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Holder's Name	N? 029950
2. Unit or Ship	OENTRAL WORKSHOPS, TANK CORPS,
Abroad or Service Afloat ? 7. Signature and Rauk of Officer issuing 8. Unit or Ship of Officer issuing	RKSHOR. HALL

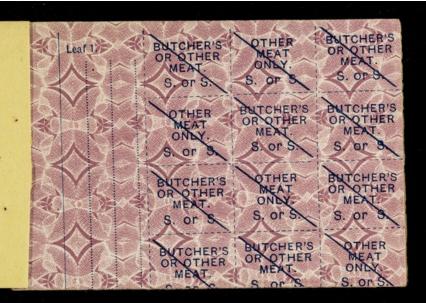
INSTRUCTIONS TO HOLDEF.

1. Each coupon in this book, other than meat coupons, represents one week's civilian ration. The meat coupons entitle you to purchase meat at a shop according to the official Table of Equivalent Weights displayed in the shop. Coupons marked "Other Meat Only" cannot be used to buy butcher's meat or **pork**. A coupon or half-coupon may be used to buy a meat meal anywhere.

meal anywhere. 2. The book is not transferable. You must produce the book whenever you buy any rationed food, or a meat meal. The seller will detach coupons. Coupons already detached are useless.

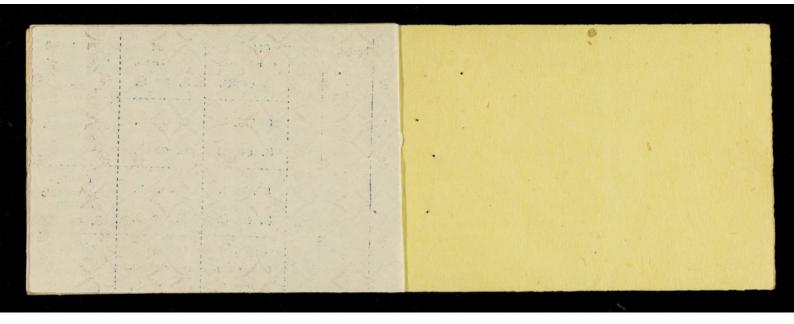
seller will detach coupons. Coupons already detached are useless. 3. You must spread your coupons already detached are useless. 3. You must spread your coupons over the full period of your journey out and back. No fresh book will be issued to you. If the period of your leave or duty is extended, you must take this book, with the document authorizing the extension of leave or duty, to the Local Food Office, who will issue an Emergency Card to cover the remainder of your leave or duty. This book ceases to be valid at the expiration of your leave or duty as indicated by the date entered opposite 5 on the front of this cover.

PENALTIES FOR MISUSE.-£100 or Six months' imprisonment, or both.









INSTRUCTIONS TO SELLER.

I. Each coupon in this book, other than meat coupons, represents the civilian weekly ration for the time being in force.

2. Each meat coupon has the same value as a coupon in the Adult's Ration Book (B).

3. Coupons marked "Other Meat Only" cannot be used to buy butcher's meat or pork.

4. The seller must detach the proper number of coupons for the amount sold.

5. This book is valid only during the period of leave or duty, which is indicated by the dates entered opposite 4 and 5 on the front cover.

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WATERLOW BROS. & LAYTON, LTD., London, Harrow and Watford.