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Contributors

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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>

Shepherd's pie that
helps you get the most
out of Gramps.



• THE GOOD FOOD PEOPLE •

The history of Quorn™

In 1967 the founders of Quorn™ discovered a special mushroom protein growing in a field near Marlow, Buckinghamshire, which proved to have considerable health properties, not least because it was high in fibre and protein but also low in fat. Today this mushroom protein is produced naturally and is available in a wide variety of your favourite dishes. As a good food company, we've always felt that food has to do more than just look and taste good, it should actually **do** you good as well.

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