54 Grays Inn Road
London WC1X 8JU
0171 242 1010. Operates AIDS helpline 3pm-10pm every day.
Administration: 0171 831 0330.
Offers leaflets and posters, telephone counselling and information service to people with HIV or AIDS, and their friends and family, as well as to teachers and professionals. It also sets up support groups for people with the virus and for professionals working in this field.
FRONTLINERS group is run by and for people with AIDS, BUDDYING service by trained volunteers.



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

...

...

...

...

A Selection of Books and Resources on AIDS

ABC of AIDS: The Facts and the Future

ed. by M W Adler. BMJ 1990.

Readership: General.

A short attractive collection of review articles that originally appeared in the BMJ. Well illustrated and easy-to-read.

AIDS: The Local Authority

by A Bebbington and P Warren, University of Kent Personal Social Services Research Unit, Canterbury 1988.

Readership: General.

An overview of HIV infection and AIDS seen from the point of view of the NHS Local Authority.

AIDS and You : An Illustrated Guide

British Medical Association 1987. 72pp.

Readership: General.

A sort of visual view of AIDS and its many aspects. A good idea and has already won acclaim.

AIDS

by C A Carne. British Medical Association 1987. 35pp.

Readership: General.

A short, well-presented, and readable pocket book that serves as a trusty starter.

AIDS: Planning Local Services

ed. by P Clarkson. Kings Fund Centre 1987. 48pp.

Readership: General and administrators.

Report of a conference held in April 1987. Includes topics such as local service strategies and dealing with discrimination and prejudices.

AIDS Lecture Notes

by C Collier. Cambridge Science Books 1988. 54pp.

Readership: General

A set of 'off-the-shelf' lecture notes and illustrations for those involved in teaching and training. Aimed at the beginner. This is a very useful resource.

Teenage Information on AIDS

by Chambers Publishers, Edinburgh.

AIDS: Questions and Answers

2nd edition by V G Daniels. Cambridge Medical Books 1987. 116pp

Readership: General.

An easy-to-read, and reliable guide more for the beginner than the expert. It provides wide coverage and contains useful appendices on health resources and key addresses.

AIDS: The Acquired Immune Deficiency Syndrome

2nd edition by V G Daniels. MTP Press Ltd 1987. 188pp.

Readership: General.

A comprehensive and readable account that is aimed at the non-specialist. Thoroughly updated and revised this title remains a standard reference for those wishing to learn about AIDS.

AIDS: Etiology, Diagnosis, Treatment and Prevention

2nd edition ed. by V T Devita, S Hellman and S A Rosenberg. J B Lippincott Co 1988. 352pp.

Readership: Postgraduate.

A superb collection of articles that deal with the scientific issues which are crucial to combatting AIDS and HIV infection. All libraries should have a copy.

Working with Uncertainty:**A Handbook for Those Involved in Training on HIV and AIDS**

by H Dixon and P Gordon. FPA Education Unit and Cambridge AIDS Education Unit 1988.

Readership: General.

A useful resource and handbook for those who require background information to help with teaching and training.

AIDS and Young People

by P Dixon. Kingsway 1989.

A Colour Atlas of AIDS

2nd edition by C F Farthing, S E Brown, R C D Staughton. Wolfe/Yearbook 1988. 120pp.

Readership: General/Postgraduate.

A very useful title in the excellent Wolfe Colour Atlas series. The diagrams and colour photographs are very good but a bit more text is still needed.

Living with AIDS: A Guide to Survival by People with AIDS

Frontliners 1987. 40pp.

Readership: General and people with AIDS.

Written by a group of people with AIDS called Frontliners. This short book provides practical advice. Attractive use of graphics and illustrations.

**DANIELS**
PUBLISHING38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

AIDSFACTS: Educational Material on AIDS for Teachers and Students

4th Edition by I Harvey and M Reiss.

Daniels Publishing (1992)

Readership: General.

An excellent collection of teaching material for 13-19 year olds. The pack employs a range of teaching methods and copyright has been waived to allow class photocopying. Has proved very popular with health care workers. Also available by the same authors *The Biology of HIV and AIDS* and *AIDS and HIV for Healthcare Professionals*

Living with AIDS and HIV

by D Miller. Macmillan 1987. 136pp.

Readership: People with AIDS and HIV.

An excellent practical manual that provides a background on the medical aspects and the psychological adjustments that may need to be made.

AIDS: A Guide to Clinical Counselling

Revised edition by R Miller and R Bor. Science Press 1988. 120pp.

Readership: Counsellors and Health Professionals.

The first AIDS book solely devoted to counselling - now reprinted and updated. A sound practical handbook on the psycho-social management of AIDS patients, their families and contacts.

AIDS: A Strategy for Nursing Care

2nd edition by R J Pratt. Edward Arnold 1988.

133pp.

Readership: Nurses.

A good synthesis of information that develops a behavioural model, 'Strategic Nursing Care'.

Of use to both the nurse at the bedside and nurse managers who need to plan hospital resources for people with AIDS.

HIV and AIDS: What Every Tutor Needs to Know by R Rogers. Longman 1990.

And the Band Played On

by R Shilts. Penguin 1988. 636pp.

Readership: General.

A superb and eminently readable paperback by a journalist who has followed and documented the history of AIDS in America. He takes several swipes at the US government.

A Survey of AIDS Education in Secondary Schools by D Stears and S Clift. AVERT 1990.

AIDS: Therapeutics in HIV Disease

by M Youle, J Clarbour, P Wade and C Farthing. Churchill Livingstone 1988. 162pp.

Readership: Postgraduate.

A smashing little pocket book that deals specifically with the therapeutic management of patients with HIV/AIDS. Contains a valuable drug appendix.



DANIELS
PUBLISHING

38 Cambridge Place,
Cambridge CB2 1NS, UK
Telephone 01223 467144

PHOTOCOPIABLE RESOURCES FOR HEALTH EDUCATION

NOVEMBER

1994



• PHOTOCOPIABLE • READY FOR USE • CLEARLY DESIGNED

• TRIED AND TESTED • COST-EFFECTIVE • RING BOUND

HIV/AIDS AND SEXUAL HEALTH

- ☐ £32 AIDS & HIV for Healthcare Professionals provides useful background information.
- ☐ £38 AIDS Education Game: HIV Simulation 2nd Edition addresses attitudes and behaviour.
- ☐ £38♦ AIDS Facts 4th Edition (age 13 up) presents facts about AIDS for non-specialists and group leaders.
- ☐ £32 Biology of HIV and AIDS meets requirements for GCSE and A-Level courses.
- ☐ £20♦ NEW Condoms Across the Curriculum introduces condoms through courses such as science and history.
- ☐ £10 Condom Sample Pack (to be purchased with above).
- ☐ £45♦ NEW Contraception explores feelings on sexuality and contraception and provides detailed information.
- ☐ £38♦ Essentials of HIV and AIDS provides the basic facts about HIV/AIDS in an easy-to-use format.
- ☐ £38 Family Life Education considers the way society influences personal and sexual behaviour.
- ☐ £38♦ NEW HIV and AIDS Values focuses on feelings and values in relation to HIV and AIDS.
- ☐ £45♦ NEW HIV and Sex Education for Primary Children provides ideas for parents, teachers and other professionals needing to introduce children to accurate information.
- ☐ £38 HIV/AIDS: Telling the Children covers effective methods for informing school pupils about HIV.
- ☐ £38♦ HIV/AIDS Trainers' Resource provides detailed information and activities covering all aspects of HIV/AIDS.
- ☐ £38 Love and Sexual Relationships identifies the main issues that surround discussions about love and sex.
- ☐ £38 NEW Safer Sex Game is a board game that poses questions related to safe and unsafe sexual behaviour. (available 1995)
- ☐ A £45♦ Sex Education in Schools Study Materials A
- ☐ B £45♦ (age 11-14) and B (age 15 up) provide everything required to plan and teach sex education.
- ☐ A £38 Sex Facts A (age 10-14) and B (age 15-18) cover the biological aspects of reproduction.
- ☐ B £38 Sexual Health, Assertiveness and HIV explores the ways in which assertiveness helps in negotiating safer sex.
- ☐ £38 STD Facts 2nd Edition (age 14 up) explains the biology of STDs and explores surrounding social issues.
- ☐ £25 NEW Support Materials for Sex Education Programme is a range of ready-to-use materials for governors and teachers involved in sex education.
- ☐ £55♦ NEW You, Me and HIV makes sense of safer sex for adults with learning difficulties by use of detailed text and explicit line drawings. (ring bound)

♦ Ringbound

DRUGS EDUCATION

- ☐ A £32 Alcohol Facts A (age 10-14) and B (age 15-19)
- ☐ B £32 encourage sensible attitudes towards drink.
- ☐ £38♦ Ecstasy and Drug Use: Learning Activities contains vital information about the illicit use of drugs.
- ☐ £38♦ Give Up Smoking For Good provides a clear, matter-of-fact account of the dangers of smoking and offers a step-by-step programme for giving up.
- ☐ £38♦ NEW Peer-Led Drug Education empowers young people to seek and interpret information and messages about drugs for themselves.
- ☐ A £32 Smoking Facts A (age 10-14) and B (age 15-19)
- ☐ B £32 consider the effects of smoking and explore why people smoke. (revised 3/94)
- ☐ £45♦ Solvents, Drugs and Young People places education about solvent sniffing firmly in the context of being young and includes a variety of activities.
- ☐ £45♦ NEW Understanding Drugs 2nd Edition (age 14 up) presents information and activities relating to drugs in a non-alarmist, easy-to-follow way.

HEALTH AWARENESS

- ☐ A £38 Biological and Medical Illustrations A and B
- ☐ B £38 contain unlabelled, highly-adaptable diagrams.
- ☐ £38 NEW Bug Wars (age 12 up), a game and resource, improves knowledge of infectious diseases including STDs.
- ☐ £38 Child Abuse covers the social, historical and moral issues surrounding child abuse.
- ☐ £38 Child Development covers the physical, mental and emotional development of babies and children.
- ☐ £32 Exercise Facts (age 12-15) contains self-assessment tests, fitness techniques and exercise plans.
- ☐ £32 Food Safety explains the importance of kitchen hygiene and the dangers of food poisoning and is supported by quizzes, wordsearches and written exercises.
- ☐ £38 Food Safety: Practical Investigations (age 12-18) offers exercises, experiments and detailed teaching notes.
- ☐ £32 Guide to Common Health Problems explains common medical problems in an A to Z format.
- ☐ £38♦ NEW Health and Safety at Home 2nd Edition (age 11-16) describes a wide range of health and safety problems.
- ☐ £38♦ Health Assessment provides a personal assessment of health covering heart, diet, cancer, smoking and exercise.
- ☐ A £32 Health Issues A and B (age 15 up) are for use by non-specialists. A defines health and illness while B considers stress, age, gender and diet in relation to health.
- ☐ B £32 Heart Facts (age 12-16) contains essential information about heart disease.
- ☐ £38 Living with Risk Game (age 14 up) based on the award winning BMA Guide to Living with Risk (copy included) looks at risks in an enjoyable and stimulating way.

- ☐ A £32 Nutrition, Health and Hygiene A (age 10-14) and
- ☐ B £32 B (age 15 up) help students analyse eating habits. A discusses hygiene and diet. B covers disease, dental health and self image.
- ☐ £32 Pollution and Health (age 16 up) explores the historical and social contexts of pollution.
- ☐ £38♦ Pregnancy, Childbirth and Care covers conception, NEW childbirth and caring for babies.
- ☐ £38 Raising Self-Esteem: 50 Activities describes a wide NEW range of activities to encourage and enhance self-esteem.
- ☐ £38 Relaxation Techniques contains a series of relaxation exercises and explains how to run a relaxation group.
- ☐ £32 Relaxation Using Yoga and Tai Chi demonstrates a range of exercises to relieve stress.
- ☐ £32 StressFacts (age 12-16) helps young people build the skills required to deal with stress.
- ☐ £50 Survive Stress provides a preventative approach to the management of stress. (comb bound)
- ☐ £32 Understanding Blood and the Immune System examines the functions of blood and circulation.
- ☐ A £32 Understanding Cancer A and B introduce issues
- ☐ B £32 surrounding cancer.
- ☐ £38♦ Understanding Learning Disabilities explores the NEW major issues in the field of learning disabilities.
- ☐ £38 Understanding Mental Health provides NEW information about difficulties surrounding mental health. (available Winter 94)
- ☐ £32 Understanding Your Body (age 8-13) gives an overview of the body and its functions.
- ☐ £32 Viruses and Viral Diseases discusses viral characteristics, transmission and control of disease.

SELF DEVELOPMENT

- ☐ £32 Applying for Courses at Universities provides students and parents with a summary of the decisions they face and the alternatives available. (revised 3/94)
- ☐ A £32 Counselling Skills For Schools and Colleges A and
- ☐ B £32 B (age 13-19): A introduces counselling while B explains further strategies and skills.
- ☐ £38♦ Developing Peer Counselling Skills (age 14-18) NEW introduces the skills needed to become a good listener.
- ☐ £38♦ Drama and Personal and Social Education NEW provides a wide range of ideas which encourage the development of personal skills.
- ☐ £45♦ Grief, Bereavement and Change (age 13 up) deals NEW with loss in an open and sensitive way by use of drama-based workshops.
- ☐ £38♦ How To Set Up a PSE Programme offers a NEW comprehensive, step-by-step guide to planning and implementing a personal and social education policy.

- ☐ £38♦ Personal Relationships is a versatile teaching NEW resource which examines the nature of relationships from a personal and social perspective.
- ☐ £38 Revision and Exam Techniques 2nd Edition (age 14 up) explains how to manage study time and organise revision sessions.
- ☐ £38♦ Rights and Responsibilities explores social, NEW economic and political rights in modern Britain.
- ☐ A £32♦ Self-Esteem A and B (age 5-14) shows how to
- ☐ B £32♦ enhance children's self-esteem and behaviour. A covers self-worth, friendship and cooperation while B covers challenges and risks.
- ☐ £38 Streetwise: Education For Citizenship (age 14-19) examines the social problems which can threaten the physical and mental well-being of young people.
- ☐ £38♦ Study and Learning Skills (age 16-18) discusses learning methods and provides advice on study skills.
- ☐ £38♦ Using Peer Counselling Skills (age 14-18) deals NEW with specific problems students face such as peer pressure and family problems.

PROFESSIONAL DEVELOPMENT

- ☐ £55♦ Active Listening: A Counselling Skills Approach NEW introduces developmental counselling and places emphasis on relationship building.
- ☐ £55♦ Body Language explores the interpretation and effective use of non-verbal messages.
- ☐ £55♦ Countering Sexual Harassment focuses on education NEW for dealing with and eliminating sexual harassment.
- ☐ £55♦ Developing Assertiveness Skills 2nd Edition NEW encourages self-esteem and self-confidence.
- ☐ £55♦ Effective Publicity Skills 2nd Edition helps NEW organisations get their message across by examining the role of the media.
- ☐ £55♦ Effective Training Skills takes the trainer through a logical sequence of steps including theory, examples, exercises and checklists.
- ☐ £55♦ Exploring Equal Opportunities examines NEW discrimination, stereotyping and language.
- ☐ £55♦ Get That Job! takes prospective candidates through the whole job application process.
- ☐ £55♦ How to Interview provides an invaluable guide to the process of staff selection.
- ☐ £55♦ Managing Your Time identifies key problem areas and shows how time can be saved.
- ☐ £55♦ Power in the Workplace helps neutralise power NEW struggles which can demoralise working environments.
- ☐ £45♦ The Assertiveness Game provides a light-hearted NEW approach to assertiveness in a photocopiable game format.

♦ Ringbound

PHOTOCOPIABLE RESOURCES FOR HEALTH EDUCATION

Name
 Job Title
 Organisation
 Address
 Postcode
 Tel No.
 Fax

POSTAGE & PACKING
 Please add 5% for postage, packing and insurance. Minimum charge £3.50. Overseas postage is subject to individual requirements and will be added to your invoice.

SUB-TOTAL:
 P&P:
 TOTAL:

TO PLACE AN ORDER SIMPLY TICK BOXES ABOVE AND:
 POST this form to Daniels Publishing, 38 Cambridge Place, Cambridge CB2 1NS, PHONE 0223 467144 to order by credit card or FAX 0223 467145 (24 hr).

PAYMENT

- ☐ I enclose a cheque payable to Daniels Publishing for £
 - ☐ Please invoice me. My official order number is
 - ☐ I authorise you to charge my Access/Visa/MasterCard for £
- My Account Number is
 Card Expiry Date
 Signature Date
 Address of Card Holder



- ☐ A £32 Nutrition, Health and Hygiene A (age 10-14) and B (age 15 up) help students analyse eating habits. A discusses hygiene and diet. B covers disease, dental health and self image.
- ☐ £32 Pollution and Health (age 16 up) explores the historical and social contexts of pollution.
- ☐ £38♦ Pregnancy, Childbirth and Care covers conception, childbirth and caring for babies.
- ☐ NEW £38 Raising Self-Esteem: 50 Activities describes a wide range of activities to encourage and enhance self-esteem.
- ☐ NEW £38 Relaxation Techniques contains a series of relaxation exercises and explains how to run a relaxation group.
- ☐ £32 Relaxation Using Yoga and Tai Chi demonstrates a range of exercises to relieve stress.
- ☐ £32 StressFacts (age 12-16) helps young people build the skills required to deal with stress.
- ☐ £50 Survive Stress provides a preventative approach to the management of stress. (comb bound)
- ☐ £32 Understanding Blood and the Immune System examines the functions of blood and circulation.
- ☐ A £32 Understanding Cancer A and B introduce issues
- ☐ B £32 surrounding cancer.
- ☐ £38♦ Understanding Learning Disabilities explores the major issues in the field of learning disabilities.
- ☐ NEW £38 Understanding Mental Health provides information about difficulties surrounding mental health. (available Winter 94)
- ☐ £32 Understanding Your Body (age 8-13) gives an overview of the body and its functions.
- ☐ £32 Viruses and Viral Diseases discusses viral characteristics, transmission and control of disease.

SELF DEVELOPMENT

- ☐ £32 Applying for Courses at Universities provides students and parents with a summary of the decisions they face and the alternatives available. (revised 3/94)
- ☐ A £32 Counselling Skills For Schools and Colleges A and B (age 13-19): A introduces counselling while B explains further strategies and skills.
- ☐ £38♦ Developing Peer Counselling Skills (age 14-18) introduces the skills needed to become a good listener.
- ☐ NEW £38♦ Drama and Personal and Social Education provides a wide range of ideas which encourage the development of personal skills.
- ☐ £45♦ Grief, Bereavement and Change (age 13 up) deals with loss in an open and sensitive way by use of drama-based workshops.
- ☐ NEW £38♦ How To Set Up a PSE Programme offers a comprehensive, step-by-step guide to planning and implementing a personal and social education policy.

- ☐ £38♦ Personal Relationships is a versatile teaching resource which examines the nature of relationships from a personal and social perspective.
- ☐ NEW £38 Revision and Exam Techniques 2nd Edition (age 14 up) explains how to manage study time and organise revision sessions.
- ☐ £38♦ Rights and Responsibilities explores social, economic and political rights in modern Britain.
- ☐ NEW A £32♦ Self-Esteem A and B (age 5-14) shows how to enhance children's self-esteem and behaviour.
- ☐ B £32♦ A covers self-worth, friendship and cooperation while B covers challenges and risks.
- ☐ £38 Streetwise: Education For Citizenship (age 14-19) examines the social problems which can threaten the physical and mental well-being of young people.
- ☐ £38♦ Study and Learning Skills (age 16-18) discusses learning methods and provides advice on study skills.
- ☐ £38♦ Using Peer Counselling Skills (age 14-18) deals with specific problems students face such as peer pressure and family problems.
- ☐ NEW

PROFESSIONAL DEVELOPMENT

- ☐ £55♦ Active Listening: A Counselling Skills Approach introduces developmental counselling and places emphasis on relationship building.
- ☐ NEW £55♦ Body Language explores the interpretation and effective use of non-verbal messages.
- ☐ £55♦ Countering Sexual Harassment focuses on education for dealing with and eliminating sexual harassment.
- ☐ NEW £55♦ Developing Assertiveness Skills 2nd Edition encourages self-esteem and self-confidence.
- ☐ NEW £55♦ Effective Publicity Skills 2nd Edition helps organisations get their message across by examining the role of the media.
- ☐ £55♦ Effective Training Skills takes the trainer through a logical sequence of steps including theory, examples, exercises and checklists.
- ☐ £55♦ Exploring Equal Opportunities examines discrimination, stereotyping and language.
- ☐ NEW £55♦ Get That Job! takes prospective candidates through the whole job application process.
- ☐ £55♦ How to Interview provides an invaluable guide to the process of staff selection.
- ☐ £55♦ Managing Your Time identifies key problem areas and shows how time can be saved.
- ☐ £55♦ Power in the Workplace helps neutralise power struggles which can demoralise working environments.
- ☐ NEW £45♦ The Assertiveness Game provides a light-hearted approach to assertiveness in a photocopiable game format.
- ☐ NEW

♦ Ringbound

PHOTOCOPIABLE RESOURCES FOR HEALTH EDUCATION

Name
 Job Title
 Organisation
 Address
 Postcode
 Tel No.
 Fax

POSTAGE & PACKING

Please add 5% for postage, packing and insurance. Minimum charge £3.50. Overseas postage is subject to individual requirements and will be added to your invoice.

SUB-TOTAL:

P&P:

TOTAL:

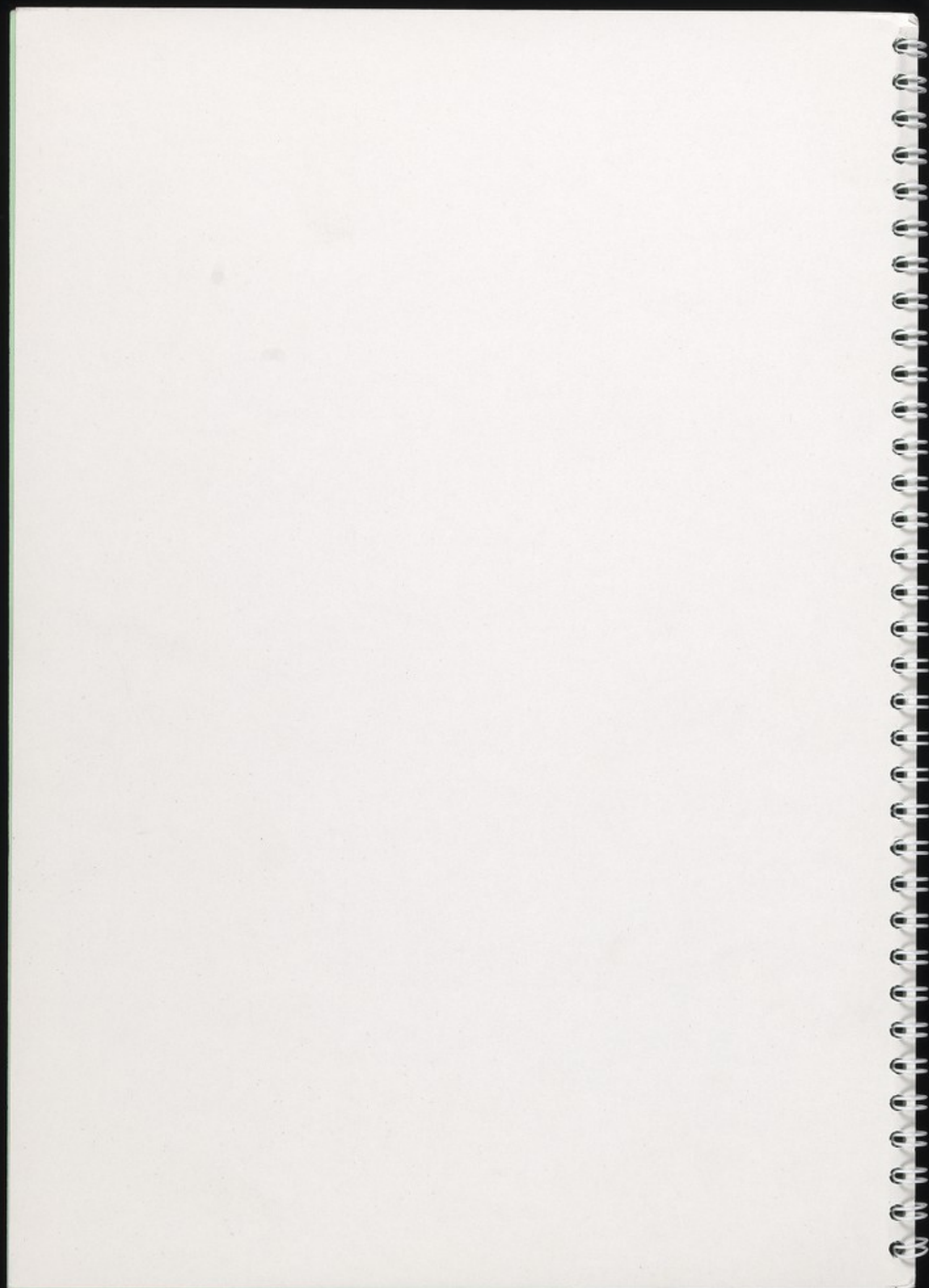
TO PLACE AN ORDER SIMPLY TICK BOXES ABOVE AND:

POST this form to Daniels Publishing, 38 Cambridge Place, Cambridge CB2 1NS, PHONE 0223 467144 to order by credit card or FAX 0223 467145 (24 hr).

PAYMENT

- ☐ I enclose a cheque payable to Daniels Publishing for £
 - ☐ Please invoice me. My official order number is
 - ☐ I authorise you to charge my Access/Visa/MasterCard for £
- My Account Number is
 Card Expiry Date
 Signature..... Date.....
 Address of Card Holder.....







Sharing a toilet



Sharing a house, flat or workplace with a person with AIDS



Sharing bed linen



Touching someone with AIDS or HIV



Visiting the doctor



Donating blood



Visiting the dentist



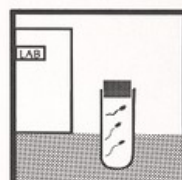
Coughing and sneezing



Having body massage or non-sexual body contact



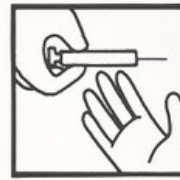
Sharing cups



Donating sperm



Sharing sex toys



Sharing needles and equipment if using drugs



Crying



Giving blood or donating any part of the body



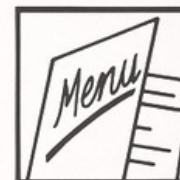
Engaging in sex acts which tear or cut the skin



Unclean needles (not sterile) that pierce the skin



Having unprotected sex



Eating in restaurants



Sharing sports equipment



Shaking hands



Sharing food



Social kissing



Having a baby



Sharing cups, cutlery or towels



Inexperienced/unqualified tattooing or earpiercing, eg. at school



Mixing blood eg. in a blood brother/sister relationship



Visiting hospital



Sharing a toilet



Sharing a toilet



Sharing bed linen



Sharing bed linen



Sharing a toilet



Sharing a toilet



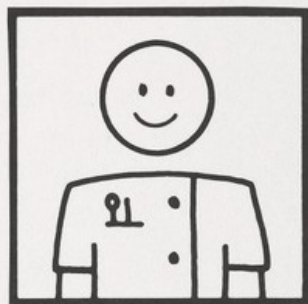
Sharing bed linen



Sharing bed linen



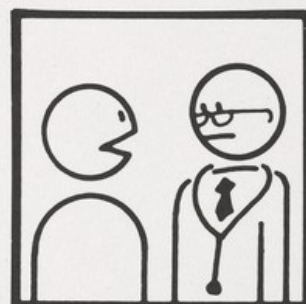
Visiting the dentist



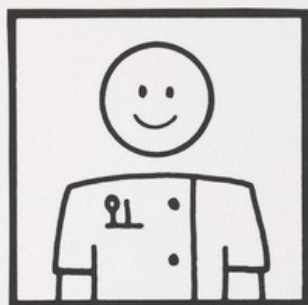
Visiting the dentist



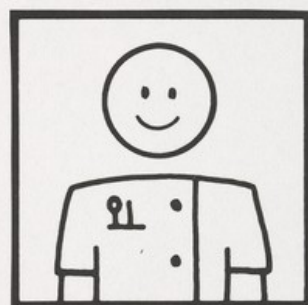
Visiting the doctor



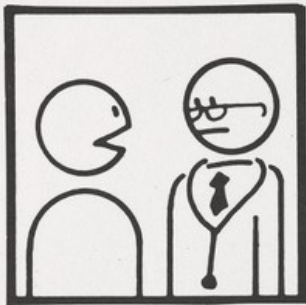
Visiting the doctor



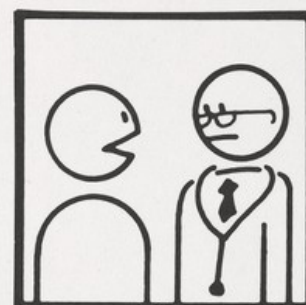
Visiting the dentist



Visiting the dentist



Visiting the doctor



Visiting the doctor



Touching someone with
AIDS or HIV



Touching someone with
AIDS or HIV



Coughing and sneezing



Coughing and sneezing



Touching someone with
AIDS or HIV



Touching someone with
AIDS or HIV



Coughing and sneezing



Coughing and sneezing



Having body massage or
non-sexual body contact



Having body massage or
non-sexual body contact



Sharing cups



Sharing cups



Having body massage or
non-sexual body contact



Having body massage or
non-sexual body contact



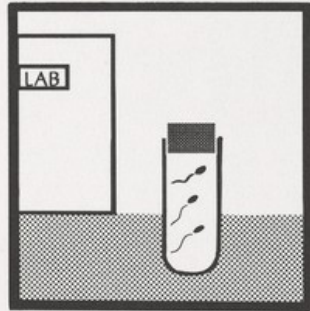
Sharing cups



Sharing cups



Donating sperm



Donating sperm



Sharing sex toys



Sharing sex toys



Donating sperm



Donating sperm



Sharing sex toys



Sharing sex toys



Sharing needles and
equipment if using drugs



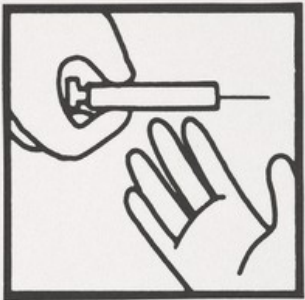
Sharing needles and
equipment if using drugs



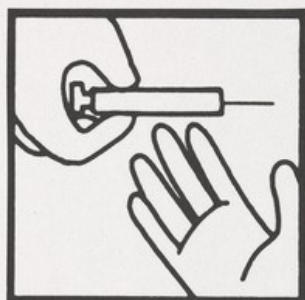
Crying



Crying



Sharing needles and
equipment if using drugs



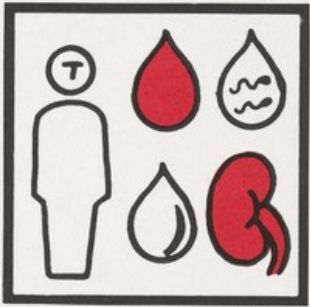
Sharing needles and
equipment if using drugs



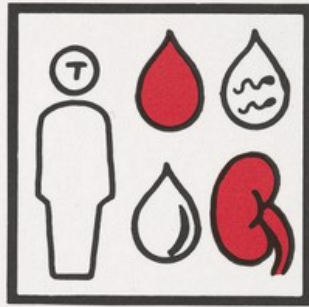
Crying



Crying



Giving blood or donating
any part of the body



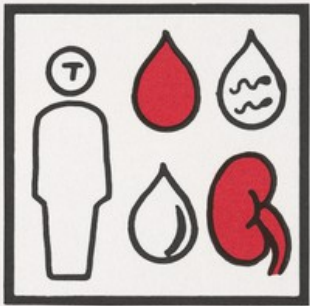
Giving blood or donating
any part of the body



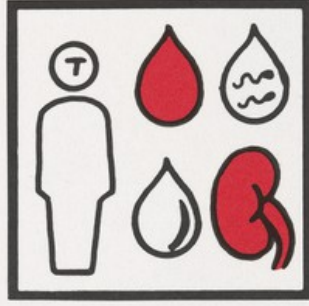
Engaging in sex acts which
tear or cut the skin



Engaging in sex acts which
tear or cut the skin



Giving blood or donating
any part of the body



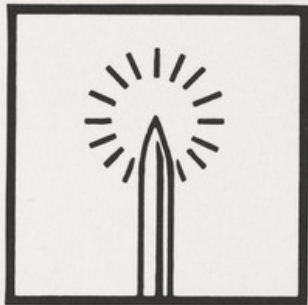
Giving blood or donating
any part of the body



Engaging in sex acts which
tear or cut the skin



Engaging in sex acts which
tear or cut the skin



Unclean needles (not sterile) that pierce the skin



Unclean needles (not sterile) that pierce the skin



Having unprotected sex



Having unprotected sex



Unclean needles (not sterile) that pierce the skin



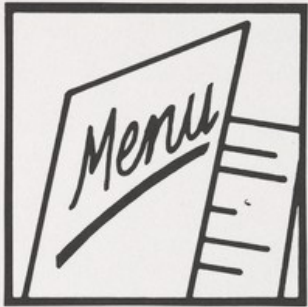
Unclean needles (not sterile) that pierce the skin



Having unprotected sex



Having unprotected sex



Eating in restaurants



Eating in restaurants



Sharing sports equipment



Sharing sports equipment



Eating in restaurants



Eating in restaurants



Sharing sports equipment



Sharing sports equipment



Shaking hands



Shaking hands



Sharing food



Sharing food



Shaking hands



Shaking hands



Sharing food



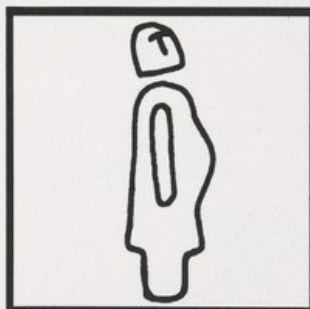
Sharing food



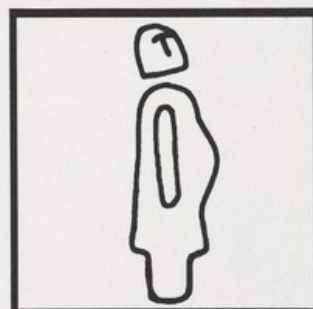
Social kissing



Social kissing



Having a baby



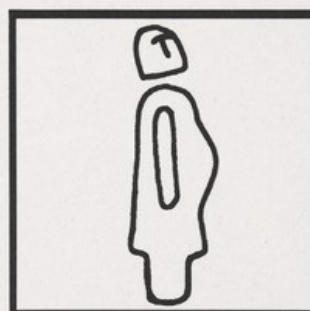
Having a baby



Social kissing



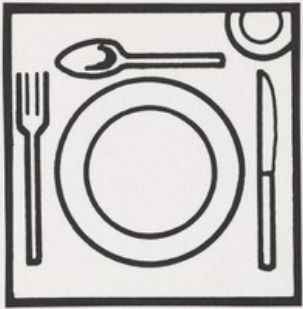
Social kissing



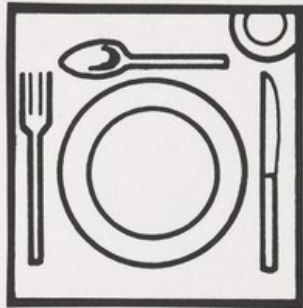
Having a baby



Having a baby



Sharing cups, cutlery
or towels



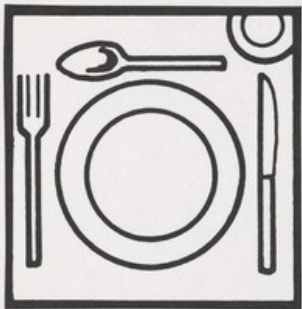
Sharing cups, cutlery
or towels



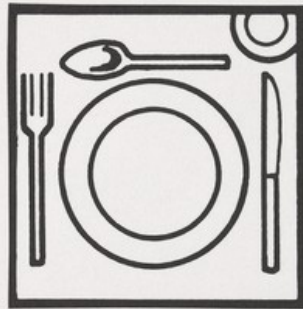
Inexperienced/
unqualified tattooing or
earpiercing, eg. at school



Inexperienced/
unqualified tattooing or
earpiercing, eg. at school



Sharing cups, cutlery
or towels



Sharing cups, cutlery
or towels



Inexperienced/
unqualified tattooing or
earpiercing, eg. at school



Inexperienced/
unqualified tattooing or
earpiercing, eg. at school



Mixing blood eg. in a
blood brother/sister
relationship



Mixing blood eg. in a
blood brother/sister
relationship



Visiting hospital



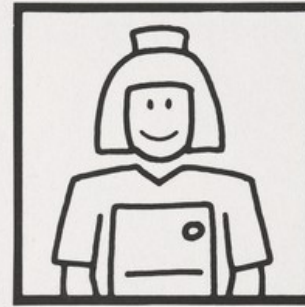
Visiting hospital



Mixing blood eg. in a
blood brother/sister
relationship



Mixing blood eg. in a
blood brother/sister
relationship



Visiting hospital



Visiting hospital



Donating blood



Donating blood



Sharing a house, flat or
workplace with a person
with AIDS



Sharing a house, flat or
workplace with a person
with AIDS



Donating blood



Donating blood



Sharing a house, flat or
workplace with a person
with AIDS



Sharing a house, flat or
workplace with a person
with AIDS

