

**Celery with cheesy walnut sauce : ideal as an accompaniment to cold turkey and ham : se reverse for recipe : simple supper in seconds / Tesco.**

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TESCO

# CELERY WITH CHEESY WALNUT SAUCE

*Ideal as an accompaniment  
to cold turkey and ham.  
See reverse for recipe.*



SIMPLE SUPPER IN SECONDS



# CELERY WITH CHEESY WALNUT SAUCE

— SERVES 4 AS AN ACCOMPANIMENT  
OR 2 AS A MAIN COURSE —

## Ingredients

Head Celery;	300 ml (1/2 pt) Milk;
300 ml (1/2 pt) Vegetable or Chicken Stock;	75g (3oz) Medium Cheddar Cheese, grated;
25g (1oz) Butter;	Salt and Ground Black Pepper;
25g (1oz) Flour;	50g (2oz) Walnut Pieces

## Method

1. Trim the celery cutting off the tips and a thin slice of the base.  
(The white base of the celery has a delicious nutty flavour and does not become stringy on cooking.) Cut the celery into 7.5cm (3") lengths.
2. Simmer gently in a covered saucepan with the stock for 10-15 minutes.
3. Place the butter, flour and milk in a separate saucepan and whisk over a gentle heat until thickened. Stir in the cheese. Season with salt and pepper.
4. Drain the celery and place in a shallow heatproof dish. Sprinkle with the walnuts and pour over the sauce. Place under a grill to brown.

An ideal accompaniment to a roast dinner or serve with crusty bread as a lunch or supper dish.

## CELERY

Celery is an excellent low calorie source of dietary fibre. Celery has a crisp and crunchy texture, making it ideal for Winter salads and stir fries (also makes an excellent slimming snack for nibblers). Celery is constantly recommended for its delicious flavour making it an interesting and tasty alternative for hot dishes, as the recipe demonstrates. Celery is available from Tesco all year round.



All lines subject to availability. Some lines in larger stores only.