Famous before the days of vitamins: Scott's porage oats: absolutely free from preservatives / A. & R. Scott Ltd.

#### **Contributors**

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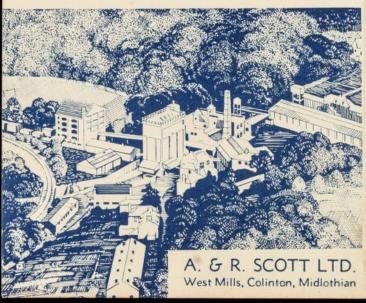


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original quick-cooking ty oats. Scotland's Best

The P cture below is no flight of fancy, but a flight of FACT. It is drawn from an aerial photograph of the Scott Mills in the healthy heart of Midlothian.



# Famous before the days of Vitamins



Scott's Porage Oats Build Brawn and Brain

Long before Vitamins were heard of, the Scots knew the great food value of their homegrown oats. For many generations it was their principal—frequently their only—sustenance.

No oats in the world are so rich in flavour and nour-ishment as the best Scottish oats, and it is the very cream of the crop that is used in the preparation of Scott's Porage Oats.

This delicious breakfast food is produced in matchless mills located in the heart of Midlothian, and by such a method that all the goodness of the ripe oats is retained.

Scott's Porage Oats are cooked in 5 minutes. Being light, they are quickly digested. Their warmth and nourishment are felt when most needed.

Here is the ideal food for warmth, energy, brawn and brain!

