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Ministry of Food, Public Relations Division.**

Contributors

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PUBLIC RELATIONS DIVISION

October 7th, 1951.

MINISTRY OF FOOD

27TH SUPPLEMENT TO "OUR FOOD TODAY, NO. 3"
"Children and Young People"

Please note that this supplement includes all necessary amendments. New amendments which were not included in previous supplements are indicated by a row of crosses in the margin.

GENERAL AMENDMENTS

THE POINTS RATIONING scheme ended on May 19th, 1950
SOAP RATIONING ended on September 10th, 1950. Please amend all references to these schemes accordingly.

MILK: Since January 15th, 1950, supplies of milk have been unrestricted and since May 28th, 1950 registration for milk has been suspended for all consumers except beneficiaries under the Welfare Foods Service who must still register if they wish to have milk free or at the reduced price. If local shortages arise, dairymen must supply these beneficiaries with their full entitlements before supplying their other customers. Supplies of milk are now sufficiently plentiful to make it unnecessary to guarantee minimum quantities to other groups of people. All references to these priority allowances should therefore be deleted from the text and from the tables. The allowances of milk which continue to be guaranteed under the Welfare Foods Service are as follow:-

Expectant Mothers holding Ration Book R.B. 7:-
1 pint a day at $1\frac{1}{2}$ d. a pint or free.

Children holding Ration Book R.B. 2:-
1 pint a day at $1\frac{1}{2}$ d. a pint or free (National Dried Milk may be taken as an alternative for children under two years of age).

Handicapped children between five and sixteen years
(except those in institutions) who are unable to attend school or a full-time occupational centre because of physical or mental disabilities:

1 pint a day at $1\frac{1}{2}$ d. a pint but not free.

Page 1 SPECIAL PROVISION FOR THE INDIVIDUAL CHILD AND MOTHER

Para. 1, line 3 delete "dried"

Para. 3, lines 2 and 3 delete "one year".

Substitute: "2 years".

Page 2 RATIONED FOODS

The adult scale of allowances is as follows:-

XXXX Meat 1s.10d. (no canned corned
meat included)

Sugar 10 oz. per week

Bacon 3 oz. " "

Butter and Margarine 7 oz. " "

(4 oz. butter 4 oz. margarine
and 3 oz. butter, 4 oz. margarine
in alternate weeks).

Cooking Fat 2 oz. per week

Cheese 1½ " " "

Points Foods no longer applicable

Add: Chocolate and Sweets 26 oz. per four-week period.

Page 2 R.B.4 Junior Ration Book (blue)

The junior ration book, R.B.4 has been withdrawn.

From May 20th, 1951 children and young people between the ages of 5 and 18 years have used the adult ration book R.B.1.

Page 3 NATIONAL DRIED MILK

Line 1 delete "one", substitute "two".

PROPRIETARY INFANT MILK FOODS

Delete paragraph. - Sales of proprietary infant milk foods are no longer restricted.

Page 4 VITAMINS

XXXX The most recent figures of take-up of vitamin products show that for the four weeks ended 25th August, 1951 the issues of orange juice were 31.6% of potential; of cod liver oil 21.8% of potential, and of vitamin A and D tablets 31.8% of potential.

Blackcurrant Products

The restriction on sales through chemists to children up to 18 years and invalids has been withdrawn.

Page 5 FOOD FOR CHILDREN IN BOARDING SCHOOLS, ETC.

Add as paragraph 3: "Institutions may also purchase chocolate and sugar confectionery in bulk on behalf of those of their residents who voluntarily surrender their right to buy sweets in the shops."

THE PROVISION OF SCHOOL MEALS

Paragraph 4, line 2, after "England", add "Scotland".

Page 7 NATIONAL MILK COCOA- NATMILCO

The manufacture of "Natmilco" ended on January 27th, 1951.

Page 11 ALLOWANCES OF FOOD FOR SCHOOLS AND YOUTH ORGANISATIONS

The allowances should read:

	<u>Col. 1</u>	<u>Col. 2</u>	<u>Col. 3</u>	<u>Col. 4</u>
<u>Bacon and Ham</u>				
Per breakfast		3/14	3/14	-
Per main meal		3/28	3/28	-
Per light meal		3/112	3/112	-
<u>Butter, Margarine and Cooking Fats</u>				
Per meal		9/16 oz. +	9/28 oz. *	9/28 oz. *
<u>Sugar</u>				
Per meal)		1/2 oz.	5/32 oz.	5/32 oz.
Per hot)		5/32 oz.	5/32 oz.	5/32 oz.
beverage)				
XXXX <u>Meat (excluding</u>		3d.	1 ⁴ /7	-
offal)		worth retail	worth retail	
<u>Cheese per meal:</u>				
Ordinary		3/56 oz.	3/56 oz.	-
"Special"		1 oz.	-	1 oz.
		if also meals		
<u>Tea</u>				
Per 280 hot beverages	1 lb.		1 lb.	1 lb.
<u>Milk (liquid)</u>	unrestricted	unrestricted	unrestricted	unrestricted
	supplies	supplies	supplies	supplies.

Processed Eggs

2 oz. per 100 meals served during the datum period
August 13th, 1950 to October 7th, 1950.

Shell Eggs

Allocation discontinued from September 9th, 1950.

+ (Not more than 3/16 butter and 1/8 cooking fats)

* (" " " 3/28 " " 1/14 " ")

PLEASE SUBSTITUTE THIS TABLE FOR APPENDIX A. "ADDITIONAL AND SPECIAL RATIONS FOR EXPECTANT MOTHERS AND CHILDREN", ON PAGES 9 AND 10

SPECIAL ALLOWANCES FOR EXPECTANT MOTHERS AND CHILDREN UNDER FIVE

GROUP	SPECIAL ALLOWANCES ⁺	WELFARE FOODS (1)
Expectant Mothers	Meat: extra $\frac{1}{2}$ ration Eggs: 1 extra at each allocation	Milk: 7 pints per week at 1 $\frac{1}{2}$ d. a pint Orange Juice: 1 bottle per 9 days at 5d. a bottle Cod Liver Oil or Vitamin A & D Tablets: 1 bottle or 1 packet per 6 weeks free. Vitamin A & D tablets: 1 packet per 6 weeks free.
Mothers (for 30 weeks after confinement)		
Children: under 6 months.	No tea Meat: $\frac{1}{2}$ adult ration	Milk: 7 pints per week at 1 $\frac{1}{2}$ d. a pint National Dried Milk instead of liquid milk: 1 tin per week at 10 $\frac{1}{2}$ d. a tin (2) Orange Juice: 1 bottle per 4 weeks at 5d. a bottle Cod Liver Oil: 1 bottle free per 6 weeks.
6 months - 2 years	Eggs: at the rate of 3 per week. No tea Meat: $\frac{1}{2}$ adult ration	Milk: as above National Dried Milk: as above(2) Orange Juice: 1 bottle per fortnight at 5d. a bottle. Cod Liver Oil: as above.
2 - 5 years	No tea Meat: $\frac{1}{2}$ adult ration.	As above (excluding National Dried Milk)

⁺These allowances are additional to or in place of the ordinary adult rations.

(1) All Welfare Foods are provided free in necessitous cases.

(2) Supplementary allowances at 10 $\frac{1}{2}$ d. a tin are available as follows:-
1 tin per fortnight, 5 to 16 weeks; 1 tin per week, 17 to 34 weeks;
1 tin per fortnight, 35 to 44 weeks; 1 tin per month, 45 to 52 weeks.