

Potatoes plus : provide thrills- without frills / Bovril Ltd.

Contributors

Bovril Limited.

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Potatoes Plus

Provide thrills — without frills



1 Nice and savoury, nice and substantial, nice and easy to make — Potatoes Plus get full marks on every count. Try them next time you have cold meat to use up.

2 THE RECIPE CALLS FOR —

- 8 LARGE POTATOES.
- 1 CUP CHOPPED COLD MEAT.
- 1 CUP COOKED VEGETABLES.
- 2 DESSERTSPOONS BOVRIL.
- 1 SMALL ONION.
- ¼ LB. DRIPPING.

(Sufficient for 4 Persons)

3 Peel each potato and slice off the end so it stands upright. Scoop out the centres leaving a wall about $\frac{1}{4}$ " thick. (Use the insides to thicken soup)

4 Chop up the onion and fry lightly in a little of the dripping. Add the chopped meat and vegetables — any combination you like.

5 Now season this stuffing and bind with the Bovril, mixed with a little water.

Recipe Reel No 4 (continued)



9 It's a real strain on good manners when there's only one extra Potato Plus left on the platter. Even Father is apt to bolt his last mouthfuls. So make two each all round!



A simple trick or two in the preparation of food makes a big difference to the enjoyment of the meal. Witness this recipe—practical as can be but deliciously unusual. Note picture No. 5.—that's where the Bovril goes in. It's Bovril that gives the dish its tempting tastiness. Always remember that Bovril assists your body to extract full nourishment from all your other food.

BOVRIL the power of Beef

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