

**Friendly bacteria, new lighter taste : Yakult light / Yakult UK Ltd.**

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Yakult UK.

**Publication/Creation**

[London] : Yakult UK, [2002]

**Persistent URL**

<https://wellcomecollection.org/works/vg68gbtr>

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FRIENDLY BACTERIA

**NEW** *lighter* TASTE



SUPPLEMENTS

THE **GOOD** BACTERIA  
INSIDE *you.*

For millions of people across the world Yakult, with its friendly bacteria, is part of their daily routine. Now with new Yakult Light you can benefit from the same friendly bacteria - but with a less sweet taste.

Inside us all are trillions of good and bad bacteria. The good ones can help maintain our health, but the bad ones can harm us. A busy lifestyle, what we eat and drink, travel, antibiotics or simply ageing can give these bad bacteria the

upper hand. Yakult, with its natural friendly bacteria, supplements our good bacteria. Yakult is a refreshing drink that slots easily into our busy lives.

