National ration book (B) / Ministry of Food.

Contributors

Great Britain. Ministry of Food.

Publication/Creation

[London]: Ministry of Food, 1918.

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Wellcome Collection 183 Euston Road London NW1 2BE UK T +44 (0)20 7611 8722 E library@wellcomecollection.org https://wellcomecollection.org OUND, RETURN TO ANY FOOD OFFICE

MINISTRY OF FOOD.

NATIONAL RATION

INSTRUCTIONS.

Read carefully these instructions and the leaflet which will be sent you with this Book.

1. The person named on the reference leaf as the holder of this ration book must write his name and address in the space below, and must write his name and address, and the serial number (printed upside down on the back cover), in the space provided to the left of each page of coupons.

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- 2. For convenience of writing at the Food Office the Ref rence Leaf has been put opposite the back cover, and has purposely been printed upside down. It should be carefully examined. If there is any mistake in the entries on the Reference Leaf, the Food Office should be asked to
- 3. The holder must register this book at once by getting his retailers for butcher's meat, bacon, butter and margarine, sugar and tea respectively, to write their names and the addresses of their shops in the proper space on the back of the cover. Persons staying in hotels, boarding houses, hostels, schools, and similar establishments should not register their books until they leave the establishment.
- 4. The ration book may be used only by or on behalf of the holder, to buy rationed food for him, or members of the same household, or guests sharing common meals. It may not be used to buy rationed food for any other persons. EYMOUTH. 4 APRISCONTINUED on next page

(Nov.)

- 5. Any leaf of coupons may be detached as a whole and used apart from the book, provided that the retailer has entered his name and address in the space provided on the back of the leaf. With the consent of the retailer, any leaf of coupons so filled up can be deposited with him, provided that the retailer enters the words "leaf deposited" below his name and address in his space on the back of the cover.
 - 6. Coupons already detached from the leaf are invalid.
 - 7. The leaves, spaces and counterfoils marked "spare" are for use if other foods are rationed.
- 8. The ration book may only be used while the holder is living in Great Britain, is not drawing Government rations, and is not in an institution (hospital, asylum, workhouse, etc.).
- 9. PERSONS ENTERING INSTITUTIONS. If the holder of this book enters an institution, the ration book must be given up to the head of the institution.
- 10. MEMBERS OF H.M. FORCES.— If the holder joins the Forces, the book must be given up to the Naval, Mintary or Air Force Authorities. If the holder, being a member of H.M. Forces, is taken on the ration strength of a ship or unit, he must surrender the book to the officer commanding.
- 11. PERSONS LEAVING GREAT BRITAIN.—If the holder is leaving Great Britain for any place other than the Channel Islands, Ireland, or the Isle of Man for more than four weeks, the book must be given up to the Aliens' Officer on embarkation. In all other cases when the holder is leaving the country, the book must be kept by him but must be shown to the Aliens' Officer or other inspector on demand. It must not be used during absence, unless any part cular coupons are vaid under a rationing scheme in Ireland, Channel Isles, or the Isle of Man. All coupons not so used during the period of absence must be detached and destroyed.
- 12. DEATH.—If the holder of this book dies, the book must be immediately given up to the Registrar of Deaths by the person registering the death
- 13. Any book not given up to the proper authorities in any of the above cases must be sent at once to the nearest Food Office.
- 14. It is a summary offence punishable by fine up to £100 or six months' imprisonment, or both, for any person—
 - (a) to apply for or to hold more than one ration book;
 (b) to retain a ration book which ought to be given up;
 - (c) to use a ration book for purchases when it may not be used;
 - (d) to use the ration book of another person, except for or on behalf of that person, or to lend or give his own ration book to any other person;
 - (e) to purchase more than the proper ration in respect of any coupon or space;
 - (f) to use coupons for purchases without the leaf to which they belong, or in the wrong periods:
 - (g) to deface a ration book or without authority alter any entry made thereon,

or otherwise to contravene any of these instructions or any of the provisions of the Rationing Order, 1918, under which this book is issued.



- 5. Any leaf of coupons may be detached as a whole and used apart from the book, provide that the retailer has entered his name and address in the space provided on the back of the leaf with the consent of the retailer, any leaf of coupons so filled up can be deposited with his provided that the retailer enters the words "leaf deposited" below his name and address in I space on the back of the cover.
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NAME AND ADDRESS OF

RETAILER

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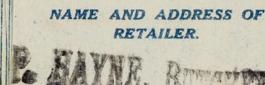
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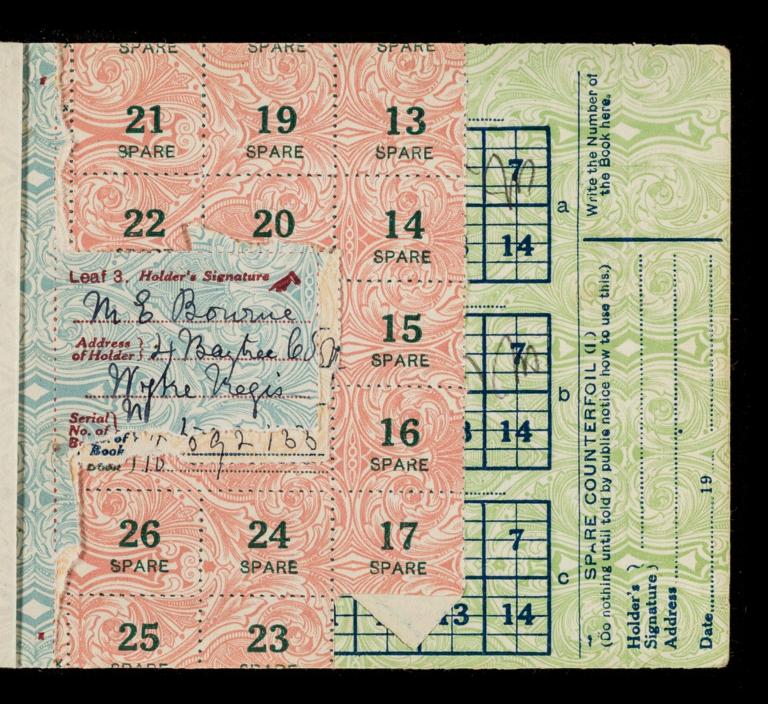
IMPERIAL WAR MUSEUM

The Imperial War Museum desires to receive for permanent preservation photographs and biographical material, printed or in manuscript, of all officers and men who have lost their lives or won distinctions during the War also original letters sketches, poems and other interesting documents sent from any of the war areas, as well as documents taken from prisoners and all kinds of mementoes, even of trifling character, which may be of interest in connection with the War.

They should be sent to:

THE SECRETARY. Imperial War Museum. Great George Street. Westminster, S.W.1.

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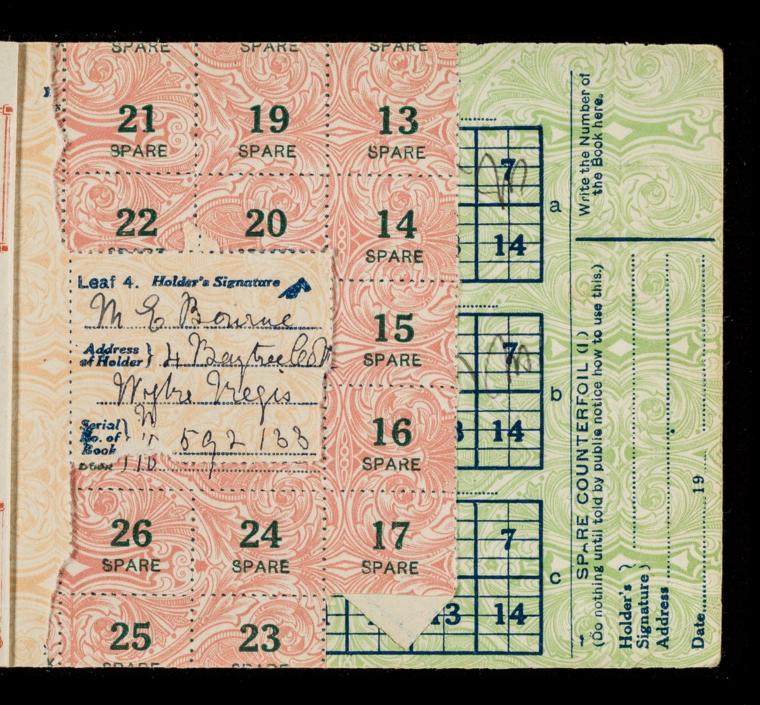
Imperial War Museum, Great George Street. Westminster, S.W.1.

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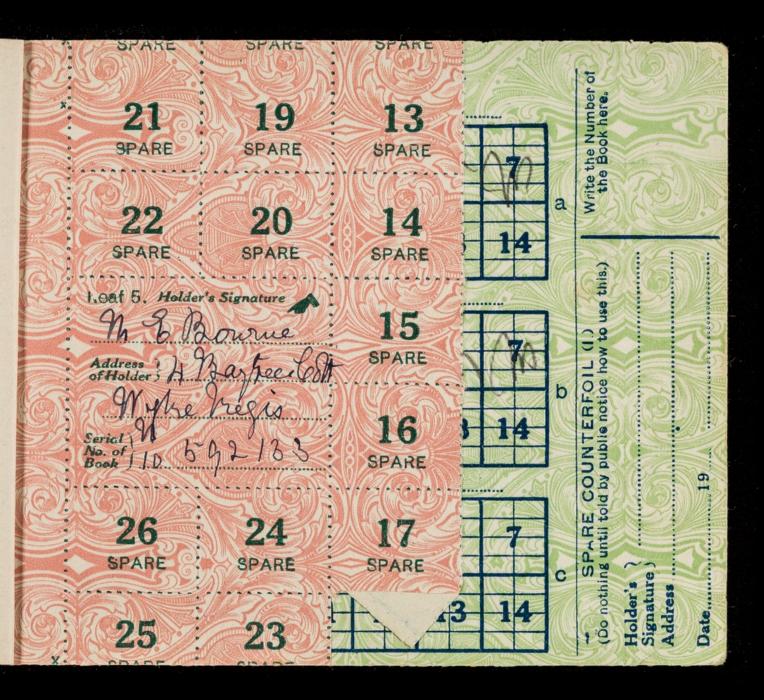
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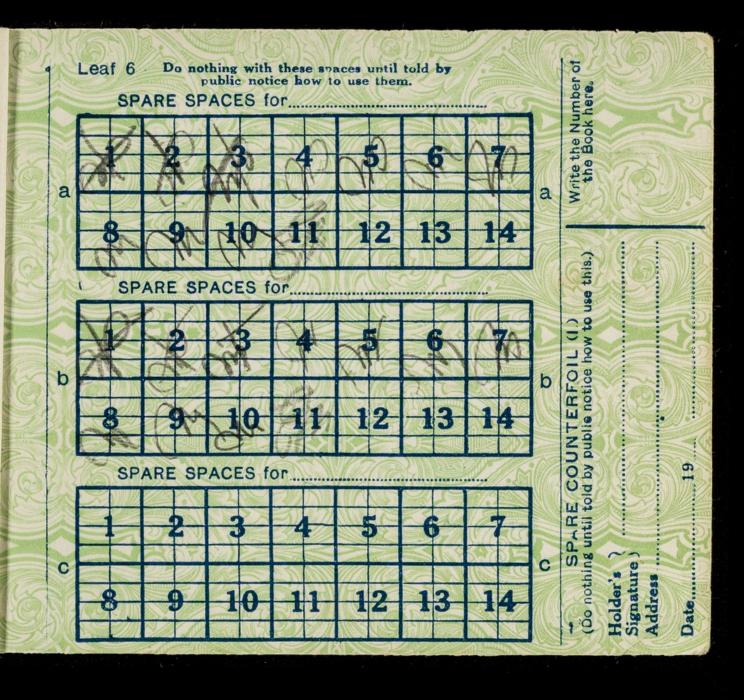
NAME AND ADDRESS OF RETAILER

You need no coupons for War Savings

Your War Savings Book

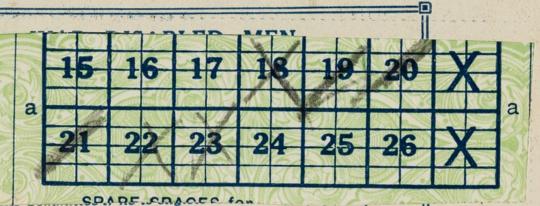
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Pension is dependent upon earning capacity, but once it is made permanent it cannot be reduced even though a man earns more.

MEDICAL TREATMENT for his disablement is given to a pensioner free, and during treatment, so long as he is unable to work, he receives an allowance at the highest Disablement rate (that is, 27s. 6d. a week if a private); if he has to go into hospital, allowances are given to his wife and children or dependants.

TRAINING is one of the most important benefits given by the country to pensioners. If a man cannot go back to his former work he may get free training for a new occupation, and during training he is given the same allowances as if he were under medical treatment. Work is easy to get now, but on the return of the able-bodied men at the end of the work he hard for the disabled man who is not a skilled work-

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NUMBERING OF WEEKS AND SPACES.

The numbered spaces in all cases correspord to the weeks as follows:-

	week				week	1 = 76		42	week			
1	beginning	Sunday,	3 Nov.	10	beginning	Sunday,	5 Jan.	19	beginning	Sunday,	9	Mar.
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9			29	18			2 Mar.					

NAMES OF RETAILERS.

Name and Address of BUTCHER. 1	Name aus Adoress of Micon Retailer 2
P. HAVNE, RUTCHER,	WYKE WESTER
WILL BEES.	
Name & Address of BUTTER & MARGARINE 3 Retailer.	Name and Address of LARD Retailer. 4
La Carante Presentation Laboratory	PONTLAND ROAD,
a Representation and administration of the second	The state of the s
Name and Address of SUGAR Retailer. 5	Name and Address of TEA Retailer. 6
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