

**They depend on me for the foods they need : Alfonal Maizy Brand golden corn oil foods / Alfonal Limited.**

**Contributors**

Alfonal Limited.

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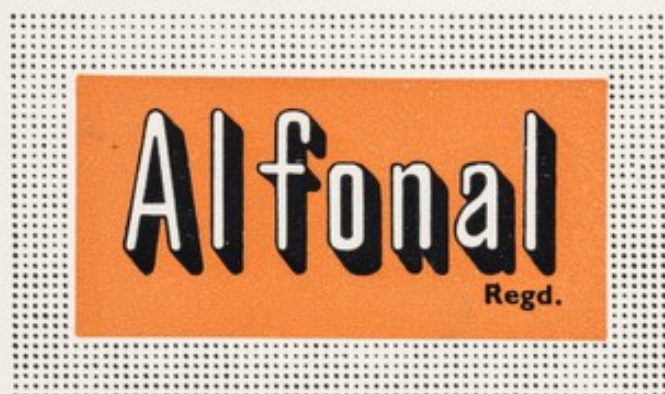
**Alfonal**

Regd. Trade Mark

**MAIZY  
BRAND**

**GOLDEN CORN OIL FOODS**





**MAIZY BRAND**  
**GOLDEN CORN OIL FOODS**

*In Human Nutrition*

Through various experiments carried on throughout the world, scientists have come to the conclusion that to preserve our health and well being we all need a certain amount of unsaturated fat in our normal diet. Natural corn oil has been proven to be the best form of this to safeguard our health and help to protect us from various diseases of modern civilisation etc. Alfonal Limited have carefully prepared a variety of foods which have been made with the purest ingredients and the correct amount of corn oil which we need in our diet.

Now you can protect your family's health in such a simple way without them realising you are doing it. This can be your little secret and you will agree that your family's health is one of the most precious things in the world.

Alfonal Limited have produced these delicious and tempting foods such as creamy cheese, biscuits, toffee, milk, etc. These are the type of foods most of us have been eating for years which is why Alfonal have prepared these foods including GOLDEN CORN OIL—the ingredient we have been lacking for so long.

The best way to look after your family's health is to include some form of Alfonal corn oil foods every day. We have prepared a very useful little recipe book which we would like to send you with simple and exciting recipes for all sorts of meals.

Next time you go shopping don't forget to write the name **ALFONAL** against these items on your list—

**CHEESE SPREAD - RICE PUDDING - BISCUITS - MARGARINE**  
**MILK - CORN OIL - TOFFEE - FUDGE - MAYONNAISE**

At the moment these are only obtainable at your local chemists (all Boots chemists sell them) or selected good class grocers or Health Food Stores.

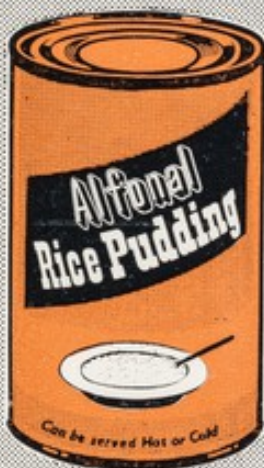
Don't forget the name—**ALFONAL** for a healthy happy family !



## Alfonal Milk

Alfonal 'Milk' is a rich creamy milk made from Cow's milk in which the animal fat has been replaced by natural Golden Corn Oil. As you know, ordinary milk is rich in protein value and by adding Golden Corn Oil we have an unsurpassed milk of nutritional value. A glass of ice cold Alfonal is so delicious and so refreshing—Alfonal 'Milk' is widely recommended by Doctors and it is used a lot in hospitals because it has been proved so good for you.

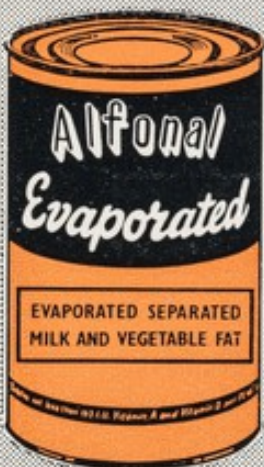
1/- per tin



## Alfonal Rice Pudding

A family favourite for years—Rice Pudding—a dessert that is so simple to prepare and yet so delicious to eat. Surprise the family tomorrow night and give them Alfonal Rice Pudding made with Golden Corn Oil. You can serve it so many ways—hot or cold—lovely with jam—scrumptious with fruit!! "May we have some more Mummy" will be the shout—go on spoil them—just this once!!

1/6 per tin



## Alfonal Evaporated

This is one of our new products which contains two and a half times more Corn Oil than our ordinary Alfonal 'Milk'. It can be used as a delicious full rich cream poured over fruit or with a cereal or by mixing a 16 oz. tin with  $1\frac{1}{2}$  pints of water you will obtain 2 pints of ordinary Alfonal 'Milk'. Such a useful product and so good for you—its worth keeping a couple of tins in stock.

2/- per tin



## Alfonal Cheese Spread

Cheese is one of the most nutritious foods which we eat and now Alfonal have made a Cheese Spread with that magic ingredient—Golden Corn Oil—which gives you that extra energy and vitality. Alfonal Cheese can be used in so many exciting ways such as in sandwiches or on biscuits or with salads. You can please your family in so many ways with Alfonal Cheese Spread.

1/9 per box



## Alfonal Corn Oil

Alfonal Corn Oil is made from the purest golden corn and it is a very rich natural source of the unsaturated type of fat which we need in our everyday food. This very fine oil forms the basis of all our range of foods. It is so easy to use, so clean and healthy, and it can be used time and time again. Make a special note to buy a bottle today.

3/9 per pint bottle

25/- per gallon can



## Alfonal Margarine

We are proud of the fact that this is the purest product of its kind on sale anywhere. Alfonal Margarine is the only brand which does not contain any animal fat and only a small amount of processed fat; instead we use Golden Corn Oil. Just try it for making those lovely home-made pastries and cakes and watch your family's eyes sparkle when they taste them!! They will ask for more and more!!

1/5 per half pound



## Alfonal Biscuits

A very special hand-made biscuit made from the finest ingredients of Wheatmeal, Sugar and, of course, Golden Corn Oil. So delicious and so tasty the children will love them—Dad won't need much encouragement either. A wholesome delightful biscuit which secretly helps to protect our health—amazing isn't it? Don't forget yourself of course—have some with your morning coffee—you deserve it.

2/- per pack



## Alfonal Toffee

All the family eat sweets in one form or another but now we want you to try our toffee—you'll be pleasantly surprised at how delicious they are and to think that now there is a toffee which actually does you good because it is made with Golden Corn Oil which is so nutritious. Don't forget the name—Alfonal—next time you buy toffee.

2/10 per box



## Alfonal Fudge

Soft creamy Fudge—it makes your mouth water just to think of it. Buy some for the family as a special treat—they will love you for it. Alfonal Fudge made with Golden Corn Oil has all the goodness in it which makes it so different. Keep a box handy and treat your friends when they pop in—keep your eye on Father though in case he has them all!!

2/10 per box



## Alfonal Lactovit Powder

Alfonal Lactovit powder is a spray dried version of our standard Alfonal liquid milk in that it is a combination of Corn Oil and skimmed milk. This can be mixed into a liquid of whatever strength you prefer. This is just another way in which you can benefit in health from drinking Alfonal Lactovit made with nutritious Golden Corn Oil.

8/6 per pound



## Alfonal Maizonnaise

Next time you have a salad or cold meal—try a bottle of Alfonal Maizonnaise made with nourishing Golden Corn Oil with its true goodness which helps protect our health. A perfect dressing mixed with the richness and flavour which comes from the careful blending of the best selected spices, vinegar and Golden Corn Oil. Like it! They will love it! It is made without salt too!

2/3 per bottle

## Alfonal golden corn oil food products

are available through branches of Boots the Chemists or other good retail Chemists, top Grocers and Health Food Stores.

★ *Insist on Alfonal by name — if not obtainable ask your retailer to get it for you.*

*Further information from*

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Telephone: ROYal 1641

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